



# THOROLD ELITE TRACK CLUB

## 2019 TEAM/CLUB ACTIVITIES



One of the things that sets us apart from many track clubs is that we participate in team activities to build **team spirit and bonding**. We encourage everyone to participate; however, these activities are optional and as such they require additional fees (*we do try to cover some of the costs through the club, however*).

There may be other activities added including one on the Friday PD Day in May and one over the Christmas holidays in December/January. Any input or suggestions are welcomed.

### CANADA'S WONDERLAND

**When:** Friday August 23, 2019

**Raindate:** Friday August 30, 2019

**Approximate Cost:** TBD (cost of group admission [likely \$36.99 + tax] + cost for bus)

**Note:** *If you have your own season pass you are also welcome to use that. You will be able to go to the main park or to Splash Works.*

### HAUNT MANOR

**When:** Friday October 18, 2019

**Raindate:** Sunday October 20, 2019

**Approximate Cost:** \$31 (*this is based on the 2018 group rate- it may change in 2019*) – a minimum of 15 athletes is required for this group rate

### MARCH BREAK TRAINING CAMP

**When:** Wednesday Mar 6 to Thursday Mar 14, 2019

**Approximate Cost:** \$1200

**Note:** *There are many fundraising opportunities available*

*Additional information is available from Coach Fife and the final cost of the trip will not be known until February 2019*

## Volunteer Opportunities

**Feel free to bring your parents, siblings, or friends to help! The more the merrier!**

### NIAGARA FALLS INTERNATIONAL MARATHON

**When:** Sunday October 20, 2019

**Approximate Number of Community Hours Earned:** 3-7

**Your role/ commitment:** Volunteers are required to help with set up and clean up of the water station, as well as passing out water to runners during the marathon. Volunteer in shifts or stay for the day! Please wear your singlet or club spirit wear.

### SANTA CLAUS PARADE(S)

**When:** November 2019 (Saturdays)

**Your role/ commitment:** We require athletes to help set up/ decorate our floats as well as a large show of support to be in the actual parade (*walking, riding the float, handing out candy canes, holding the banner, etc*). Both the Thorold and St. Catharines parades are possible but we will definitely participate in the Thorold parade. Number of hours earned will vary.