

2019 Indoor Competitions by University of Alberta

University of Alberta - Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

 $Full\ Mondo\ Surface\ 7\ Lane,\ 200m\ oval,\ 60m\ 9\ lane\ straight\ with\ 40m\ shut\ down\ +\ concrete\ \&\ movable\ wooden\ circle$

Expected Timelines : Week of competition

Tuesday @ 5:00PM - Entry & scratch deadline via trackie only

Wednesday @5:00PM - Final Schedule

Thursday @ noon - Heat Sheets posted (Sunday sections seeded and posted Saturday)

Friday @ 2:30PM - Access to track open Friday @ 4:00PM - Competition begins

No athletes on track level before 2:30PM on Friday

Sanctioned by Athletics Alberta
Timing & results contracted through EllisTiming www.ellistiming.ca

Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) & Pandas Open (PO) is to provide a high-quality competition for USports athletes. All decisions about scheduling and seeding are made with that interest in mind.

Both the GBO & PO are open to the public to enter, and provide enhanced competitive opportunities for interested athletes.

If entry lists become too large to maintain a desirable schedule for top USports athletes, then slower seeded club athletes will be moved to remaining sections not during peak USports time even if they are entered into the open category. Those decisions will be made after the closure of entries.

All varsity events are governed by Canada West Playing Regulations All Bantam/Midget/Youth/Junior events are governed by IAAF rules

Dates, Registration Links and Seed Marks:

Golden Bear Open: January 18-20, 2019 47th Annual

www.Trackiereg.com/GBO_2019

February 8-10, 2019 4th Annual

www.Trackiereg.com/PBO_2019



Entry Fees:

Pandas Open:

1st event - \$25; 2nd event - \$15; 3rd event - \$10 Relays - \$20

- Scratches / edit of entries made online www.trackie.com/online-registration
- Late entries will not be accepted

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

Schedule notes:

Tentative schedules are posted at the above links

Major schedule differences between GBO & PO:

- At the GBO, whenever possible men compete before women. At Pandas Open women compete before men.
- GBO has Open/Varsity 1000m on Saturday, while Pandas Open has 1000m on Friday
- 300m is timed final at GBO, while Pandas Open is Heats/Finals in the Open/Varsity category

Event & Time Emphasis

Friday Night + Saturday Afternoon = Top USports & Top Senior Events

Saturday AM, PM + Sunday Sections = Remaining senior events and all other events offered

Preferred Lanes, order of events and advancements:

Preferred lanes: Oval preferred = 6/7/5/4/3/2/1Order of events: Timed finals run FAST to SLOW

Alternates in finals:

For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final, places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur in time.

300m / 4x200 Lane Draws:

Timed Final Structure / Golden Bear Open

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Heats/Finals Structure / Pandas Open

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw) Finals are a two section final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance

Call Room / Check In / Numbers

- USports Track Events:
 - o <u>By 1 hour prior to event</u>: Athletes are required to check in & confirm their intention to compete 1 hour prior to the event;
 - By 15min prior to event: Athletes are required to come back by 15 min prior to event to pick up their hip number;
- USports Field Events:
 - Check in on site

Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

Results

www.ellistiming.ca

Age Class Offered:

	Bantam	Midget	Youth	Junior	Senior	Masters
GBO: Jan 19-	Hurdles + 2 nd	Yes	Yes	Yes	Yes	Yes /
21	year in Midget					Select
PO: Feb 9-10	Hurdles + 2 nd	Yes	Yes	Yes	Yes	Yes /
	year in Midget					Select

Event Offerings:

Bantam:

- Bantam hurdles will be offered at both GBO and Pandas Open
- 2nd year Bantams are permitted to enter Midget events at both GBO and Pandas Open

_		_	Junior	Youth		
2019 Indoor	Masters	Open/Varsity	(U20)	(U18)	Midget	Bantam
Sprints / Hurdles				1	1	
60m Hurdles	V	√	>	V	√	V
60m	V	✓	√	V	V	see above
200m	V	✓	√	✓	V	note
300m	1		\	√	V	Hote
Relays						
4x200m		✓	>	✓	V	
4x400m		✓				
4x800m		✓				
Mid D / Long D						
600m	✓	✓	>	✓	✓	Can also
1000m		\	>	✓	✓	See above note
1200m					✓	Hote
1500m		✓	>	✓		
2000m					V	
3000m	V	✓	>	V		
Jumps						
Long Jump	V	✓	\	V	V	
Triple Jump	√	✓	>	√	√	See above
Pole Vault		<	>	V	✓	note
High Jump	✓	<	\	✓	✓	
Throws / Multi Eve	ents					
Weight Throw	√	✓	√	√	✓	See above
Shot Put	√	✓	✓	✓	✓	note
Pent - W / Hep -			_			
М		✓	√			
Para						
Seated SP						
200m Wheel						
Chair		V				
AMB 200m		✓				

Accommodations

The Westin Edmonton 10135 100st NW Edmonton, AB Y5J 0N7 780-493-8908

Contact Info / Role

Meet Director

Wes Moerman (head coach) wes.moerman@ualberta.ca 780.492.5097

Competition Director (schedule, entries, seeding) Rob Fisher (asst coach) huma004@shaw.ca 780.975.2847 Timing/Results (results & live results) Vernon Schmid vernon@ellistiming.ca