

20th Annual **PEACE HILLS X-COUNTRY MEET**

Saturday September 15, 2018

Location: Peace Hills Park, Wetaskiwin, AB

Hosts: Spruce Ave JHS (Edmonton)

Awards:

- A race T-shirt to the top 6 finishers in each race
- Team medals and plaques
- Medals to 1st, 2nd, 3rd and ribbons 4 -10 & participants
- Overall plaques to top HS, JHS and Elementary
- Plaques to top guys and girls for combined teams
- **Record breakers 2/3 through HS Snr get \$25 gift cards!**
- **SPECIAL EVENTS FOR 20TH ANNIVERSARY!!**
- 20th Anniversary Celebration - 6 \$20 Sport Chek Gift Cards (3 for coaches, 3 for athletes)

Schedule of Events

Walk Throughs:

9:00 am – Elementary and Jr. High

11:20 am – High School Only

(Some races may begin before others are completed)

09:00 **Walk Through – Elementary and Jr. High (Please note Jr High walk through is NOW, NOT later)**

09:35 Grade 1 Boys – 1 km

09:45 Grade 1 Girls – 1 km

09:55 Grade 2 & 3 Boys – 1 km

10:15 Grade 2 & 3 Girls – 1 km

10:25 Grade 4 & 5 Boys – 2 km

10:40 Grade 4 & 5 Girls – 2 km

10:55 Grade 6 & 7 Boys – 3 km

11:20 Grade 6 & 7 Girls – 3 km

11:21 Walk Through – High School Only

11:40 Grade 8 & 9 Boys – 4 km

12:05 Grade 8 & 9 Girls – 3 km

12:25 HS Junior Men – 4 km

1:10 HS Junior Women – 4 km

1:35 HS Intermediate Men – 5 km

2:00 HS Intermediate Women – 5 km

2:25 HS Senior Men – 6 km **Open Men** 6 km - same time

2:40 HS Senior Women – 5 km **Open Women** 5 km - same time

Award presentations:

- All individual awards and race teams will be awarded 15 minutes after each race
- Over-all trophies at approx.:
 - 11:25 am Elementary
 - 12:15 am Junior High
 - 2:55 pm High School

Age groups:

- Grades as indicated
- HS Junior - under 16 as of September 1, 2018
- HS Intermediate - under 17 as of September 1, 2018
- HS Senior - under 19 as of September 1, 2018

Cost: \$10 per competitor

(Clubs - please enter athletes under school)

Make cheques payable to Peace Hills X-Country or see trackiereg below

**Deadline for entries is Wednesday September 12th by midnight,
post entries \$15.00 each**

We are pleased to announce that again this year our registration and timing will be handled by **Ellis Timing** and if you have ever stood in line trying to register you will be happy to know that on line registration and payment is now being handled by **Trackie Inc.** (See <http://www.ellistiming.ca/PeaceHills> for results from years)

Enter by going to <http://www.trackiereg.com/2018-PeaceHillsXC>

For more information please contact: Pete Wright at (780) 479-1860 or (780) 619-9690 (cell) or by email at peacehills.xcountry@gmail.com

Concession and portable washrooms on site.

**Long Sleeve Meet T-shirts available for pre-purchase for
\$30 each (Mens or Ladies please specify XS,S,M,L,XL)**

Order by emailing peterwright5@hotmail.com

by **September 5th** (e-transfers accepted)

Make sure you include size!

