

2019 Athletics Nova Scotia Indoor Open and Club Championships

January 18-19th, 2019

Canada Games Center

Halifax, NS



Sanction: Athletics Nova Scotia

Host: Athletics Nova Scotia

Date: Saturday, January 18-19th, 2019

Event Site: -

- Canada Games Center, Halifax, 26 Thomas Raddall Dr.
- Six lane elevated synthetic track
- Horizontal jumps pit
- Maximum spike length is 7mm
- Washrooms and change rooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories: PeeWee (born 2008-09), Bantam (born 2006-07), U16 (born 2004-05), U18 (born 2002-03) U20 (2000-01), Senior (1999 or later), Masters (1984+), University

Schedule

· The tentative schedule is subject to change based on entries. The schedule is available at www.trackiereg.ca. The final schedule will be posted on Thursday, January 17th, 2019

points system:

Events:

	PeeWee	Bantam	U16	U18	U20/Senior	Masters
Running		60m 150m 800m 1200m	60m 200m 400m 800m	60m 200m 400m 800m	60m 200m 400m 800m	60m 200m 400m 800m

			1500m 3000m	1500m 3000m	1500m 3000m	1500m 3000m 400mRW
Hurdles		60mH	60mH	60mH	60mH	60mH
Jumps		High jump Long jump Triple Jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tethrathlon (60m, Long Jump, Shot Put, 600m)	Tethrathlon (60m, Long Jump, Shot Put, 600m)				

Athletes are encouraged to enter in their respective age class events but will not be excluded from University events provided they are competitive in that section.

Seeding

Please include accurate seed/race times from 2018 season. Seed times are required

All events will be timed section finals due to time constraints

Events with multiple age groups will be seeded according to seed times

Preferred lanes will be assigned by seed times for all Timed Section Finals.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

Scratches

Scratches will be accepted via trackreg until 11:59 p.m. Wednesday, January 16th

Registration:

Entries must be received by 11:59 p.m. Monday, January 14th

Late entries are available at double the entry cost until 11:59pm, Wednesday, January 16th

Regular:\$25 for members and \$35 for non-members.

5000m Only : Special entry fee of \$15+\$5=\$20. This event is capped at 20 athletes

Officials Fee: There will be a \$5 Officials fee added to all registrations.

No charge for additional events

There will be a maximum team fee of \$500 for Universities and Clubs registering as 1 group. This fee is exclusive of the \$5 officials fee and online processing fees. Teams can choose to pay by check to avoid processing fees. Please contact for details.

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Please designate one person from your club to pick up the entry package.

Check in and Bib # Pick-up: Beginning at 5pm on Friday, January 18th and 11:00 a.m. on Saturday, January 19th