



2019 Athletics NS Indoor Open - January 18-19 - Canada Games Center - Final Schedule

Friday, January 18th

Event	Gender	Age	Time	Athletes	Heats	Event	Gender	Age	Time	Athletes
2000m	F/M	Bantam, U16	7:00 PM	3+5	1	High Jump	F	All	5:45 PM	11
3000m	F	All Categories	7:10 PM	13+15	2	High Jump	M	All	7:00 PM	13
3000m	M	All Categories	7:45 PM	12+13	2	Long Jump	M	University	5:30 PM	14
5000m	F/M	U20, Senior, Master	8:15 PM	3+7	1	Long Jump	M	Age Class	6:45 PM	8
						Long Jump	F	Age Class	7:30 PM	9
						Long Jump	F	University	8:30 PM	15

Saturday, January 19th

Event	Gender	Age	Time	Athletes	Heats	Event	Gender	Age	Time	Athletes
60mH	F	Bantam (30"), U18 (30"), University (33")	12:45 PM	1+1+13	3	Triple Jump	M	All	3:45 PM	10
60mH	M	U16 (33"), U18 (36"), U20 (39")	1:00 PM	1+1+3	1	Triple Jump	F	All	4:45 PM	14
60mH	M	University(42")	1:10 PM	6	1					
60m	F	All	1:20 PM	46	8	Shot Put	F/M	Tetrathlon	2:15 PM	25
60m	F	Tetrathlon (All)	1:55 PM	11	2	Long Jump	F/M	Tetrathlon	3:00 PM	25
60m	M	Tetrathlon (All)	2:05 PM	14	3					
60m	M	All	2:20 PM	53	9					
60m	M	Masters	3:00 PM	5	1					
1000m	F	University	3:05 PM	13	2					
1000m	M	University	3:20 PM	18	3					
600m	F	Tetrathlon (All)	3:40 PM	11	1					
600m	M	Tetrathlon (All)	3:50 PM	14	1					
400m	F	All	4:00 PM	8	2					
400m	M	All	4:05 PM	4	1					
		Track Break	4:10 PM							
600m	F	University	4:30 PM	9	1					
600m	M	University	4:35 PM	18	2					
1200m	M	Bantam, Midget	4:45 PM	2	1					
1500m	F	All	4:55 PM	11	1					
1500m	M	All	5:05 PM	38	4					
150m	F/M	Bantam	5:30 PM	2+1	1					
200m	F	All	5:35 PM	26	5					
200m	M	All	5:55 PM	26	5					
800m	F	All	6:20 PM	14	2					
800m	M	All	6:30 PM	10	1					
300m	F	University	6:40 PM	18	3					
300m	M	University	6:55 PM	34	6					