# BULLETS TRACK CLUB 2018 REGISTRATION PACKAGE

#### Age Groups:

**Pee Wee:** Born 2012 and earlier, usually in Kindergarten or JK

Mite: Born 2011 & 2010, usually in Grade 2 or 1

Tyke: Born 2009 & 2008, usually in Grade 4 or 3

Atom: Born 2007 & 2006, usually in Grade 6 or 5

Senior: Born 2005 & 2004, usually in Grade 8 or 7

#### Club Fees

• The membership fee to join the Bullets is \$150.

- If you have more than one child interested in joining us, there is a \$25 discount per additional child.
- Competition Jersey is not included in the membership fee. The Competition Jersey cost is \$35.

#### **Practices**

#### Indoor

- January, February, and March then November and December at the Toronto Track and Field Center at York University (231 Ian MacDonald Blvd, Toronto). Mondays and Wednesdays, 645pm to 815pm.
- Entrance fee per athlete is \$3.25 and \$5.25 for adults and coaches (OR parents may watch from the balcony upstairs) and parking is \$7 for 2hrs. There is a great discount for a season pass (\$80) and a good monthly parking pass available (\$18/month).
- The indoor season finishes after the last indoor meet in April and begins again in November.
- All parents must assist our club at the indoor meet hosted by the Bullets in February
- For Indoor meets, only officials, athletes and coaches are allowed on the main track floor. All
  parents must go upstairs to the spectator gallery.

#### **Outdoor**

- May, June & July at Terry Fox Stadium at Chinguacousy Park. Monday, Tuesdays and Thursdays 530pm to 645pm.
- June and July are packed with track meets. The championship meet is traditionally at the end of July. August is a month of rest and the best time to plan family vacations so that you will not miss any important meets.

## **Cross Country**

- Mid- September to the end of October. Tuesdays are at Terry Fox Stadium and Thursdays are at the hills at Major Oak Park (Williams Prkwy & 410). Both practices start at 530 and go until 630.
- Bring layers of clothing including, rain jacket, long sleeve shirts, toques, mits, etc.

#### **Meets**

- The Bullets host an MTA Indoor Meet in February and an Outdoor Meet in the June/July. <u>All parents are expected to participate in the operation of our meets as volunteers</u>.
- There are many Track & Field Events open to our Athletes this year. Bullet athletes, in good standing, can participate in as many or as few events as they desire. Being a Bullet means you can go to any MTA sanctioned meet, even when the Bullets Club isn't participating as a team.
- When we attend meets, the organizers require the names and events to be entered about 4 days prior to their meet. Registration is required by the end of practice on the Wednesday prior to the meet event.
- All meet event fees must be paid for by the Wednesday before the meet. Most MTA meets require an event fee around \$10 per event including relays.
- Athletes have to provide their own transportation, food, refreshments and clothing. They must wear their Brampton Bullets Jersey while participating as a Bullets Member.
- Parents are encouraged to bring chairs, umbrellas, tents, etc to the events for comfort.
- The Bullets are also members in America's largest athletic body, the AAU. The AAU is the
  American Athletic Union. They host North American Championships in Indoor and Outdoor Track
  & Field. There is a separate membership fee, \$15. There are two meets you are welcome to
  attend with other Bullets and MTA members. The indoor meet is in Hyattsville, Maryland in March.
  The outdoor meet is in Orlando, Florida in July.
- The Bullets are also members of Athletics Ontario. There is a separate membership fee for this
  association.

#### **Events**

- The Bullets host an MTA Indoor Meet in February and an Outdoor Meet in the July. <u>All parents are expected to participate in the operation of our meets as volunteers</u>
- Every athlete will be introduced to all runs, jumps, throws, hurdles, and relay events at practices and then the events in which they will compete will be up to the discretion of the coaching staff
- If a parent wishes to make changes, please talk to Coach Jim
- All relay teams will be set by the coaches.

#### **Parents**

- The Bullets host an MTA Indoor Meet in February and an Outdoor Meet in the July. All parents are expected to participate in the operation of our meets as volunteers
- Must complete the Club Registration and ensure Fees for their athletes are paid.
- Coordinate transportation to all practices and meets. Car pools can be arranged between parents.
- Provide appropriate training clothes and shoes. Spikes are not a necessity but if you prefer to
  have track spikes for your child, please talk to Coach Jim before making your purchase. He'll be
  sure to assist in the type of shoe that would suit your athlete best.
- Good standard running shoes should be low cut, lightweight, with a thick heel, thin toe, and good arch support.
- Encourage your athletes to engage in the training, practice and competitions.
- Communicate relevant information to the coaches regarding medical or cognitive conditions that
  may impact the training or competitive environment for the athlete and/or the coaches.
- Support the club at practices and competition. We are a very low-cost organization, we depend on your assistance with the little things to help us run efficiently.

## **Communication**

- Club communication is done through a phone app called TeamSnap. Please ensure you accept the invite to our Team Page once you have registered.
- All practice and competition dates, locations and times are in the TeamSnap Calendar.



# **Bullets Track Club**2018 REGISTRATION FORM



First Name of Athlete:				
☐ Male ☐ Female	Date of Birth:	Month	Day	Year
Home Phone: ()	<del>-</del>			
Name of Mother:	Name of	Name of Father:		
Cell: ()		Cell : ()		
Email:	Email:	Email:		
Allergies and any phys	ical or cognitive a	accommodations	s we should	I be aware of:
In consideration of the Bullets agree that my child will abide program. I am aware of the po	Track Club accepting moby the rules and regula	itions, policies and pr	as a participant ocedures of the	e Club in respect to the said
and I freely accept all risks asso waive, release, absolve, indemi the Bullets Track Club, Minor Ti the Club of my child's special m form cannot be reached and m with or make arrangements for	ciated with his/her partinify and agree to hold herack Association, Athletic edical condition or healthy child has an injury, ac	icipation. I assume all armless, other than focs Ontario, its officers the history, if any. If the cident or falls ill, I he	risks incidental or willful defaul , directors, emp e emergency cor	to such participation, and do t or negligence on their part loyees or agents. I will notif ntact person identified in thi
Name (please Print) of Parent/L	egal Guardian	Signature of Parent/	Legal Guardian	Date

#### **MEDIA RELEASE**

I grant permission to the Bullets Track Club to use my child's image in the club's website, www.bulletstrack.com, and its facebook group member's page, BRAMPTON BULLETS. I understand that no personal contact information or images will be shared with any other persons or organizations without my consent.

Name (please Print) of Parent/Legal Guardian

Signature of Parent/ Legal Guardian











# **2018 INDOOR MEETS**

December 2- York U Xmas Open- Toronto Track & Field Centre December 30- Gary Lubin Jump-Off- Toronto Track & Field Centre

January 6- Sharon Anderson Meet- University of Toronto

January 13 to 14- AAU Northern Indoor Championships, Rockford, IL

January 13 & 14- AO Prep Meet and Indoor Relay Championships- Toronto Track & Field Centre

January 20- MTA Bullets Standards Meet- Toronto Track & Field Centre

February 2 & 3- York University Open- Toronto Track & Field Centre

February 3- MITS Meet- Saginaw, MI

February 10- Flying Angels Indoor Classic- Toronto Track & Field Centre

February 10- SPIRE Scholastic Showcase- Geneva, Ohio

February 10 to 11- AC Hershey Indoor National Championships- Montreal

February 17 & 18- AO YS Championships & Midget Dual Meet- Toronto Track & Field Centre

February 24- MTA Meet- Toronto Track & Field Centre

March 3 & 4- AAU 14U Indoor National Championship- Ypsilanti, MI

March 3 & 4- AO BMJ Championships- Toronto Track & Field Centre

March 9 to 11- AAU Indoor National Championships- Hyattsville, Maryland

March 24 & 25- MTA Indoor Championships- TTFC

#### **Practices**

Mondays & Wednesdays 645p to 815p Thursdays (StrengthTraining) 715p to 815p











#### **2018 OUTDOOR SEASON SCHEDULE**

**Outdoor Track Meets** 

May 12- Blue Devils Track Meet- TBA

May 19- Burlington Track Club Meet- Burlington

May 27- Kitchener Track Club Meet- TBA

June 2 & 3- AO High Performance Meet

June 3- North Halton Invitational- TBA

June 9- Bullets Run Jump Throw Challenge- Terry Fox Stadium, Brampton

June 16- District B RCL Qualifier- Niagara

June 17- MTA Meet- Mississauga

June 23- MTA Meet Brampton- Terry Fox Stadium, Brampton

June 23 & 24- Combined Events Championships

June 30- Bullets Standards Meet- Toronto Track & Field Centre, Toronto

July 7- MTA Meet- Mississauga

July 8 to 14- AAU Club Championships- Orlando, Florida

July 13 & 14- Flying Angels International Meet- TBD

July 13 & 14- RCL Ontario Championships- Niagara

July 21 & 22- Puma SC Meet- TBD

July 21 & 22- AO BMY Championships- Windsor

July 28 & 29- MTA Championship- TBD

Aug 10 to 12- Royal Canadian Legion Youth Championships- Brandon, MB

Practices start April 23, 2018

Mondays, Tuesdays and Thursdays, 530p to 645p







