



# 2018 Sherwood Park Track Classic

U20 & Senior Provincial Championships

2018 Western Canadian U16 & U18 Tri Prov Championships

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July 27-29, 2018 ▪ Strathcona Athletic Park, Sherwood Park

Hosted By:

**The Sherwood Park Track Classic Organizing Committee**

*Which is comprised of members from the community of Sherwood Park and Capital City Track Club.*

**Sanctioned by: Athletics Alberta**

- Last chance to tune up for the Legion National Championships
  - Last Open Club Meet of the summer!
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## Location & Facility

Location:	Strathcona Athletic Park 1100 Clover Bar Road, Sherwood Park, AB <i>(Site of the 2007 Western Canada Summer Games; Adjacent to Bev Facey Community High School)</i>
Facility Specs:	8 lane Versaturf track (recommended maximum spike length is 7mm for track); Versaturf runways for all jumps and javelin; Cement circles for shot put, discus, & hammer
Photo Timing System:	Finish Lynx

## Meet Enquiries

If you have any questions or inquiries to the Sherwood Park Track Classic, please contact Rob Fisher at (780) 975-2847 or [robfisher004@gmail.com](mailto:robfisher004@gmail.com)

## Local Hotels

- ▣ There are many local options for hotels, please see our website for more information.

## Registration Package

Registration packages will be available at the Technical Information Centre beginning at 3:30pm on Friday, July 27<sup>th</sup>, 2018.

## Entry Deadline

- ▣ Entries must be received by **Monday, July 23<sup>rd</sup> at 12:00pm (noon)**.
- ▣ Entries submitted after Monday July 23<sup>rd</sup> will be charged double.

- ▶ Scratches after **Tuesday, July 24<sup>th</sup> at 12:00pm (noon)** will still be charged.
- ▶ Anyone attempting entry by by-passing the Trackie System may not have their entries accepted and/or be charged a manual entry fee.

## **Entry Fees**

Athlete Registration	Fee:	\$5.00
Provincial Championship	Fee:	\$3.00
Individual Events	Entry Fee:	\$20.00
Tyke, PeeWee & Bantam	Entry Fee:	\$5.00 Per Event
Relays & Combined Events	Entry Fee:	\$30.00

- ▶ Trackie Reg is the only method of entry: [www.trackiereg.com/2018SPTC](http://www.trackiereg.com/2018SPTC)
- ▶ A separate private registration link will be provided for the Tri Prov teams through Branch communications.
- ▶ **All seeds must be verifiable in the Athletics Alberta rankings for championship events and the HOC reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.**
- ▶ Payment of entry fees must be made before competition numbers will be released.
- ▶ **Final Meet Schedule will be available on the Sherwood Park Track Classic website by Wednesday July 25<sup>th</sup>, 2018.**

## **Eligibility**

- ▶ All athletes entering the Western Canadian Tri Prov Championships, Alberta Provincial Track & Field Championships & Alberta Provincial Track & Field Club Championships must be registered members of Athletics Alberta.
- ▶ Out of province athletes must be registered with their respective Provincial Athletics Association. Out of province athletes will not be eligible for Provincial medals but will however receive meet medals. There may be a restriction on the number of non-Alberta athletes in a provincial final. A and B Finals will be offered if applicable.
- ▶ Day of the Meet membership is not available, please contact Athletics Alberta for more information on membership options.

## **Western Canadian Tri Prov Competition**

- ▶ The tri prov teams will compete in their own competitions unless the number of open U16 and U18 entrants is significantly low and does not impact overall tri prov competition.
- ▶ In such a case where they are combined, open U16 and U18 athletes cannot win a tri prov medal, cannot compete in the A final and a B final will be offered, and cannot displace a tri prov athlete from the final of a field event but will be allowed to have their 6 total jumps if they were in the top 8 after the first 3 rounds.
- ▶ It is the responsibility of the Open U16 & U18 athletes to pay attention to potential schedule changes and event day changes if their event ends up being combined with the Tri Prov group.

## **Age categories offered:**

*Tyke* – born 2009 or later, *Peewee* – born 2007-2008, *Bantam* – born 2005-2006, *U16* – born 2003-2004, *U18* – born 2001-2002, *U20* – born 1999-2000, *Senior* – born 1998-1984, *Masters* – Born 1983 or earlier

### **Pee Wee / Bantam Multi event format:**

Boys and Girls Tyke Saturday: 60m, Long Jump, 150m  
 Boys and Girls Tyke Sunday: 100m, Shot Put, 600m  
 Boys and Girls Peewee Saturday: 60m, Long Jump, Shot Put, 150m  
 Boys and Girls Peewee Sunday: 100m, High Jump, Discus Throw, 600m  
 Boys and Girls Bantam Saturday: 80m, High Jump, Discus Throw, 80m Hurdles (27")  
 Boys and Girls Bantam Sunday: 100m, Long Jump, Shot Put, 600m

### **Modified Rules for Tyke & Pee Wee Long Jump**

Pee Wee athletes will have a 1m take-off area and the officials will judge the take-off spot accordingly and measure. Bantams will use a regular take off board. For the competition, all jumpers will have 3 attempts. The Chief of the field event has the right to allow longer than 30 seconds per attempt if it is clear the athlete is not attempting a deliberate delay.

### **Modified Rules for Pee Wee & Bantam High Jump**

Three successive failures will eliminate the jumper from further competition.

**Pee Wee:** Starting height of 0.70m, increments of 10cm until a height of 1.00m, increments of 5cm thereafter.

**Bantam:** Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter.

The Chief of the field event has the right to allow longer than 30 seconds per attempt if it is clear the athlete is not attempting a deliberate delay.

### **Modified Rules for Tyke, Pee Wee & Bantam Throws**

Each competitor will only receive 3 attempts for all throwing events. The Chief of the field event has the right to allow longer than 30 seconds per attempt if it is clear the athlete is not attempting a deliberate delay.

## **Awards**

- ▶ All medals will be awarded at medal ceremonies as soon as results are available.
- ▶ U16 & U18 Tri Prov: Gold, Silver, and Bronze Championship medals will be awarded to the top 3 finishers
- ▶ U20 & Senior Events: Gold, Silver, and Bronze Provincial medals will be issued for top 3 finishers. If a non-Albertan places they will receive a meet medal.
- ▶ For all other events U16 and older: Gold, Silver, and Bronze meet medals will be awarded
- ▶ For Tyke, Peewee & Bantam Events, all athletes will receive certificates with name, results, and final placing listed, top 3 total point scorers will receive meet medals.
- ▶ Any athlete who breaks a Sherwood Park Track Classic Meet Record will receive a free Record Breaker T Shirt. Limit of one T shirt per athlete per year. This includes Tri Prov team members.

## **Marshalling Procedure** – Please Make Note of Check in Times!

- ▶ For track events athletes must check in at the marshalling table **45 minutes** before scheduled start time.
- ▶ At this time heats and sections may be reduced or combined based upon checked in athletes.
- ▶ Track athletes will then report back to marshalling table to receive hip number **30 minutes** before scheduled start time.
- ▶ Track athletes will meet the start line marshal **10 minutes** before scheduled start time at their events start line.
- ▶ For field events athletes will check in at the event site at least **20 minutes** before scheduled event start time.

## **Equipment**

- ▶ Starting blocks will be provided and must be utilized for all events of 400m or less (with the exception that starting blocks will not be used by Tykes, Peeweese or Bantams and are optional for Masters only events).
- ▶ Throwing implements will be provided. Pole-vaulters must provide personal poles and vault will have a minimum starting height of 2.15m
- ▶ Personal implements must be certified by the equipment manager (provided by the organizing committee) before they will be permitted for use during the competition. This may be done at the equipment shed up until **1 hour** before the scheduled start time of their event.

## 2018 Sherwood Park Track Classic – Events Offered

Event	Masters Women	Masters Men	Senior Women	Senior Men	U20 Women	U20 Men	U18 Women	U18 Men	U16 Girls	U16 Boys	Bantam Girls	Bantam Boys	Peewee Girls	Peewee Boys	Tyke Girls	Tyke Boys
60m													✓	✓	✓	✓
80m											✓	✓				
100m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
150m													✓	✓	✓	✓
200m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
300m									✓	✓						
400m	✓	✓	✓	✓	✓	✓	✓	✓								
600m											✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
1200m									✓	✓						
1500m	✓	✓	✓	✓	✓	✓	✓	✓								
2000m									✓	✓						
3000m	✓	✓					✓	✓								
5000m			✓	✓	✓	✓										
Sprint Hurdles *	✓ ACS	✓ ACS	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 80m	✓ 100m	✓ 80m	✓ 80m				
Intermediate Hurdles	✓ ACS	✓ ACS	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 200m	✓ 200m						
Steeplechase	✓ ACS	✓ ACS	✓ 3000m	✓ 3000m	✓ 2000m	✓ 3000m	✓ 2000m	✓ 2000m	✓ 1500m	✓ 1500m						
Race Walk	✓ ACS	✓ ACS	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 3000m	✓ 1500m	✓ 1500m						
High Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Pole Vault	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Shot Put	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg	✓ 3kg	✓ 3kg	✓ 2kg	✓ 2kg	✓ 2kg	✓ 2kg
Javelin	✓ ACS	✓ ACS	✓ 600g	✓ 800g	✓ 600g	✓ 800g	✓ 500g	✓ 700g	✓ 500g	✓ 600g						
Discus	✓ ACS	✓ ACS	✓ 1kg	✓ 2kg	✓ 1kg	✓ 1.75kg	✓ 1kg	✓ 1.5kg	✓ 1kg	✓ 1kg	✓ 750g	✓ 750g	✓ 750g	✓ 750g		
Hammer	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg						
Combined Events			✓	✓	✓	✓										
4x100m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4x400m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
											Sat Events	Sun Events	Sat Events	Sun Events	Sat Events	Sun Events

**\* Note: A/B finals will be run where possible and if there are less than 8 entries athletes should be prepared to still run a heat and a final for these events if time permits. Applies to age class events, not Tyke, Pee Wee, Bantam or Master Events.**

## Tentative Track Schedule

- **Please note:** all events run 'youngest to oldest' – 'girls then boys' unless otherwise specified. U16, U18 include Tri Prov Unless otherwise specified.

<b>Friday July 27<sup>th</sup> Evening Session</b>	<b>Saturday, July 28<sup>th</sup> Morning Session</b>	<b>Sunday, July 29<sup>th</sup> Morning Session</b>
5:00pm 4x100m Relay Tri Prov	9:00am 60m Timed Finals Tyke & PW	9:00am 100m TF Tyke, PW & Ban
400m TF U20, Sr, Masters	80m Timed Finals Bantam	Dec Hurdles
2000m Finals U16	Sprint Hurdle Heats	200m Heats Tri Prov
3000m Finals U18, Masters	U20/Senior Men Steeplechase	U16/U18 Steeplechase
Medley Relay Midget Tri Prov	80m Hurdles TF Bantam	U20/Senior Women SC
		5000m Finals U20, Senior
4x400m Relay U18 Tri Prov	Sprint Hurdle Finals	800m TF
	100m Heats	200m Finals Tri Prov
	150m Timed Finals Tyke & PW	200m Heats Age Class
8:00pm End of Competition		Intermediate Hurdles TF
	<b>Afternoon session</b>	<b>Afternoon session</b>
	100m Finals	1:30pm 600m TF Tyke, PW & Ban
	1200m Finals U16	1500m and 3000m Race Walk
	1500m Finals	200m Finals Age Class
	300m/400m TF U16, U18	4x400m Relay Age Class
	4x100m Relay Age Class	CE throughout the day
	CE throughout the day	
	6:00pm End of Competition	5:00pm End of Competition

## **Tentative Field Event Days**

<b>Friday, July 27<sup>th</sup> Evening Session</b>	<b>Saturday, July 28<sup>th</sup> Morning Session</b>	<b>Sunday, July 29<sup>th</sup> Morning Session</b>
Long Jump Tri Prov	Tyke Long Jump	Tyke Shot Put
Discus Women Tri Prov	PW Long Jump	PW High Jump
Javelin Men Tri Prov	PW Shot Put	PW Discus Throw
	Ban High Jump	Ban Long Jump
Note: Hammer/Discus	Ban Discus Throw	Ban Shot Put
Practice cage will be open	High Jump	Pole Vault Women
	Triple Jump	Long Jump Age Class
	Shot Put Men	Discus Men Tri Prov
	Javelin Women	Shot Put Women
	Hammer Throw Women	Javelin Men Age Class
	<b>Afternoon session</b>	<b>Afternoon session</b>
	High Jump	Long Jump Age Class
	Triple Jump	Pole Vault Men
	Javelin Women	Shot Put Women
	Shot Put Men	Discus Age Class (All Day)
	Hammer Throw Men	Javelin Men Age Class
	CE throughout the day	CE throughout the day

The age categories for field events will be filled in once numbers of participants and officials are known and may be combined with other age groups. If numbers become too large for single days of competition for each field event, then some events may be expanded to both days.