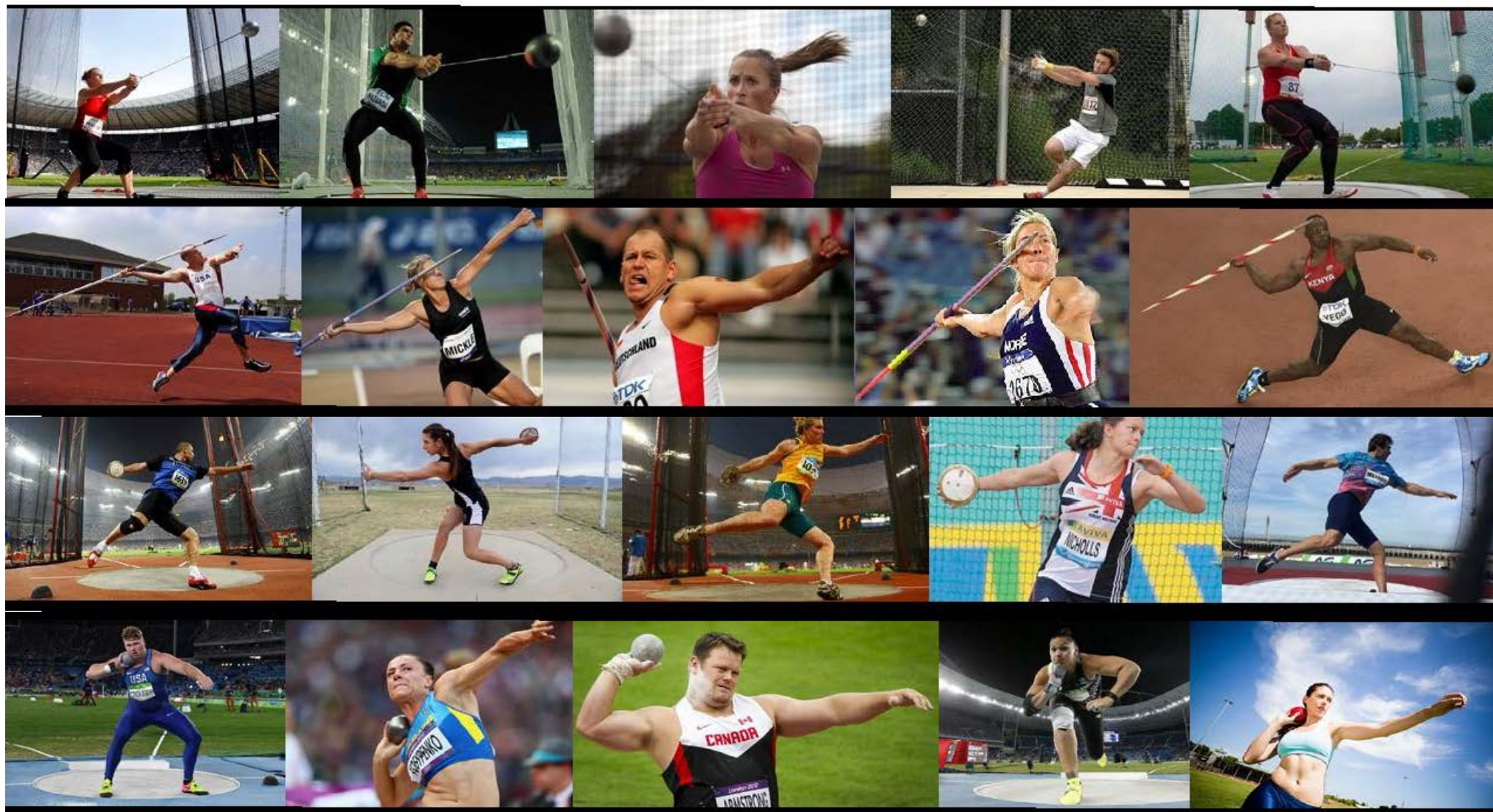


**HOSTED BY THE CORY HOLLY INSTITUTE**

**SATURDAY AUGUST 24TH 2019**

**3RD ANNUAL VERNON THROWS CHALLENGE**

**HAMMER-JAVELIN-DISCUS-SHOT COMPETITION  
GREATER VERNON ATHLETICS PARK**



**Spectators Welcome!**

**MEET SCHEDULE**

Mens Hammer 11:00 am | Womens Javelin 11:00 am  
Mens Javelin 12:00 pm | Womens Hammer 12:00 pm  
Mens Discus 1:00 pm | Womens Shot Put 1:00 pm  
Mens Shot Put 2:00 pm | Womens Discus 2:00 pm

**Sanctioned by BC Athletics Canada**

- Open Hammer, Javelin, Discus & Shot Put Competition (4 Classic Throws)
- Ages 12 and Up including Masters (Male/Female) Olympic Standards
- Competition medals, gold, silver and bronze with customized logo

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