Launchers Twilight Meet Monday July 23, 2018

Rain Date: Wednesday July 25



The Launchers Athletics Club will be hosting its last throwing event of the season at the Launch Pad in Port Williams.

NEW!! All Throwers will get (4) throws only.

The rationale for the (4) trial competition is;

- 1. To make sure we can fit in all three events for the evening program.
- 2. To better prepare our throwers for major competitions. To manage their throws series better in order to qualify for top 8.

Maximum of 12 (males, females all age groups combined) per event.

Schedule - Changed

Javelin – 6pm

Shot Put – Following Javelin (est. 6:45pm)

Discus – Following Shot Put (est.- 7:30pm)

Registration Fee

\$20 per athlete.

Questions: Contact Steve Wohlmuth at launchers_canada@yahoo.com