

60M INDOOR HURDLE SPECIFICATION

	Distance (m)	No.	Height (m)	Start to 1 st Hurdle (m)	Distance Between
Girls 2003	60	5	0.762	12.00	8.00
Girls 2001/2002	60	5	0.762	13.00	8.50
Girls 1999/2000	60	5	0.840	13.00	8.50
Womens 1998/1984	60	5	0.840	13.00	8.50
Boys 2003	60	5	0.840	13.00	8.50
Boys 2001/2002	60	5	0.914	13.72	9.14
Boys 1999/2000	60	5	0.990	13.72	9.14
Mens 1998/1984	60	5	1.067	13.72	9.14

SHOT PUT SPECIFICATIONS (KGs)

	Men				Women			
Year of Birth	03	01/02	99/00	98/84	03	01/02	99/00	98/84
Shot Put	4	5	6	7.26	3	3	4	4

SCORING OF THE HURDLES AND THROWING EVENTS IN AGE CLASS COMBINED EVENTS COMPETITIONS (2015)

Indoor: Hurdles and Shot Put – use current IAAF Tables, regardless of specifications.

Outdoor: Bantam Boys' 80m Hurdles --- use current IAAF Women's Tables for 80m Hurdles

Midget Boys' 100m Hurdles --- use current IAAF Men's Tables for 110m Hurdles Youth Boys' 110m Hurdles --- use current IAAF Men's Tables for 110m Hurdles

Bantam Girls' 80m Hurdles } --- use current IAAF Women's Tables for Midget Girls' 80m Hurdles } 80m Hurdles

Youth Girls 100m Hurdles --- use current IAAF Women's Tables for 100m Hurdles

All throwing events, Boys and Girls --- use current IAAF Men's and Women's Tables, regardless of implement mass.