**Pearlgate Twilight Meet Information**

**Start Time:** 6:30 (High jump will start at 6:00)

**Events:** Please see event list below

**Event Entries:** Each athlete can register in up to 3 events per meet

**Registration:** Registration MUST be completed online, there will be no on-site registration.

**Cost:** The cost is $10 per athlete. Athletes must be members of the NLAA, and if not will be required to pay a $1 one-day registration fee. The $10 fee is waived for athletes with a FULL-YEAR Pearlgate membership.

**Schedule:** The schedule of events will be sent to all registrants once meet registration has closed.

**Marshalling:** There will be no marshalling prior to events, but athletes should arrive at least 30 minutes before their first event in the case the events start earlier than scheduled.

**Scoring:** Points will be awarded to the top 8 finishers in each age category as follows:

* 1st place: 8 pts
* 2nd place: 7 pts
* 3rd place: 6 pts
* 4th place: 5 pts
* 5th place: 4 pts
* 6th place: 3 pts
* 7th place: 2 pts
* 8th place: 1 pt

**Awards:** The top three scorers in each age category who have participated in 3 or

more meets and are members of Pearlgate will receive an award at the end of the season.

**Questions:** Please contact Gerard Power ([gerardp18@hotmail.com)](mailto:gerardp18@hotmail.com)) with any questions.

Meet #1 (May 16)

* Sprint: 200m+WC
* MD: 1200/1500m
* Hurdles: 300/400m
* Jump: M-HJ/W-LJ/M-TJ\*\*
* Throw: Discus

Meet #2 (May 30)

* Sprint: 100m+WC
* MD: 800m + 1000m Steeplechase
* Hurdles: 80/100/110m
* Jump: M-LJ/W-HJ/W-TJ\*\*
* Throw: Shot put/Hammer\*

Meet #3 (June 13)

* Sprint: 300/400m+WC
* MD: 2000/3000/5000m
* Jump: M-HJ/W-LJ/M-TJ\*\*
* Throw: Javelin

Meet #4 (June 27)

* Sprint: 200m+WC
* MD: 1200/1500m
* Hurdles: 300/400m
* Jump: M-LJ/W-HJ/W-TJ\*\*
* Throw: Discus

Meet #5 (July 11)

* Sprint: 100m+WC
* MD: 800m + 2000m Steeplechase
* Hurdles: 80/100/110m
* Jump: M-HJ/ W-LJ/M-TJ\*\*
* Throw: Shot put/ Hammer\*

Meet #6 (July 25)

* Sprint: 300/400m+WC
* MD: 2000/3000/5000m
* Jump: M-LJ/W-HJ/W-TJ\*\*
* Throw: Javelin

\* Hammer throw upon request for trained athletes only

\*\* Triple Jump upon request for trained athletes only