

FLYING ANGELS COMMUNITY GAMES
TECHNICAL PACKAGE

Date: August 19, 2018

Location: Toronto Track & Field Centre
231 Ian MacDonald Blvd, Toronto, Ontario, Canada, M3J 3L

Meet Director: Earl Letford

Phone: (416) 562-0898

Email: track@flyingangels.ca

Entry Fees: \$10 per individual event / \$15 per relay

Complete all entries online at www.trackiereg.com/communitygames

Entry Deadline Wednesday, August 15, 2018 @ 11:59 pm

Late entries are not accepted

Pay online or make cheque payable to **Flying Angels Track Club**

Athletes are limited to four individual events

EVENTS OFFERED

Mite: 2010 & Younger

100m, 200m, 400m, 4x100
Long Jump, Shot Put

Tyke: Born 2008-2009

100m, 200m, 400m, 800m, 1200m, 4x100
Long Jump, High Jump, Shot Put

Atom: Born 2006-2007

100m, 200m, 400m, 800m, 1500m, 4x100
Long Jump, Triple Jump, High Jump, Shot Put

Senior: Born 2004-2005

100m, 200m, 400m, 800m, 1500m, 4x100, 4x400
Long Jump, Triple Jump, High Jump, Shot Put

Open: Born 2003 & Older

100m, 200m, 400m, 800m, 1500m, 4x100, 4x400
Long Jump, Triple Jump, High Jump, Shot Put

Parents & Coaches: Born 1988 & Older

100m, 4x100m

PACKET PICKUP

Coaches must pick up their team packet at the Registration Tent located at the south west entrance to the stadium.

SCHEDULE

A copy of the tentative schedule is attached. This is a rolling schedule. Events will begin after the previous event has been completed.

ATHLETE CHECK-IN PROCEDURE

Athletes must check in to the event when called.

AWARDS

This is a scoring meet. The Team with the most points in Individual events (does not include relays) will receive a the Team Challenge trophy

Medals will be presented to the first three finishers in each event.

Participant ribbon will be presented athletes who didn't win a medal in ANY event

ATHLETE ADVANCEMENT TO FINALS

The top 8 times from the qualifying round of the 100m will advance to the Finals.

DIRECTION TO TORONTO TRACK AND FIELD CENTRE

- Follow Highway 400 north to the Steeles Avenue exit.
- Go East (left) on Steeles, past Jane Street to the third set of lights.
- Turn right on Founders Road
- Take immediate first left entrance to parking lot.
- Follow the sidewalk west to the front of the Track and Field Centre.

PARKING

There is parking available just off of Founders Rd. Parking is \$5.

FURTHER INFORMATION

For further information, contact Earl Letford at **(416) 562-0898**

**2018 FLYING ANGELS COMMUNITY GAMES
SCHEDULE OF EVENTS**

9:45 AM - COACHES MEETING

	TRACK	PIT 1	PIT 2	HIGH JUMP	SHOT PUT
10:00 a.m	1200m / 1500m	Open Girls Long Jump	Open Boys Long Jump	All Girls	Mite Girls & Mite Boys
	100m Heats	Senior Girls Long Jump	Senior Boys Long Jump		Tyke Boys & Atom Boys
	400m Finals	Atom Girls Long Jump	Atom Boys Long Jump		Senior Boys & Open Boys
LUNCH BREAK					
1:30 p.m.	100m Finals	Mite Girls Long Jump	Mite Boys Long Jump	All Boys	Tyke Girls & Atom Girls
	800m Finals	Tyke Girls Long Jump	Tyke Boys Long Jump		Senior Girls & Open Girls
	200m Finals	All Girls Triple Jump	All Boys Triple Jump		
	4x100 Relay				
	4x400 Relay				

This is a Rolling Schedule. Events will begin at the conclusion of the previous event.

SANCTIONED AND REQUIRED BY:

ATHLETICS ONTARIO

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2018 Flying Angels Community Games Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario
Flying Angels Youth Organization of Ontario
City of Toronto
Toronto Track & Field Centre
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____ Date	_____ Print Name	_____ Signature (If under 18, parent or guardian or Power of Attorney to sign below.)
---------------	---------------------	--

_____ Date	_____ Print Name	_____ Signature of Legal Guardian
---------------	---------------------	--------------------------------------