NCCP Club Coach *for Women*

Led by Women, for Women

South Surrey

Coaches Week: Fri-Sun Sept 21-23 2018

Hosted by Ocean Athletics Track and Field Club, Presented by BC Athletics

Location: South Surrey Athletics Park, 2199 148 St, South Surrey

Club coach is an event specific course ideal for the school educator/coach, club coach or parent coaching intermediate level athletes 4-6 months of the year and would like to learn about a specific event group in further detail

Coaches can sign up for ONE event group: Sprints and Hurdles, Endurance, Jumps, OR Throws (including para)
If you have already taken Club Coach and would like to do another event you can sign up for JUST the technical events (All day Saturday and Sunday Morning)

Learning Facilitators: Brenda Van Tighem (Sprints,Hurdles); Elena Voloshin (Jumps); Lynn Kanuka (Endurance); Barb Vida (Throws)

Travel Grants: Travel Grants of up to $200.00 for up to 10 coaches are available for coaches travelling from outside of the lower mainland. All applicants must be BC Athletics coach members in good standing. Coaches can apply here: https://bit.ly/2KK236V

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Registration

Registration Fees (+GST):

	Full Course:	Just Technical
Early (Before Sept 3rd)	$135.00	-
Regular	$150.00	$75.00
Late (After Sept 26th)	$165.00	$82.50

Non-BCA Coach Members: Add $65 for membership fees*
* This course comes with a professional coaching designation from the Coaching Association of Canada and therefore all participants need to be Coach Members with BC Athletics. A $65.00+GST membership fee will be added to the cost of the course for non-BCA coach members.

Schedule

Friday 6pm – 9:30pm:
Long Term Athlete Development; Mental Prep; Nutrition

Saturday 8:30am – 4:30pm
Event specific skill technical modules
12:00 – 1:00pm: Lunch

Sunday 8:30am – 5:00 pm
8:30am – 12:00pm: Event Group Skill Analysis, and Strength
1:00 pm – 5:00 pm: General Strength; Seasonal Planning

Register via trackie.ca Here: https://bit.ly/2KKWO6B

*****Please come prepared to be active! Happy Learning!*****

For more information for this course and others, follow the link below or contact Jennifer Brown at Jennifer.brown@bcathletics.org
http://www.bcathletics.org/Education/Sub/upcoming-courses-pro-d-sessions/250/

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