



# SASKATOON TRACK & FIELL

**2019 Alberta Indoor Games  
Edmonton, AB  
February 16-17, 2019**

STFC will be taking a bus to Edmonton leaving on February 15, and returning home on February 17. (An itinerary will be sent out once all registrations are in.) Junior Development (Peewee) and Bantam athletes are welcome to travel on the bus, however a parent must also be travelling on the bus. Midget age and older are allowed to travel without a parent.

When registering online, if you plan to attend on the bus **please add the event "Bus Trip (athletes), or Bus Trip (Parents)**. This fee will include the bus trip, and the hotel. (Please note that this fee is fairly low as STFC subsidizes part of the travel and hotel for all athletes attending)

*When registering for the bus there will also be a mandatory waiver you must read and fill in with the athlete's name, and parent's name (our chaperone's will enforce these rules and if they are broken STFC has the right to send the athlete home at the parents expense). There is also a travel form that I would like each person to download, fill out, and email to [stfclub@gmail.com](mailto:stfclub@gmail.com) before February 8, 2019 (Please use the subject line EDMONTON TRAVEL FORM (athlete name)). Filling these two forms out early will prevent us from having to collect them on the bus (because a couple athletes always forget to do this).*

## **Events Offered:**

**Peewee (U12) (2008 and younger):** Triathlon Saturday: Girls (60m, SP, 600m) Boys: (60m, Standing LJ, 600m)  
Triathlon Sunday: Girls (50m, Standing LJ, 800m), Boys: (50m, SP, 800m)

**Bantam (U14) (2006, 2007):** Triathlon Saturday: Girls (60m, SP, 600m) Boys: (60m, LJ, 600m),  
Triathlon Sunday: Girls: (50m, LJ, 800m), Boys: (50m, SP, 800m)

**Midget (U16) (2004, 2005):** 60m, 300m, 600m, 1000m, 1200m, 2000m, 60mH, LJ, PV, SP, WT,  
Pentathlon: (Female: 60m,HJ, SP, LJ, 800m) (Male: 60m, LJ, SP, HJ, 1000m)

**Youth (U18) (2002, 2003):** 60m, 300m, 600m, 1000m, 1500m, 3000m, 60mH, LJ, PV, SP, WT, Pentathlon (Female:  
60mH, HJ, SP, LJ, 800m) (Male: 60mH, LJ, SP, HJ, 1000m)

**Junior (U20) (2000, 2001):** 60m, 300m, 600m, 1000m, 1500m, 60mH, LJ, TJ, HJ, PV, SP, WT, Pentathlon (female)  
(60mH, HJ, SP, LJ, 800m), Heptathlon (male) (Day 1: 60m, LJ, SP, HJ Day 2: 60mH, PV, 1000m)

**Senior:** 60m, 300m, 600m, 1000m, 1500m, 3000m, 60mH, LJ, TJ, HJ, PV, SP, WT, Pentathlon (female) ) (60mH,  
HJ, SP, LJ, 800m), Heptathlon (male) (Day 1: 60m, LJ, SP, HJ Day 2: 60mH, PV, 1000m)

Relays teams are paid for by the club and teams will be determined by the head coach. Athletes do not need to sign up for relays, the coaches will determine the relays once registration is closed.

Relays Offered: 4x100m (U12, U14), 4x200m (all age groups), 4x400m (U16, U18, U20, Senior), 4x800m (U16, U18, U20, Open), Medley (all age groups) (U12 + U14- 200,100,100,400) ( U16, U20, and Open- 400,200,200,800)



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## SASKATOON TRACK & FIELD

### **Costs:**

Entry fees are \$40.00 each for the first individual event and \$20.00 each for any additional events. Pentathlon and Heptathlon entry fee is \$40.00. U12 and U14 multi events entry fee is \$40.00 per day. Bus Trip and Hotel for athlete is \$150.00. Bus Trip and Hotel for Parent is \$275.00.

### **Hotel:**

We will be staying at the Campus Towers (11145 87 Avenue, Edmonton, AB- 780-439-6060)- Most rooms have a small kitchenette. There are many restaurants and small cafes within one block.

### **Facility:**

We will be competing at the Butterdome (11440 87 Ave NW, Edmonton, AB)- About 1.5 blocks from the hotel (5min walk)

### **Registration:**

All registration will be online at [TrackieReg.com/STFCAlbertaIndoor2019](http://TrackieReg.com/STFCAlbertaIndoor2019). Registration deadline closes at *8pm on Tuesday February 5,, 2019* (as we have to let the hotel know the number of rooms we need). (Please register using the link provided, this is the official STFC registration) (If you search from the trackie website the name of the registration is "2019 Alberta Indoor Games (STFC ATHLETES ONLY)")

**NO LATE ENTRIES WILL BE ACCEPTED!!!**

If you have any questions please talk to your coach!



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# SASKATOON TRACK & FIELD

The tentative schedule is listed on the following pages. Please remember this is a tentative schedule and is subject to change. An official schedule will be sent out the week of the meet.

Time	Track	Saturday	Field	Saturday
9:00am	60m	Bantam B/G		
	60m	Tyke B/G	9:30	Ban G LJ 2 pit
	60m	PW B/G		Ban B SP 2 circles
	60m (H)	Mas M/W		Tyke G SLJ 2 mats
	60m (H)	Mid M/W		Tyke B MB 2 lines
	60m (H)	Youth M/W		PW G SP 2 circles
	60m (H)	Junior M/W		PW B SLJ 2 mats
	60m (H)	Open M/W		Mid/Mas W HJ
	60m H Pent	All Men		Mens WT
10:30am	400m	Mas M/W		
	400m	Tyke B/G	10:30am	Pent LJ Men Wall
	600m	Bantam B/G		
	600m	PW B/G	11:00am	Op/Jr/Mas W SP
11:30am	600m	Midget B/G		W<3.00 PV & MasW
	1000m	Youth M/W		Youth W LJ 2 pits
	1000m	Junior M/W		Y/JR/S W HJ
	1000m	Open M/W		
12:30pm	Lunch		12:30pm	Men's TJ Center
1:30pm	3000RW	Mas W/M		Pent SP Men
2:00pm	60m (A+BF)	Mid M/W		
	60m (A+BF)	Youth M/W	2:00pm	Mid W LJ 2 pits
	60m (A+BF)	Junior M/W		Youth W SP
	60m (A+BF)	Open M/W		Pent HJ Men
	60m (A+BF)	Mas M/W		
2:30pm	2000m	Mid M/W	2:30pm	W>3.00 PV
	3000m	Y/J/O M/W		
3:30pm	1000m	Pent Men	3:30pm	Op/Jr/Mas WLJ Center
4:00pm	4x200m	Women		Mid W SP
	4x200m	Men		
4:30pm	4x800m	Women		
	4x800m	Men		





# SASKATOON TRACK & FIELD

Time	Track	Sunday	Time	Field	Sunday	
9:00am	50m	Bantam B/G	9:30am	Ban B LJ	2 pit	
	50m	Tyke B/G		Ban G SP	2 circles	
	50m	PW B/G		Tyke B SLJ	2 mats	
	50m	Mas M/W		Tyke G MB	2 lines	
	60mH	Women (Pent)		PW B SP	2 circles	
	60mH	Mas M/W		PW G SLJ	2 mats	
	60mH	Mid M/W		Mid/Mas M HJ		
	60mH	Youth M/W		Women WT		
	60mH	Junior M/W				
	60mH	Open M/W				
10:30am	1200m	Mid M/W	11:00am	Mas W WT		
	600m	Youth M/W		M<3.50 PV	& Mas	
	600m	Junior M/W		Women Pent LJ	Wall	
	600m	Open M/W		Women's TJ	Center	
	400m	Tyke B/G		Jr/Op M HJ		
	800m	PW B/G				
	800m	Bantam B/G		12:30pm	Youth M LJ	2 pits
	800m	Mas M/w			Women Pent SP	
12:30pm	1500RW	Mas W	2:00pm	Op/Jr M LJ	Center	
	1500RW	Mas M		Mid M SP		
1:00pm	Lunch			Women Pent HJ		
1:30pm	60mH (F)	Mid M/W	2:30pm	M>3.50 PV		
	60mH (F)	Youth M/W				
	60mH (F)	Junior M/W		3:30pm	Mid/Mas M LJ	2 pits
	60mH (F)	Open M/W			Op/Jr/Y/Mas M SP	
	60mH (F)	Mas M/W			Youth M HJ	
2:00pm	300m (TF)	Mid M/W				
	300m (TF)	Youth M/W				
	300m (TF)	Junior M/W				
	300m (TF)	Open M/W				
3:30pm	1500m	Youth M/W				
	1500m	Junior M/W				
	1500m	Open M/W				
	1500m	Mas M/W				
	800m	Women (Pent)				
4:30pm	200m	Mas M/W				
5:00pm	4x400m					





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	50m	Tyke B/G		Ban G SP	2 circles	
	50m	PW B/G		Tyke B SLJ	2 mats	
	50m	Mas M/W		Tyke G MB	2 lines	
	60mH	Women (Pent)		PW B SP	2 circles	
	60mH	Mas M/W		PW G SLJ	2 mats	
	60mH	Mid M/W		Mid/Mas M HJ		
	60mH	Youth M/W		Women WT		
	60mH	Junior M/W				
10:30am	60mH	Open M/W	11:00am	Mas W WT		
	1200m	Mid M/W		M<3.50 PV	& Mas	
	600m	Youth M/W		Women Pent LJ	Wall	
	600m	Junior M/W		Women's TJ	Center	
	600m	Open M/W		Jr/Op M HJ		
	400m	Tyke B/G		12:30pm	Youth M LJ	2 pits
	800m	PW B/G			Women Pent SP	
	800m	Bantam B/G				
12:30pm	1500RW	Mas W	2:00pm	Op/Jr M LJ	Center	
	1500RW	Mas M		Mid M SP		
1:00pm	Lunch		Women Pent HJ			
1:30pm	60mH (F)	Mid M/W	2:30pm	M>3.50 PV		
	60mH (F)	Youth M/W				
	60mH (F)	Junior M/W		3:30pm	Mid/Mas M LJ	2 pits
	60mH (F)	Open M/W			Op/Jr/Y/Mas M SP	
	60mH (F)	Mas M/W			Youth M HJ	
2:00pm	300m (TF)	Mid M/W				
	300m (TF)	Youth M/W				
	300m (TF)	Junior M/W				
	300m (TF)	Open M/W				
3:30pm	1500m	Youth M/W				
	1500m	Junior M/W				
	1500m	Open M/W				
	1500m	Mas M/W				
	800m	Women (Pent)				
4:30pm	200m	Mas M/W				
5:00pm	4x400m					

