

# SHAHPH PUMA SPORTS CLUB PRESENTS



Phone: 647-830-4663

[www.shahphpuma.com](http://www.shahphpuma.com);



<http://www.facebook.com/PumaSportsClub>

## PUMA'S 1<sup>ST</sup> ANNUAL PROVINCIAL TRACK & FIELD MEET

**DATE:** Saturday, July 21<sup>st</sup>, 2018

**TIME:** 9:00 a.m.

**PLACE:** Terry Fox Stadium, Chinguacousy Park,  
9050 Bramalea Road, Brampton, Ontario, L6S 6G7

**FACILITIES:** Standard outdoor Polytan M 400-metre 8-lane track, spectator seating,  
Daktronics video display and scoring system, warm up areas, 2 Long/Triple  
Jump pits, paved throwing circles, washrooms

**SANCTIONED BY:** Minor Track Association (MTA) of Ontario



**COMPETITION DIRECTOR:** Mathi Mahalingam

[Mathi\\_m@hotmail.com](mailto:Mathi_m@hotmail.com), Cell – 647-830-4663

**ENTRIES CHAIRPERSON:** Suzanne Leroux

**PEEWEE:** Athletes born in 2013 and 2012

100m, Long Jump, Shot Put??

**MITES:** Athletes born in 2011 and 2019

100m, 200m, 400m, 60m hurdles(12”), Long Jump, Shot put(1.5Kg)  
Relay 4 x 100

**TYKES:** Athletes born in 2009 and 2008

100m, 200m, 400m, 800m, **1200m**, 60m hurdles (18”), Long Jump, Shot Put  
(2.0Kg), Relay 4 x 100

**ATOMS:** Athletes born in 2007 and 2006

100m, 200m, 400m, 800m, **1200m**, 60m hurdles(24”), Long Jump, Shot Put  
(2.73Kg), Relay 4 x 100

**SENIORS:** Athletes born in 2005 and 2004

100 m, 200 m, 400 m, 800 m, 1200m, 60m hurdles(27”), Long Jump, Shot Put  
3.0Kg, Relay 4 x 100

## ENTRY FEES:

Individual events: \$10.00 per event;

Relays: \$20.00 per team per event

**NOTE:** \$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes.  
(Gives all day coverage at Track Meet venue)

## DEADLINE: Deadline for entries is Wednesday midnight, July 18th, 2018

Late entries, after deadline, will be accepted until noon on Friday, July 20, 2018

\$20 per event, \$30 per relay team

**ENTRIES WILL NOT BE ACCEPTED ON RACE DAY**

**PAYMENT:** Make cheques payable to “Shahph Puma Sports Club”.

**ENTRIES FORMAT:** 1. Online registration use [www.trackiereg.com](http://www.trackiereg.com)  
2. Use the Excel spreadsheets and Email to Earl Letford at [fstiming@hotmail.com](mailto:fstiming@hotmail.com)

## AWARDS:

**Medals:** Medals will be awarded to the first three places in all events

**Ribbons:** Ribbons will be awarded to the 4<sup>th</sup> to 8<sup>th</sup> places.

**Trophies:** Trophies will be award to divisional champions for height points in boys and girls divisions



- NOTES:**
1. Athletes may only compete in **three** events of which only **two** can be track events (relays not included).
  2. Age classification as of **December 31, 2018**
  3. Waiver forms must be filled-out and submitted by **each** athlete or a blanket waiver by coach with power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete.  
**NOTE:** supply on event day.
  4. Events with less than **five** athletes **may** be combined with another age group.
  5. Athletes may move up **one** age group if an event is not offered in their own age category.

6. Starting blocks for Atoms and seniors only.
7. Champion trophy will be awarded at the end of the meet following relays, since we need to wait till the last event to be completed

## **MEET SCHEDULE**

The Meet will be conducted based on a *“rolling” schedule*. However, the order of events as listed in the schedule will be maintained unless otherwise informed.

## **RACE KITS:**

Athletes can pick up their race kits on site starting at 8:00 a.m. on meet day, Saturday, July 21, 2018.

## **MARSHALLING:**

**Track:** Athletes are to report to the start line.

**Field:** athletes are to report to event site when called.

## **EQUIPMENT:**

Starting blocks will be provided for Atom & Seniors only.

Throwing implements are provided. Personal implements are allowed but must be weighed prior to competition. Weigh-in will be conducted at the event site from 8:00 am to 8:30 am and 12:00 pm to 12:30 pm.

## **COMPETITION NOTES**

### **TRACK EVENTS**

- Track events take priority over field events. Athletes must check into their field event before leaving to go to their track event then return right after the track event. The event Official must be notified of the athlete's impending absence prior to them actual leaving. Athletes should leave for their track event at the last call for their age/gender category. They must return within 5 minutes from the completion of their event. They must check in with the Event Official immediately upon arrival.
- Seeding- Please use real seed-times. Seed times are very important for timed-finals such as 200m and 400m. Seed times will be reviewed. Unsubstantiated seed times will be deleted and the athlete will be given a No Seed Time designation for that event.
- 100m and 60mH will run finals for, Mite, Tyke, Atom and Senior categories unless there are 8 or less competitors in the event. There are no finals for Peewees.
- 200m, 400m, 800m, 1200m will be run as timed finals in all categories
- Photo timing will be used for all track events.

### **FIELD EVENTS**

- All horizontal jump and Shot put competitors will receive 3 attempts.
- The top 8 finishers in the will receive 2 additional attempts. There will be no jump-offs for the Peewee.
- Peewee, Mites, Tykes and Atoms will jump from a 1m jump-zone for Long Jump. The jump-zone will be marked with flour or chalk.

- All Triple Jump competitors must jump from a designated board.

## **PARKING**

There is free parking available at the facility.

## **TRANSPORTATION:**

There will be no shuttle service to or from the venue, the hotel,  
Transportation is the responsibility of the team/athlete. Public transportation info below.  
Toronto Pearson Airport [www.torontopearson.com/](http://www.torontopearson.com/)  
Brampton Transit [www.brampton.ca/en/residents/transit/Pages/Welcome.aspx](http://www.brampton.ca/en/residents/transit/Pages/Welcome.aspx)  
GO Transit [www.gotransit.com/publicroot/en/default.aspx](http://www.gotransit.com/publicroot/en/default.aspx)

## **ACCOMODATIONS**

Accommodation is the responsibility of the team/athlete's parents, the nearest hotel to the venue is "The Monte Carlo Inns – Brampton Suites"  
The Monte Carlo Inns – Brampton Suites  
45 Coventry Road  
Brampton, ON  
905-453-5200  
[www.montecarloinns.com/Brampton-Suites/brampton](http://www.montecarloinns.com/Brampton-Suites/brampton)

## **MEDICAL PERSONNEL ONSITE**

St. John's Ambulance will be the medical personnel that will be onsite for the duration of the meet.

## **DRIVING DIRECTIONS:**

Terry Fox Stadium, 9050 Bramalea Road, Brampton, Ontario, Canada L6S 6G7



**Travelling from East (Kingston)**

- Take Ontario 401 West ramp to Toronto.
- Take On-410 North
- Continue onto ON-410 North.
- Take Queen Street exit.
- Continue on Queen St East
- Turn left onto Bramalea Road.
- Turn left at Goodwood Road. Destination will be on the left

**Travelling from Niagara**

- Take ON-403 E to Toronto
- Keep right at the fork to stay on ON-403 E, and follow signs for Toronto/Ontario 403/Ontario 401/Ford Drive.
- Keep left to stay on ON-403 East.
- Use the right 2 lanes to take the exit toward Brampton. Continue onto ON-410 N.
- Take Queen Street exit.
- Continue on Queen St East
- Turn left onto Bramalea Road.
- Turn left at Goodwood Road. Destination will be on the left

**Travelling from Travelling from West (London)**

- Take ON-401 East and continue on ON-401 East
- Take ON-410 North and continue on ON-410 North
- Take Queen Street exit from ON-410 N.
- Continue on Queen St East
- Turn left onto Bramalea Road.
- Turn left at Goodwood Road. Destination will be on the left

# SHAHPH PUMA SPORTS CLUB

THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED or  
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)

SANCTIONED & REQUIRED BY:  
MINOR TRACK ASSOCIATION (of Ontario)

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the “**PUMA'S 1<sup>ST</sup> ANNUAL PROVINCIAL TRACK & FIELD MEET**” for Saturday, July 21<sup>th</sup>, 2018

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:

The Minor Track Association (of Ontario)  
Shahph Puma Sports Club and/or any of its Directors  
City of Brampton  
Region of Peel

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

**PHOTOGRAPHY AND VIDEO CONSENT:** By registering, you agree to permit photographs and/or video to be taken of you for uses related to public promotion of club

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____ Print Name	_____ Date	_____ Signature of Athlete
_____ Print Name	_____ Date	_____ Signature of Parent or Guardian (If under 18 years)
_____ Club Name	_____ Date	_____ Signature (club rep, if signing for entire club)

# PUMA'S 1<sup>ST</sup> ANNUAL PROVINCIAL TRACK & FIELD MEET

## SCHEDULE OF EVENTS

This is a tentative schedule and may be advanced 30 minutes or delayed as required

July 17<sup>th</sup>, 2018

Time	Track Events	Field Events
9.00AM	1200M - Timed Finals	Long Jump - Atom Girls - Pit 1 Long Jump - Atom Boys - Pit 2 Shot Put - Senior Girls
	100M Heats	Long Jump - Senior Girls - Pit 1 Long Jump -Senior Boys - Pit 2 Shot Put - Senior Boys
	400M - Timed Finals	Long Jump - Tyke Girls - Pit 1 Long Jump - Tyke Boys - Pit 2 Shot Put - Mite Girls
	60MH - Heats	Long Jump - Peewee Girls - Pit 1 Long Jump - Peewee Boys - Pit 2 Shot Put - Mite Boys
12.30-1.00	Break & Working lunch	Break &Working lunch
	60MH - Finals	Shot Put - Atom Boys
	100M - Finals	Shot Put - Atom Girls
	800M - Timed Finals	Long Jump - Mite Girls - Pit 1 Long Jump - Mite Boys - Pit 2 Shot Put - Tyke Girls
	200M - Timed Finals	Shot Put - Tyke Boys
Relay 4X100		

In all track events Girls first the boys in same age division