

**YUTC Twilight # 4**

**TRACK**

6:00pm Sprint Hurdles (YG-JW-SRW-YB-JM-SM)

6:30pm 100m

7:00pm 400m

7:30pm 200m

8:10pm 400mh

**FIELD**

6:00pm Long Jump (Women Followed by Men )

6:00pm Pole Vault (Men followed by Women)

6:00pm High Jump (Men followed by Women)

6:00pm Shot Put (Men and Women)

6:00pm Hammer (Men and Women)

 Discus (to start at the conclusion of Hammer, Men and Women)