



Paradise Running Club Winter Sprinter 2019 Additional Information



- Event:** Paradise Running Club's Winter Sprinter Fun Run
- When:** Sunday, February 10, 2019 at **9:00am** (1K Kids Run/Walk) and **9:15am** (5K Run/2.5K Walk)
- Where:** 1 Sarah Davis Way, Paradise, NL (Near Paradise Double Ice Complex)
- Bib Pick Up Location:** Paradise Double Ice Complex Main Lobby
- Bib Pick Up Times:** Saturday, February 9, 2019 from 12:00-2:00pm (Please Note: There is a Hockey Jamboree happening at the same time as early bib pick up).
Sunday February 10, 2019 from 8:00 to 8:45am
- Registration Fee:** \$15 for individuals (with \$10 going to the CBS/Paradise Food Bank and \$40 for families (with \$30 going to the Food Bank). **Please ensure all family members are registered to ensure each person receives a medal!**
- Post-Run Reception:** Paradise Rotary Youth and Community Centre Gymnasium – 10:00
- Reception Activities:** Light Snacks, Coffee, Tea, Hot Chocolate – Face Painting – Music – Selfie Station
- Awards:** Top 3 Finishers in 5K; Finisher's Medal for All, Draw Prizes (Must be present to win)
- Starting Point:** Sarah Davis Way – Just passed the first turn off to the arena.
- Time Limit:** 45 Minutes for the 5K
- Important Note:** It is the responsibility of each participant to be familiar with the race course. Please see below for course description and map. It will be very unfortunate if runners miss a turn or get off course! Race Director, course marshals/security personnel, event organizers, volunteers are not responsible for runners getting lost or veer off course.
- Route:** Subject to Change for Safety/Snowclearing Reasons.

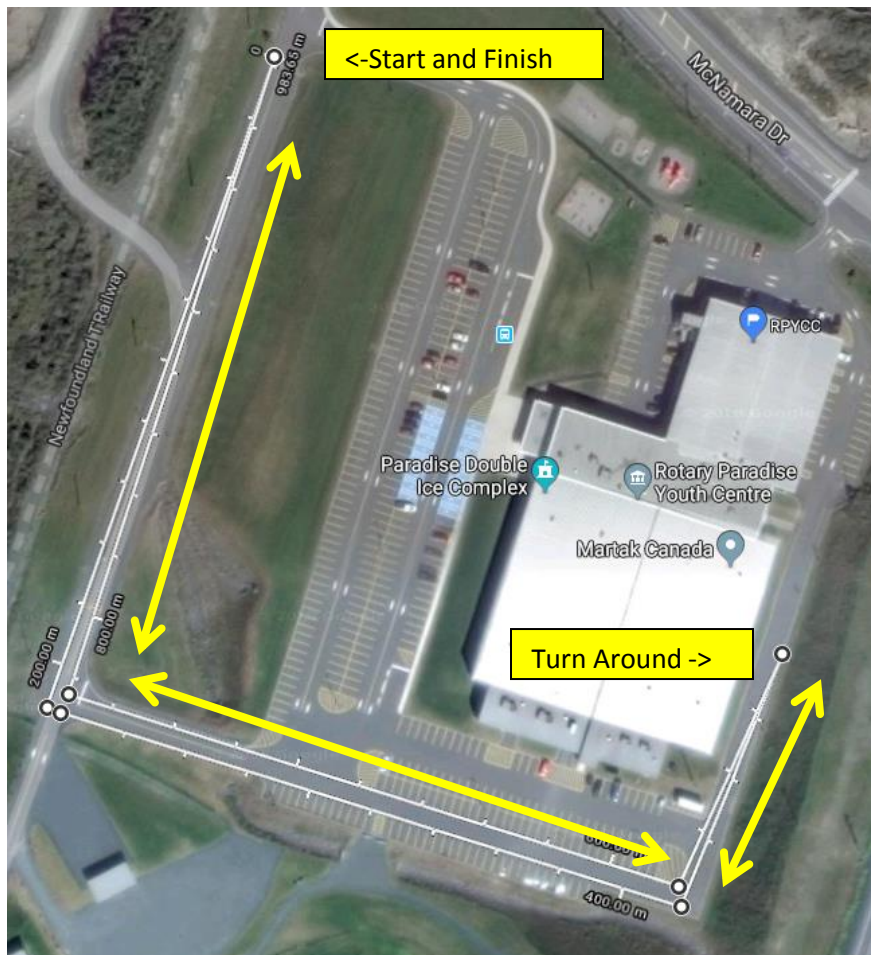


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Kids 1K Description:

1. Start on Sarah Davis Way just passed the first entrance to the arena.
2. Proceed toward Splash Pad Parking Lot
3. Make a left turn at the roadway and head toward the end of the parking lot.
4. Make a left turn to the turn around
5. Follow the same route back to the finish
6. Receive your medal! You earned it!





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2.5K/5K Description:

1. Start on Sarah Davis Way just passed the first entrance to the arena.
2. Proceed toward Splash Pad Parking Lot
3. Make a Left turn at the roadway and head toward the end of the parking lot.
4. Another left along the side of the Paradise Rotary Youth and Community Center.
5. Cross McNamara per the directions of the Municipal Enforcement Officers (MEO) at the crossing following on to Tipperary Street.
6. Turn Right up Tiverton Street.
7. Turn Right on Ravenwood Crescent.
8. Turn Right on to Croydon Street. Straight to the end (enjoy the downhill).
9. Turn Left on to Burnaby Street.
10. Quick Right on to Tiverton Street.
11. Turn Right on to Tipperary Street.
12. Cross McNamara Drive per the directions of the MEO.
13. Turn Right on McNamara Drive running on the left side of the road.
14. Turn left on to Sarah Davis Way, keeping right.
15. Cross the finish (2.5K Run) or start the second loop (5K Run).
16. Receive your medal! You've earned it!

Map on the Following Page!



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