

**YUTC Twilight # 6**

**TRACK**

6:00pm Sprint Hurdles (all ages)

200m

Intermediate Hurdles (200mh/400mh)

800m

200m final

3000m

**FIELD**

6:00pm Long Jump

6:00pm Pole Vault (women then men)

6:00pm Shot Put

6:00pm Javelin

Discus (to follow Javelin)