



The 2019 AC Indoor Open is a two-day competition with U16/U18/U20 age categories.

U16 – 2004, 2005

U18 - 2002, 2003

U20 – 2000, 2001

Cost:

\$400: transportation to and from Montreal, 2 nights' accommodation (quadruple occupancy).

****entries are to be done independently****

Registration deadline is Friday March 8th, 2019 and is subject to bus capacity (47 seats). Seats are not secured until registration and payment has been completed.

How to Register:

Registration will take place online via TrackieReg @ <https://www.trackie.com/online-registration/register/anb-ac-hershey-championship/30095/>

Your spot on the bus is not secured until registration has been completed.

Tentative Itinerary

Friday March 15th, 2019

6:00am **SHARP** Depart Moncton (Coliseum 377 Killam Drive)

7:30am Depart Fredericton (Lincoln Big Stop 415 Nevers Rd, Waasis, NB E3B 9E1)

**Saint John individuals must travel to Fredericton to get on the bus*

10:30am-11:30am Edmundston lunch and athlete pick up (KFC 180 Boulevard Hebert)

Approximately - 6:00pm Arrive Montreal

Upon athlete's arrival, will get settled in hotel, eat dinner, and relax before a team meeting at approximately 8:30pm (location TBD)

Saturday March 16th, 2019

Compete – Coaches will discuss with athletes on departure times from the hotel and warm up procedures on the trip up to Montreal. Athletes will be responsible for taking the complimentary shuttle from the hotel to the track venue.

Sunday March 17th, 2019

9:30am - All athletes must check out of the hotel and head to the track. Athletes who must leave prior to this will pack up and bring bags to coach's room and take the meet shuttle to the track.

~Athletes should be prepared to shower and change at the competition venue (bring towel)

~Approximately - 4:30pm - Depart Montreal

~11:30pm - Arrive in Edmundston

~1:15am - Arrive in Fredericton (Monday the 18th)

~3:15am - Arrive in Moncton (Monday the 18th).

Coaches on the team will coordinate and communicate shuttle schedules and transportation logistics during the course of the trip.

Accommodations

Marriot Hotel Montreal Airport – meet hotel

(COURTYARD & RESIDENCE INN - AÉROPORT DE MONTRÉAL - 7000, Place Robert-Joncas, Montréal, Québec, H4M 2Z5- Telephone: 514.336.7004)

Staying at the official Championships hotel provides many added benefits, including:

- Complimentary shuttle service from Montreal Airport
- Complimentary shuttle service from hotel to competition site (Claude-Robillard)
- Complimentary WI-FI and parking for the duration of your stay
- Restaurant discount coupons (10% off breakfast, 15% off lunch and dinner)

*Athletes will stay 4 to a room

*Other amenities include: Wifi, Pool, Hot Tub, complimentary breakfast

Notes:

*Athletes are encouraged to bring snacks and other food. The rooms are *supposed* to have mini-fridges.

*There are numerous restaurants that are walkable in the area of the hotel.

*Athletes should dress for the weather ie. be prepared to walk 5-10minutes for food if desired.

*Seed performances will be taken from the AC Rankings from January 1, 2017 to March 5th, 2018.

*Final schedule will be made available on Friday March 15th. Scratches are due at the TIC by March 12th 12:00pm. Athletes failing to scratch by the deadline, who do not show at their first event, will be removed from all events for the remainder of the meet.

*Bibs will be picked up Friday night at the hotel between 5:00-9:00pm.

Athletes are expected to conduct themselves in an appropriate manner and be positive ambassadors for the province of New Brunswick, their hometowns, and clubs that they are representing. Failure to conduct themselves appropriately will result in negative consequences (that may include suspension of Athletics NB/Canada membership) .

Coaching staff / Chaperons:

ANB will provide 4 representatives to help coordinate travel, accommodations, and meet logistics and team technical support. Club Coaches interested in buying a seat on the bus are welcome to travel with their athletes. Clubs that will not have a coach attending must make arrangements with the ANB staff or another club to make sure their athletes will receive support and supervision for both travel and competition throughout the duration of trip. All questions and applications regarding coaching travel should be directed to chris.belof@unb.ca. If you are interested in applying to travel with your athletes, please do so by Jan 31st, 2019.

Competition Venue

Complexe Sportif Claude-Robillard

1000 avenue Emile Journault, Montreal, QC, H2M 2E7

- 200m indoor (banked) - one six lane straight available for warm up after check in
- Lanes - 8 lane straight, 4 lanes banked, Surface - Mondo
- 1 long jump/triple jump runway. 13m triple jump board with 9 and 10m painted lines
- 1 high jump apron, 1 pole vault runway, 1 circle and cage for shot put and weight throw
- Spike Length - 7mm pyramids —No Christmas Trees and No pin!

