

#  1st Annual Leeds and Grenville Youth

#  XC Championships

##  Hosted by Brockville Legion Track and Field Club

## Date: Saturday October 27th, 2018

## Location: Memorial Park, Brockville

## First Event: U6 Boys/Girls 9:30 am

## Entry Fee: **$5** Registration is online at [www.trackie.reg/LGYXC](http://www.trackie.reg/LGYXC) or email brockvillelegiontrack@gmail.com Registration can be done and cash can be paid on day of arrival.

## Deadline: All entries must be received by 4:00pm on Friday October 26th. Late Entries will be accepted for $10. Entries will only be accepted up until 30 min before race time.

## Waiver: Waiver forms must be filled out and submitted by each athlete’s parent/guardian.

## Questions: Coach Laura Sivers brockvillelegiontrack@gmail.com

## Awards will be given to the top finishers in each race

## Schedule of events.

## 8:30: Registration table opens

## Ensure you register early to hand in waivers, pick up bib numbers and pay if needed.

## 9:30 - U6 Girls/Boys ~800m

## 9:45 – U8 Girls ~ 1km

## 10:00 – U8 Boys ~ 1km

## 10:15 – U10 Girls ~ 1.5 km

## 10:30 – U10 Boy ~ 1.5km

## 10:45 – U12 Girls ~ 2 km

## 11:05 – U12 Boys ~ 2km

## 11:20 – U14 Girls ~3km

## 11:45– U14 Boys ~ 3km

## Awards will presented after results are posted. This may take place between or during races. Please listen for announcements.

**BROCKVILLE LEGION TRACK AND FIELD**

**WAIVER AND RELEASE OF LIABILITY FORM**

**(ASSUMPTION OF RISK, RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT)**

***By signing this document you will waive certain legal rights, including the right to sue***

 **ASSUMPTION OF RISK**

1. I, the undersigned, wish to participate in **Track and Field**. I recognize and understand that **Track and Field**(hereinafter called **‘Track’**) involves certain risks. Those risks include, but are not limited to, the risk of injury resulting from possible malfunction of equipment used in Track and injuries resulting from tripping or falling over obstacles. In addition, I recognize that the exertion of Track could result in injury or death.
2. Despite these and other risks, and fully understanding such risks, I wish participate in Track and hereby assume the risks of Track. I also hereby hold harmless the 'Sponsors' and indemnify them against any or all claims, actions, suits, procedures, costs, expenses (including legal fees and expenses), damages and liabilities arising out of, connected with, or resulting from my participating in Track, including, without limitation, those resulting from the manufacture, selection, delivery, possession, use or operation of any and all equipment used in Track. I hereby release the Sponsors from any and all such liability, and I understand that this release shall be binding upon my estate, my heirs, my representatives and assigns. I hereby certify to the Sponsors that I am in good health and do not suffer from a heart condition or any other ailment which could be exacerbated by the exertion involved in participating in Track. I further certify that I am 18 years of age or older.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

In consideration of participating in Track, I hereby agree as follows:

1. **TO WAIVE ANY AND ALL CLAIMS** that I have, or may in the future have, against

**Brockville Legion Track Club City of Brockville**

their directors, officers, employees, agents and representatives (all of whom are hereinafter collectively referred to as ‘the Releasees’’);

1. **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, injury or expense that I may suffer, or that my next of kin may suffer as a result of my participation in Track due to any cause whatsoever**, INCLUDING NEGLIGENCE ON THE PART OF THE RELEASEES;**
2. **TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES** from any and all liability for any damage to property of, or personal injury to, any third party, resulting from my participation in Track;
3. That this Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators and assigns, in the event of my death.

**PLEASE READ CAREFULLY**

 **I HAVE READ AND UNDERSTOOD THIS AGREEMENT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES.**

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Participant name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Please print)

 Signature of parent or legal guardian \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_