

2018 MILK Cross Country Challenge

Cross Country Challenge
Wednesday, September 26th, 2018
PROVINCIAL SCHOOL TEAM CHAMPIONSHIP
Kilcona Park/Harbourview Golf Club

Milk Every Moment



10:00 am	Grade 4 Girls	2km
10:30 am	Grade 4 Boys	2km
11:00 am	Grade 5 Girls	2km
11:30 am	Grade 5 Boys	2km
12:00 pm	Grade 6 Girls	2km
12:20 pm	Grade 6 Boys	2km
12:40 pm	Grade 7 Girls	2km
12:55 pm	Grade 7 Boys	2km
1:10 pm	Grade 8 Girls	2km
1:25 pm	Grade 8 Boys	2km
1:40 pm	Grade 9/10 Girls (JV)	3km
2:00 pm	Grade 9/10 Boys (JV)	4km
2:20 pm	Varsity Girls	4km
2:40 pm	Varsity Boys	5km

Races can run up to 15 minutes ahead so please arrange arrival times accordingly.

AWARDS

Banner for Top Team, (Male and Female) in each Grade

Top 10 athletes in each age category receive award ribbons.

All athletes receive a participation ribbon and a carton of chocolate milk.

ENTRY INFORMATION

Team Entries: A team will consist of a maximum of 6 and a minimum of 4 athletes of one gender with the best 4 performances counting in the team score. Athletes must belong to the same school. Entry fee of \$15.00 per team (per age group) to a maximum of \$150.00 per school. Individual entries \$10.00 per person. Cheques payable to Athletics Manitoba.

Entry Deadline: All entries must be completed either online through Trackie - www.trackiereg.com/2018-MilkXC or with an entry form template: [http://athleticsmanitoba.com/events/files/pdf/forms/18_MilkEntryForm_fillable\(2\).pdf](http://athleticsmanitoba.com/events/files/pdf/forms/18_MilkEntryForm_fillable(2).pdf) (send to programs@athleticsmanitoba.com) **No later than Tuesday, September 18th, 2019**

Changing and washroom facilities will be open for use at the Harbourview Club House. This meet is sanctioned by Athletics Manitoba and MHSAA and sponsored by Dairy Farmers of Manitoba.