



The University of New Brunswick and St. Thomas University are pleased to host:

2018 AUS/RESQ Interlock Saturday October 6th, 2018

Location: The course is situated at the highly-acclaimed **Odell Park**, renowned as one of the most beautiful parks in Canada. You can enter the park at the intersection of *Waggoners Lane* and *Rookwood Avenue* of Fredericton, New Brunswick.

Facilities: The Odell Park lodge will be available for changing and washroom facilities. Water will be made available but please make sure to have a refillable bottle.

Registration & Entries: Entries will take place on trackierereg.ca. The deadline for all registrations is 11:59pm (AST) on Wednesday October 3rd, 2018.

Packages will be organized by teams. Packages can be picked up by coaches or team reps upon arriving at the course.

NO WALK-UP REGISTRATIONS WILL BE ACCEPTED!

Entry Fees:

Individual entries \$20.00

Varsity team entry \$150.00 per gender

Distances & Start Times:

9:15AM	Jr. Reds Race – 1km – mixed (U12)
9:30AM	Jr. Reds Race – 2km – mixed (U14)
10:00AM	Open/HS Women – 4km
10:30AM	Open/HS Men- 4km
12:00PM	Varsity/Open Women – 6km
1:00PM	Varsity/Open Men – 8km

***All athletes must be at the start line 10 MINUTES prior to the start of the race.**

Results: Will be posted ASAP after each race at the lodge. Emailed results will be sent to all coaches within 2 hours of the men's race being completed. Paper results will NOT be guaranteed to each team. Results will also be posted online at ANB.ca and Trackie.ca.

Scratches: All scratches (male and female) are asked to be submitted to the timing crew by 11:30am! *If an athlete does not start or drops out of the race the athlete, coach, or member of the team is asked to inform the finish line immediately.

Awards: Ribbons will be presented to top 8 finishers as soon as the race is completed. Top men's and women's varsity teams will receive an award. Ribbons for both the Jr. Reds 2km & Open 4km races will be presented to top 8 at the finish line.

Medical: Student Trainers will be on site and ice will be made available. Nearest hospital is the Dr. Everett Chalmers Regional Hospital located at 700 Priestman St, Fredericton, E3B 5N5. Driving time is approximately 7 minutes from Odell Park.

Showers: Are available at UNB's LB Gym. The LB Gym is located at the bottom of the hill on Peter Kelly Drive. The address is 2 Peter Kelly Dr located on UNB campus.

General Inquiries: General inquiries can be sent to Chris Belof: chris.belof@unb.ca

Course: The course will be a 1.9km loop around Odell Park. The women's start line will be moved back 400m from the start/finish area to the lower right side of the map and completing 3 loops (totaling 6000m). The men's course start line will be moved back 400m from the start/finish area to the lower right side of the map and completing 4 loops (totaling 8000m). Juniors and Mixed Open will be moved 100m and 200m respectively.

Hotel: Rooms have been block booked at a discounted rate through the Fredericton Inn, under "UNB Cross Country meet". Please contact dbrewer@frederictoninn.nb.ca for more information. **Rooms will be held until September 5th.**

Fredericton Inn:

1315 Regent St, Fredericton, New Brunswick E3C 1A1, CA Tel. 1- 855-213-0582

