



2018 Ontario Track & Field Finale & Gary Lubin Jump-off



-Dec 29, 2018-

	OVAL	STRAIGHT	Pit 1 LJ	Pit 2 TJ	HIGH JUMP	SHOT PUT	PV
900a	1500 2 Sections	60m Hurdles 9 Heats	F 2012/3 2 entries	M 2006/7 2 entries	M 0.95 9 entries	F 2008/9 3 entries	
	400 5 Sections	60m 10 Heats	F 2010/11 3 entries	M 2004/5 6 entries		F 2006/7 3 entries	
	800mRW 1 Section	60 minute break	F 2008/9 4 entries	M HS 3 entries		F 2004/5 2 entries	1030a ALL Entries
		100m heats 6 Heats	F2006/7 3 entries	M Open 2 entry		F HS 3 entries	
			F2004/5 5 entries				
			F HS 9 entries				
			F Open 1 entry				
1200p	1500m RW 1 section	60mH Finals	M 2012/3 3 entries	F 2006/2007 2 entries	F 0.95 10 entries	M 2010/11 3 entries	
	800 2 sections	60 Finals	M 2010/11 5 entries	F 2004/2005 2 entries		M 2008/9 3 entries	
	200 9 sections	60 minute break	M 2008/9 9 entries	F HS 5 entries		M 2004/5 2	
	4x200 1 section	100m Finals	M 2006/7 4 entries			M HS 1	
			M 2004/5 6 entries Masters 1 entry				
			M HS 8 entries				
			Men Open 2				

Hurdles Heat Order

- Heat 1- 12" 11.5 18.5 25.5 32.5 39.5
- Heat 2- 18" 11.5 18.5 25.5 32.5 39.5
- Heat 3- 18" 11.5 18.5 25.5 32.5 39.5
- Heat 4- 24" 11.5 18.5 25.5 32.5 39.5
- Heat 5- 27" 11.5 19.0 26.5 34.0 41.5
- Heat 6- 27" 11.5 19.0 26.5 34.0 41.5
- Heat 7- 30" 12.0 20.0 28.0 36.0 44.0
- Heat 8- 30" 13.0 21.5 30.0 38.5 47.0
- Heat 9- 33" 13.0 21.5 30.0 38.5 47.0 (1 lane will be 36")