

## REGISTRATION—ONLINE ONLY

Go to:

[www.TrackieReg.com/2018-AlbertaRacewalk](http://www.TrackieReg.com/2018-AlbertaRacewalk)

**Please note:** registration and payment will only be available online until September 5, 2018. No race day registrations will be accepted.

Hosted by the



# 2018 Alberta Provincial Racewalk Championship

Saturday, September 8, 2018

Hawrelak Park, Edmonton, Alberta

## Athletics Alberta Sanctioned - 20K, 10K, 5K Road Races 5K Powerwalk Event (not judged)

### RACE TIMES

20 Km Racewalk — 9:00 am  
10 Km Racewalk — 9:00 am  
5 Km Racewalk — 10:00 am  
5 Km Powerwalk — 9:15 am

### RACE NUMBER PICKUP

Race number pickup will be on race day at Picnic Shelter #2 (by Foot Bridge), Hawrelak Park, starting at **8:00 am**. (Shelter #2 is approximately  $\frac{3}{4}$  way around the park).

### AWARDS

Registration with Athletics Alberta required for Provincial Championship awards, records and rankings. ERC awards to 1st, 2nd and 3rd place finishers in each category.

### AWARDS PRESENTATION

At Picnic Shelter #2, Hawrelak Park, after completion of the last race. Family and friends are invited to join. Refreshments and snacks will be provided.

### COURSE

A certified 1.25 km loop through Hawrelak Park. The course has a good surface that is virtually flat.

### WATER, WASHROOMS

There will be one water station on the course. Washroom facilities are available near the start line.

### MEDICAL

First aid and medical assistance will be available on site.