



ATHLETICS / ATHLÉTISME

**TRACK & FIELD  
2018 YOUTH PROGRAM  
FOR AGES 6 THROUGH 11**

**WINTER I PROGRAM**

OCTOBER 23<sup>RD</sup> – DECEMBER 15<sup>TH</sup>

\*no practice Wednesday, October 31<sup>st</sup> due to Halloween\*

**CANDY CANE RELAYS DECEMBER 15<sup>TH</sup>**

\*OPEN COMPETITION TO ALL LION ATHLETES 16 & UNDER

ENTRY DETAILS TO COME\*

Blackburn Hamlet (Louis-Riel Dome): October 29<sup>th</sup> – December 15<sup>th</sup>

Barrhaven (Ottawa Christian School) & Russell (High School&Sports Dome): October 23<sup>rd</sup> – December 13<sup>th</sup>

**REGISTRATION INFORMATION**

The Winter I program is held at THREE locations. Louis-Riel Dome (1659 Bearbrook Road, Ottawa ON, K1B 4N3). Barrhaven - Ottawa Christian School (255 Tartan Drive, Nepean ON, K2J 3T1) and in Russell (alternating between High School [982 N Russell Road, Russell ON, K4R 1G7] and the Sports Dome [150 Sportsplex, Embrun ON, K0A 1W1]).

During registration, please indicate the day and time slot (if multiple are offered) in which your child will be attending.

| Blackburn Hamlet |                | Barrhaven |               | Russell  |               |
|------------------|----------------|-----------|---------------|----------|---------------|
| Monday           | 6:00pm-7:30pm  | Tuesday   | 6:00pm-7:30pm | Tuesday  | 5:30pm-7:00pm |
| Wednesday        | 6:30pm-8:00pm  | Thursday  | 6:00pm-7:30pm | Thursday | 5:30pm-7:00pm |
| Saturday         | 8:30am-10:00am |           |               |          |               |

**Fees:**

**1 practice / week: \$200**

**2 practices / week: \$350**

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash, e-transfer or credit cards (Visa & MC only) accepted
- T.I.P. cards & scholarships must be presented at a practice to redeem.

**REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.**

**For more information:**

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Website: [www.ottawalions.com](http://www.ottawalions.com)