



# BULLETS TRACK CLUB 2019 REGISTRATION PACKAGE



## Age Groups:

- Pee Wee:** Born 2013 and earlier, *usually in Kindergarten or JK*  
**Mite:** Born 2011 & 2012, *usually in Grade 2 or 1*  
**Tyke:** Born 2009 & 2010, *usually in Grade 4 or 3*  
**Atom:** Born 2007 & 2008, *usually in Grade 6 or 5*  
**Senior:** Born 2005 & 2006, *usually in Grade 8 or 7*

## Club Fees

- The membership fee to join the Bullets is \$175. Cash, Cheque (Bullets Track Club) or Email Transfer (bulletstrackclub@gmail.com)
- If you have more than one child interested in joining us, there is a \$25 discount per additional child.
- Competition Jersey is not included in the membership fee. The Competition Jersey cost is \$35.

## Practices

### **Indoor**

- January 3 to March 24 and then November 12 to December 19
- Toronto Track and Field Center at York University (231 Ian MacDonald Blvd, Toronto).
- Tuesdays and Thursdays, 7pm to 830pm.
- Entrance fee per athlete is \$3.25 and \$5.25 for adults and coaches (OR parents may watch from the balcony upstairs) and parking is \$7 for 2hrs. There is a great discount for a season pass (\$80) and a good monthly parking pass available (\$18/month).
- All Parents must assist our club when we host our Indoor Meet on Saturday January 26.

### **Outdoor**

- April 23 to July 27 at Terry Fox Stadium at Chinguacousy Park. Tuesdays and Thursdays 530pm to 645pm.
- June and July are packed with track meets. The outdoor season ends July 28.
- All Parents must assist our club when we host our Outdoor Meet on Saturday June 29.

## Cross Country

- September 11 to October 26. Tuesdays are at the hills at Major Oak Park (Williams Prkwy & 410) and Thursdays are at Terry Fox Stadium. Both practices start at 530 and go until 630.
- Bring layers of clothing including, rain jacket, long sleeve shirts, toques, mitts, etc.

## Meets

- The Bullets host an MTA Indoor Meet on January 26 and an Outdoor Meet on June 29 All parents are expected to participate in the operation of our meets as volunteers.
- There are many Track & Field Events open to our Athletes this year. Bullets Athletes in good standing can participate in as many or as few events as they desire. Being a Bullet means you can go to any MTA sanctioned meet, even when the Bullets Club isn't participating as a team.
- When we attend meets, the organizers require the names and events to be entered about 4 days prior to their meet. Registration is required by the end of practice on the Wednesday prior to the meet event.

- All meet event fees must be paid for by the Wednesday before the meet. Most MTA meets require an event fee around \$10 per event including relays.
- Athletes have to provide their own transportation, food, refreshments and clothing. They must wear their Brampton Bullets Jersey while participating as a Bullets Member.
- Parents are encouraged to bring chairs, umbrellas, tents, etc to the events for comfort.
- The Bullets are also members in America's largest athletic body, the AAU. The AAU is the American Athletic Union. They host North American Championships in Indoor and Outdoor Track & Field. There is a separate membership fee, \$15. There are two meets you are welcome to attend with other Bullets and MTA members. The indoor meet is in Hyattsville, Maryland on March 8 to 10. The outdoor meet is in Orlando, Florida from July 7 to 13.
- The Bullets are also members of Athletics Ontario. There is a separate membership fee for this association.

## **Parents**

- Must complete the Club Registration and ensure Fees for their athletes are paid.
- Coordinate transportation to all practices and meets. Car pools can be arranged between parents.
- Provide appropriate training clothes and shoes. Spikes are not a necessity but if you prefer to have track spikes for your child, please talk to Coach Jim before making your purchase. He'll be sure to assist in the type of shoe that would suit your athlete best.
- Good standard running shoes should be low cut, lightweight, with a thick heel, thin toe, and good arch support.
- Encourage your athletes to engage in the training, practice and competitions.
- Communicate relevant information to the coaches regarding medical or cognitive conditions that may impact the training or competitive environment for the athlete and/or the coaches.
- Support the club at practices and competition. We are a very low-cost organization, we depend on your assistance with the little things to help us run efficiently.

## **Communication**

- Club communication is done through a phone app called TeamSnap. Please ensure you accept the invite to our Team Page once you have registered.
- All practice and competition dates, locations and times are in the TeamSnap Calendar.



# Bullets Track Club

## 2019 REGISTRATION FORM



First Name of Athlete: \_\_\_\_\_ Last Name: \_\_\_\_\_

Male  Female Date of Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Name of Mother: \_\_\_\_\_ Name of Father: \_\_\_\_\_

Cell: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

Allergies and any physical or cognitive accommodations we should be aware of:

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### WAIVER, CONSENT AND AUTHORIZATION

In consideration of the Bullets Track Club accepting my child's application as a participant in the above said program, I agree that my child will abide by the rules and regulations, policies and procedures of the Club in respect to the said program. I am aware of the possibility of health and safety risks associated with my child's participation in the activities and I freely accept all risks associated with his/her participation. I assume all risks incidental to such participation, and do waive, release, absolve, indemnify and agree to hold harmless, other than for willful default or negligence on their part, the Bullets Track Club, Minor Track Association, Athletics Ontario, its officers, directors, employees or agents. I will notify the Club of my child's special medical condition or health history, if any. If the emergency contact person identified in this form cannot be reached and my child has an injury, accident or falls ill, I hereby authorize the Club to provide my child with or make arrangements for emergency medical treatment.

\_\_\_\_\_  
Name (please Print) of Parent/Legal Guardian

\_\_\_\_\_  
Signature of Parent/ Legal Guardian

\_\_\_\_\_  
Date

### MEDIA RELEASE

I grant permission to the Bullets Track Club to use my child's image in the club's website, www.bulletstrack.com, and its facebook group member's page, BRAMPTON BULLETS. I understand that no personal contact information or images will be shared with any other persons or organizations without my consent.

\_\_\_\_\_  
Name (please Print) of Parent/Legal Guardian

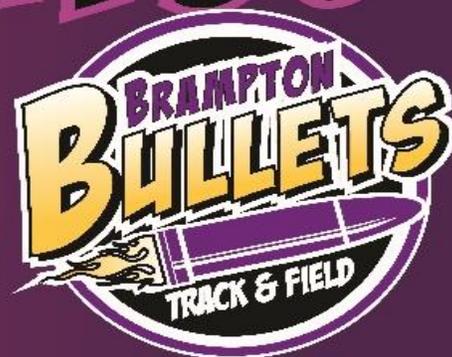
\_\_\_\_\_  
Signature of Parent/ Legal Guardian

\_\_\_\_\_  
Date



# GO BULLETS!

**RUNNING FASTER  
JUMPING LONGER  
THROWING FARTHER**



## 2019 INDOOR MEETS

January 12- Possible Meet at the Toronto Track & Field Centre

January 26- Bullets Meet- TTTF

February 2 or 3- Possible Meet at the TTFC

February 10- SPIRE Scholastic Showcase- Geneva, Ohio- *qualifying athletes only*

February 9 & 10- Athletics Ontario Dual Meet- TTFC- *selected Athletics Ontario athletes only*

February 16- Flying Angels Meet- TTFC

February 16- MITS- Saginaw Valley State- University Centre, Michigan

March 2 & 3- AO U16 U14 U20 Championships- TTFC

March 8 to 10- AAU Indoor National Championships- Hyattsville, Maryland

March 9- United TSC Meet- TTFC

March 16 & 17- Hershey Nationals- Montreal, QC- *qualifying athletes only*

March 23 & 24- MTA Indoor Championships- TTFC

### *Practices*

*Tuesdays & Thursdays 7pm to 830pm*



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## 2018 OUTDOOR MEETS

May 4 or 5- MTA Meet  
May 11 or 12- MTA Meet  
May 18- MTA Meet Burlington- Burlington  
May 25- MTA Meet Kitchener  
June 1- MTA Meet North Halton  
June 8- MTA Meet Durham- Oshawa  
June 15- District B RCL Qualifier- St Catharines  
June 16- MTA Meet Mississauga  
June 22- MTA Meet Brampton Racers- Brampton  
June 29- MTA Meet Bullets  
July 5 to 7- Flying Angels International Meet- Toronto  
July 7 to 13- AAU Club Championships- Orlando, Florida  
July 13- MTA Meet 310 Running  
July 12 & 13- RCL Ontario Championships- Brampton  
July 13 & 14- U20 & 20+ Outdoor TFC + U14 & U16 CE Championships- TBD  
July 20- MTA Meet Pumas  
July 25 to 28- Canadian Nationals- Montreal, QC  
July 27 & 28- MTA Championship- Brampton  
Aug 3 & 4- AO U14 U16 U18 Championships- Windsor  
Aug 9 to 11- Royal Canadian Legion U18 U16 Championships- Cape Breton, Nova Scotia

*Practices start April 23*

*Mondays, Tuesdays and Thursdays, 530p to 645p*

