



2018 Cross Country Elementary Championship Super Meet

- DATE:** Saturday, October 20th, 2018
- PLACE:** Alex Robertson Park, 700 Sandy Beach Road, Pickering.
- COURSE WALK:** 9:30am
- FIRST EVENT:** Pee wee Boys & Girls start @ 10:30 am
- FACILITIES:** Course is mostly grass and, in a park, setting. Washrooms are available on site.
- ENTRY FEE:** \$15.00 per athlete. Registration is online using www.trackie.reg.
- DEADLINE:** All entries must be received by 11:59pm on Thursday, October 18th 2018. All Late entries will be \$20. Entries the day of the race will be accepted only up to 1 hour prior to the start of the meet.
- WAIVER:** Waiver forms must be filled-out and submitted by each athlete/parent/guardian, or a blanket waiver by power of attorney (list all athletes). Athletes will be asked to sign waiver forms in order to compete.
- INQUIRIES:** Randy Brookes @ 647- 297-2639 info@runnig4yourlife.ca
Cathy Barry @ 905-809-2885 cathy@runnig4yourlife.ca.
- AWARDS:** Ribbons will be given to top 8 finishers in each division.



SCHEDULE AND AGE DIVISIONS:

Race Time:	Age Group:	Distance:
10:30am	Peewee G/B (2012 +)	750m
10:45am	Mite Girls (2011/2010)	1000m
10:55am	Mite Boys (2011/2010)	1000m
11:05am	Tyke Girls (2009/2008)	1500m
11:15am	Tyke Boys (2009/2008)	1500m
11:30am	Atom Girls (2007/2006)	2000m
11:40am	Atom Boys (2007/2006)	2000m
11:50am	Senior Girls (2005/2004)	3000m
12:00pm	Senior Boys (2005/2004)	3000m

****Awards for each division will be done shortly after their races have been completed and results are posted.**



Running For Your Life / The Gazelles Cross Country Club

THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED BY PARENT

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the **ELEMENTARY CROSS COUNTRY CHAMPIONSHIP SUPER MEET** scheduled for **SATURDAY OCTOBER 20, 2018**.

I, for myself, my heirs, executors, administrators, successors, and assigns **HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:**

Running For Your Life Inc., The Gazelles Cross Country Club and the City of PICKERING.

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns **OF AND FROM ALL** claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property **HOWSOEVER CAUSED**, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise;; whether prior to, during or subsequent to the event **AND NOTWITHSTANDING** that the same may be the negligence of any of the aforesaid.

I **FURTHER HEREBY UNDERTAKE** to **HOLD AND SAVE HARMLESS** and **AGREE TO INDEMNIFY** all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above **WAIVER, RELEASE AND INDEMNITY**. I **WARRANT** that I am physically fit to participate in this event.

Print Name Date Signature of Athlete/Participant

Print Name Date Signature of Parent / Guardian (If under 18 years)