

# **MTA Provincial Cross Country Championships**

*Sanctioned by Minor Track Association*

*Hosted by Georgian Bay Coyotes*



**Saturday, October 27, 2018**  
**Georgian Bay Community School Athletic Field**  
**87 Aiken St., Meaford, ON**  
**N4L-1A4**



*Across the street from Georgian Bay Community School [GBCS]  
[This is the primary training site for the Georgian Bay Coyotes]*

Registration opens at 8:00am  
Course walk-through at 9:00am sharp

## **Course Description:**

The course is very spectator friendly. It is an 800m / 1km loop that the athletes will circle 1-3 times.

Each twisting loop is a combination of grass along the flat 5 acre athletic field [440yd, 6-lane paved track in the middle of the field that the athletes will cross twice each loop], run up a 30m single-tracked steep dirt hill onto the wide Georgian Trail. Athletes then run 300m on the slightly down-hill, hard-packed gravel Georgian Trail heading back to the start / finish area on the athletic field. Racing spikes [7mm-9mm] are recommended....12mm if raining really hard.

## **Race Distance and Schedule:**

- \*Race Pick-up @ 8:00am-11:30am noon
- \*Course Walk-Through @ 9:00am sharp
- \*Coaches meeting @ 9:20am**
- \*National Anthem and Opening Prayer @ 9:40am
- \*Pee-Wee Girls and Boys [2012-2013] = ~800m @ 9:50am
- \*Mites Girls [2010-2011] = ~1000m @ 10:00am
- \*Mite Boys [2010-2011] = ~1000m @ 10:10am
- \*Tykes Girls [2008-2009] = ~1550m @ 10:20am
- \*Tyke Boys [2008-2009] = ~1550m @ 10:40am
- \*Atoms Girls [2006-2007] = ~1950m @ 11:00am
- \*Atom Boys [2006-2007] = ~1950m @ 11:20am
- \*Senior Girls [2004-2005] = ~2920m @ 11:40pm
- \*Senior Boys [2004-2005] = ~2920m @ 12:00pm
- \*Awards handed out after each race as soon as results are posted

**Awards:**

Individual MTA Plaques will be awarded for the first 3 places with ribbons for 4th-8th place.

Team Medals will be given to the top-3 teams in each race. [3 to score, first 4 on each team will be given a medal.]

Additional medals may be purchased from the Meet Director.

**Entry Fees:**

MTA Registered Athletes = \$15 per athlete [plus \$1 MTA championship fee]

NO LATE REGISTRATION AFTER DEADLINE.

NO RACE DAY REGISTRATIONS WILL BE ACCEPTED.

**Registration:**

***“Eligibility: NOTE MTA BY-LAW 14: All Member Clubs must have their Athletes registered and the Annual Administration Fee paid as outlined in By-Law 11:1, which states ONE WEEK PRIOR TO A PROVINCIAL CHAMPIONSHIP EVENT (Monday October 22) Only duly paid up members of registered MTA clubs are therefore eligible to compete. Independent athletes should seek clubs in advance of this deadline. Athletes who have not met this requirement will not be allowed to compete.”***

Registration is online using [trackie.ca](http://trackie.ca)

**Deadline: 10:00pm, Wednesday, October 24th, 2018.**

Final Performance list will posted on Friday, October 26th, 2018 on our website at [www.georgianbaycoyotes.com](http://www.georgianbaycoyotes.com) and on [trackie.ca](http://trackie.ca)

**Payment:**

Pay online with [trackie.ca](http://trackie.ca)

**Waiver Forms:**

Waiver forms must be completed and submitted for each athlete or as an MTA POA Club Waiver. Athletes without waivers will not be allowed to compete.

**If you are having difficulty with registration please contact:**

**Alysha Stroud [assistant coach]**

**email: [a2stroud@gmail.com](mailto:a2stroud@gmail.com)**

**Souvenir Apparel:**

Long sleeve 100% cotton Tees available at race site. \$20. Cash or check only.

### **Free Parking AND Free Admission:**

- \*Limited parking along Aiken Street beside the track
- \*Immediately across the street at the Georgian Bay Athletic School
- \*St. Vincent-Euphrasia School on Grey Rd. 7- 600m walk
- \*Blue Dolphin Pool / skate board park on 57 Richmond St. - 600m walk across ball field, tennis courts and GBCS school parking lot
- \***Drop-off area** for athletes/tents @ track front entrance on Aiken St.

### **Race Kit Pick-up:**

The registration area is immediately inside the front gate off Aitken St. and to your right beside the white shed. Coaches must pick up their team packet at the registration area and take the entire packet.

Registration is open from 8:00am-11:30am.

Please present ALL waivers when you pick up your race kit.

### **Team Tent Set-up:**

All tents can be set up on the outside of the 400m track along the fence line of Aiken Street. Enter the main gate and turn left. Area will be clearly marked off.

### **Washroom facilities:**

4 port-a-potties will be set up inside the athletic field. Three will be immediately inside the entrance gate to the left and one will be at the start line designated for athletes only after they check-in for their race.

\*No changing facilities are available on-site.

### **Medical Tent:**

Will be at the finish line area.

### **Pre-Race Check-In Tent:**

Is inside the “athletes-only” section beside the start line. Your race will be announced on loud speaker for you to check in 20 minutes prior to your race. Proceed to this area until race time. It is a 5 second walk to the start line.

### **Start-Finish Area:**

This area is only for athletes/coaches and those who are involved with coordinating the race. It will be marked off and strictly enforced.

## **Results:**

The results tent will be at the “finish area”.

Results will be posted after each race on the white shed at the registration area outside the “athletes-only” section. After the race, results will be posted on our Coyote website and online at [trackie.ca](http://trackie.ca).

## **Food in Meaford:**

No food will be sold at the race site.

Tim Horton's, Subway, New Orleans Pizza, McDonald's are a 400m-600m walk away from the race site up hill.

Sizzl'in Restaurant and Amici Restaurant are also 400m walk up hill

Leeky Canoe Restaurant and other smaller restaurants are downtown, which are about 1.5km from the race site.

Valuemart Grocery store - 1km away - East on Highway #26.

## **Gas:**

**Esso** - 600m drive from the race site on Sykes St. S. - top of the hill

**Alex's Gas Bar** - 600m west of site at bottom of hill on Sykes St. S.

**Circle-K Convenience** - 1.5km west of race site on Sykes St. North

**Ultramar** - 2.5km west of race site on Sykes St. North

## **Directions:**

### **Coming north from Toronto from Hwy 401/410:**

Approximately 2hrs

\*Take Hwy 410 north toward Brampton / Mississauga

\*Continue onto Hwy 10 north past Orangeville to Shelburne

\*Turn left at lights onto Hwy 10/89 for ~ 5 minutes towards Main St.

\*Turn right at the lights in Shelburne onto Hwy 10 north.

\*Continue north on Hwy 89 for ~20-25 minutes to Flesherton.

\*Turn right / east at the only lights in Flesherton onto Grey Rd 4 [Collingwood St.]

\*Drive ~3km and turn left / east onto Grey Rd 13 towards Kimberley

\*At the bottom of the steep hill and the other end of Kimberley, turn left onto Grey Rd 7 [“4th-line”]

\*Drive ~20 minutes.

\*As you head down a steep hill, you will see Georgian Bay - “God's Country”. At the bottom of the hill you will have 1km to go. Drive past the small school [SVE] on your right. This is one of our parking

areas.

\*Drive to the traffic lights. - 400m straight ahead down the small hill.

\*Track is on your right.

\*Drive 100m further and turn right onto Eliza St. at GBCS. Parking is on your right.

### **Directions:**

#### **Coming north from Toronto from Hwy 401/400:**

Approximately 2hrs

\*Take Hwy 400 north towards Barrie

\*Take Exit 98 on right onto Bayfield St. / Hwy 26/27 West

\*Turn left onto Bayfield St. / Hwy 26/27 West towards Wasaga Beach/Stayner - [backroad short cuts are available if you know where you are going]

\*Travel East ~4km. You will head down steep hill and continue ~2km.

\*Turn left onto Hwy 26.

\*Drive ~30km into Stayner and turn right at a very busy intersection with lots of fast food restaurants. This is still Hwy 26 north.

\*Head towards Collingwood going through two round-a-bouts on the 2nd exit on each one.

\*Entering Collingwood, Toyota car dealership is on your right. Turn right onto Hwy 26 / Pretty River Parkway.

\*Pass through town ~5minutes. Lots of hotels and restaurants.

\*Turn right again onto Hwy 26 north and just keep-a-go'in' until you get to Meaford [30 minutes]

\*As you enter Meaford, you will see Value-mart on your right and a small school on your left....Overflow parking at the small school on left.

\*At the lights, turn right and head down the small hill ~ 300m. Track on right. Proceed one more block to Eliza St. [GBCS] and turn right.

**Accommodations:**

**In Meaford:**

\*Local motels are booked up with prior engagements

**Accommodations:**

**In Collingwood** - 30min drive east of Meaford on beautiful Georgian Bay  
**Blue Mountain Inn**

108 Jozo Weider, Blue Mountains, L9Y-3Y9

705-444-8279

free parking, free wi-fi, breakfast buffet, suites, fitness centre, pets allowed

4 star hotel / 3.5 star trip advisor

from \$142

**Blue Mountain Lodge**

209861 Hwy 26, Collingwood, L9Y-3Y9

705-444-0424 / 1-877-368-2583

4.5 star and 2018 certificate of excellence trip advisor

**Comfort Inn and Suites**

4 Balsam St, Collingwood, L9Y-3J4

888-734-8514

free wi-fi, free parking, indoor pool

4 star trip advisor

from \$117

**Days Inn and Suites Collingwood**

15 Cambridge, Collingwood, L9Y-0A2

705-444-1880 / 1-800-DAYS-INN

4 star trip advisor

Free Wi-Fi, Free Parking, Breakfast available, Fitness Centre, Indoor Pool, tennis courts

from \$135

**Georgian Bay Hotel and Conference Centre**

10 Vacation Inn

Collingwood, ON, L9Y-5G4

888-734-8514

3-star Resort with spa and outdoor pool

free cooked-to-order breakfast, free wi-fi, free parking, outdoor tennis courts

from \$188

**Holiday Inn Express & Suites**

4 Balsam St., Collingwood, L9Y-3J4

Heated Swim Pool, Express Start Breakfast, Bus Parking

Free Wi-Fi, Fitness Centre

705-444-7772 // 1-877-654-0228

3.5 star trip advisor

**Living Stone Golf Resort**

19 Keith Ave, Highway 26 West

Collingwood, ON, L9Y-4T9

705-445-6600 / 888-734-8514

3 of 5 star

Free WiFi, Free Parking, Breakfast Buffet, Indoor Pool, Restaurant  
from \$141

**Luxury Inn**

530 First St., Collingwood, L9Y-1C1

705-445-2061

Free Parking, Free wi-fi

4 star trip advisor

from \$110

**Mariner Motor Hotel**

305 Hume St, Collingwood, L9Y-1W2

705-445-3330

free wi-fi, free parking

3.5 star trip advisor

from \$99

**Millstone Motel**

327 First St., Collingwood, L9Y-1B3

705-445-1041

3.5 star trip advisor

from \$95

**Westin Trillium House**

229 Gord Canning Drive, Blue Mountains, L9Y-0V9  
705-443-8080 // 1-800-937-8461  
4.5 star and 2018 certificate of excellence trip advisor  
from \$258

**Accommodations:**

**In Owen Sound: - 30min drive west of Meaford**

**Best Western Inn on the Bay**

1800 2nd. Ave E., Owen Sound, N4K-2J7  
877-772-3297  
fitness centre, breakfast, hot tub  
4.5 star trip advisor - right beside the water

**Comfort Inn**

955 9th Ave E., Owen Sound, N4K-6N4  
519-371-5500  
3.5 star trip advisor

**Travelodge**

880 10th St. E., Owen Sound, N4K-1T4  
519-371-9297  
free parking, complementary deluxe continental breakfast, pet friendly  
3 star trip advisor

**Quality Inn**

950 6th St. E., Owen Sound, N4K-1H1  
226-909- 0669  
fitness room, hot tub  
3 star trip advisor



