The First 10 Throws Competition # 2 Wednesday June 12, 2019



Rain Date: Saturday June 15, 2019 - 1pm

The second throws meet of the season will be offered on Saturday May 6, 2019 at the Launch Pad in Port Williams, NS. Open to the first 10 throwers registered in each event (per event male and female combined)

This will be a four (4) trial competition, where each athlete will get four throws only.

Competition Schedule

6pm - Javelin

7pm - Shot Put

8pm - Discus

On site Contact: Steve Wohlmuth