



ATHLETICS / ATHLÉTISME

**TRACK & FIELD
2018 YOUTH PROGRAM
FOR AGES 6 THROUGH 11**

**FALL POWER SPEED PROGRAM
SEPTEMBER 8TH – OCTOBER 20TH
NO SESSION ON SATURDAY OCTOBER 13TH DUE
TO THE CAPITAL XC CHALLENGE**

REGISTRATION INFORMATION

The Fall PS program is offered five times per week at the Terry Fox Athletic Facility in Mooney’s Bay Park (2960 Riverside Drive) and once a week at Russell High School (982 N Russell Road).

During registration, please indicate the day and time slot (if multiple are offered) in which your child will be attending.

TERRY FOX ATHLETIC FACILITY		RUSSELL HIGH SCHOOL	
TUESDAY	6:00PM-7:30PM	TUESDAY	5:30PM-7:00PM
WEDNESDAY	6:00PM-7:30PM		
THURSDAY	6:00PM-7:30PM	THURSDAY	5:30PM-7:00PM
SATURDAY	9:00AM-10:30AM		

Fees:

- 1 practice / week: \$135 2 practices / week: \$250

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash, e-transfer or credit cards (Visa & MC only) accepted
- T.I.P. cards & scholarships must be presented at a practice to redeem.

REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.

For more information:

Telephone: 613-247-4886

Email: info@ottawalions.com

Website: www.ottawalions.com