

Athletics NS Provincial Chamionships
Saturday July 14th - Pioneer Coal Athletics Field



Time	Track	Entries	Heats	Round	Field Events			Entries
1:00	80mH F – Midget 30"	5	1	Prelims	1:00	Hammer	Male	9
1:05	100mH F – Youth/Senior 30-33"	4+1	1	Prelims	1:00	High Jump	Male	16
1:10	100mH M- Midget 33"	2	1	Prelims	1:00	Long Jump - Bantam, Midget, Master	Female	16
1:20	110mH M- Youth/Junior/Master 36-39"	3+2+1	1	Prelims	2:30	Long Jump - Youth, Junior, Senior	Female	20
1:25	80mH F/M – Bantam/Masters 30"	1+1	1	Finals	2:00	Shot Put	Female	16
1:35	80mH F – Midget 30"	5	1	Finals	3:00	Shot Put - Masters	Male/Female	21
1:40	100mH F – Youth/Senior 30-33"	4+1	1	Finals	4:00	High Jump	Female	12
1:50	100mH M- Midget 33"	2	1	Finals	4:30	Long Jump - Midget, Youth, Master	Male	16
1:55	110mH M- Youth/Junior/Master 36-39"	3+2+1	1	Finals	6:00	Long Jump - Junior, Senior	Male	12
2:05	80mH F/M – Bantam/Masters 27"-30"	1+1	1	Finals	4:30	Shot Put	Male	12
2:10	400m F Youth	5	1	Finals	4:00	Javelin	Female	19
2:15	400m F Jun, Sen, Mas.	15	2	Finals	5:30	Hammer	Female	9
2:20	400m M Youth, Jun	7	1	Finals				
2:25	400m M Sen, Mas.	11	1	Finals				
2:35	300m F – Midget	4	1	Finals				
2:40	300m M - Midget	3	1	Finals				
2:50	100m F – All	28	4	Prelims				
3:10	100m M – All	22	3	Prelims				
3:25	100m M/F - Masters	11	2	Prelims				
3:35	800m F – All	15	2	Finals				
3:45	800m M – All	20	2	Finals				
4:00	Track Break							
4:20	80m F/M – Bantam	12	2	Finals				
4:30	100m F – Midget	7	1	Finals				
4:35	100m F - Youth	6	1	Finals				
4:40	100m F - Junior	3	1	Finals				
4:45	100m F - Senior	8	1	Finals				
4:50	100m M – Midget	3	1	Finals				
4:55	100m M - Youth/Junior	5+2	1	Finals				
5:00	100m M – Senior	8	1	Finals				
5:05	100m M/F - Masters	11	2	Finals				
5:15	2000m F/M – Midget	5+4	1	Finals				
5:30	3000m F – All	8	1	Finals				
5:45	3000m M - All	9	1	Finals				
6:00	5000m M/F - Junior/Master	1+2	1	Finals				
6:25	4 x 100 relay – F All	6	1	Finals				
6:35	4 x 100 relay – M All	5	1	Finals				

Athletics NS Provincial Chamionships
Sunday July 15th - Pioneer Coal Athletics Field

Time	Track	Entries		Round	Field Events			Entries
9:00	1500m SC – M/F Midget	2+2	1	Finals	9:00	Javelin - Bantam, Midget, Youth	Male	8
9:10	2000m SC-F-Youth/Master/M- Masters	1+1+1	1	Finals	9:45	Javelin - Junior, Senior, Masters	Male	15
9:30	2000m SC-M-Youth	1	1	Finals	10:00	Triple Jump	Male	11
9:45	60m F RJT (1)	14	2	Multi	11:00	Discus	Female	12
9:55	60m M RJT (1)	17	3	Multi	11:30	Triple Jump	Female	17
10:10	200m F- Mid,Yth,Jun	16	2	Prelims	12:00	Discus	Male	18
10:20	200m M – Mid,Yth,Jun,Sen,Mas	15	2	Prelims	10:15	Long Jump - RJTW	M/F	31
10:30	1500m F-Youth,Jun.,Sen.	10	1	Finals	10:45	Shot Put - RJTW	M/F	31
10:40	1500m M-Youth,Jun.,Sen.	12	1	Finals				
10:50	1200m F - Bantam/Midget	9	1	Finals				
11:00	1200m M - Bantam/Midget	5	1	Finals				
11:10	150m F/M – Bantam	9	2	Finals				
11:20	200m F – Midget	8	1	Finals				
11:25	200m F – Youth/Junior	4+4	1	Finals				
11:30	200m M – Midget	2	1	Finals				
11:35	200m M – Youth/Junior	4+3	1	Finals				
11:40	200m M – Senior/Master	3+3	1	Finals				
11:45	600m F - RJT (4)	14	1	Multi				
11:55	600m M - RJT (4)	17	1	Multi				
12:05	200mh F – Midget 30"	1	1	Finals				
12:15	300mh - F - Masters 27"	1	1	Finals				
12:25	400mh F/M - Youth, 30-33"	1+1	1	Finals				
12:35	4 x 400 relay – F All	6	1	Finals				
12:45	4 x 400 relay – M All	3	1	Finals				