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## FLYING ANGELS SUMMER SPORTS CAMP INFORMATION PAGE

The Flying Angels Summer Sports Camp will operate at two locations from July 9 to August 17, 2018 .

The camps offer a unique opportunity for children aged 5-14 years old to develop their track and field and sports performance skills. The campers will spend the morning learning different track and field events, while enjoying the afternoon participating in other fun activities.

### **CAMP LOCATIONS**

#### **Toronto East Camp**

Birchmount Park / Immaculate Heart of Mary Catholic School  
101 Birchmount Road, Scarborough, Ontario M1N 3J7

#### **Durham Camp**

Father Leo Austin Catholic Secondary School  
1020 Dryden Blvd, Whitby, Ontario L1R 2A2

### **CAMP DATES**

<b>WEEK</b>	<b>DATES</b>
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Camp #1	July 9 – July 20, 2018
Camp #2	July 23 – August 3, 2018
Camp #3	August 7 – August 17, 2018

### **CAMP TIMES**

9:00 am – 3:30 pm

### **SUMMER CAMP PRICE**

- \$150 / camp (2 weeks)
- \$250 / Full summer (6 weeks)

#### **Extended Day additional cost**

- Early drop off (from 8:30 am) – add \$25/week
- Late pick up (up to 5:00 pm) – add \$25/week

### **EARLY BIRD DISCOUNT**

Register by July 6, 2018 and receive a 25% discount. Enter promo code **SUMMER25**

### **FAMILY DISCOUNT**

Parents who register more than one child in the program at the same time receive a discount of \$25 per child. Enter the promo code when completing the online registration to receive the discount:

**FAMILY2018**

### **WHAT WILL YOUR CHILD LEARN?**

**Mornings:**

Training in track and field events such as: sprints, relays, distance running, hurdles, long jump/triple jump, and throws.

**Afternoons:**

Various sports activities, sports performance drills, and team-building exercises. Also training in mental toughness, relaxation, goal-setting techniques and nutrition for optimal athletic performance.

**Special Outings:**

The campers will go on a meaningful excursion each week. Transportation & admission fees are not included. A great deal and a wonderful educational and/or exciting experience for every child.

**Track Meet**

Campers will participate in a fun mini-track meet. The campers will get professionally-timed in their favourite events and have a chance to meet Canadian Olympians, National team stars, and University scholarship athletes.

**REGISTRATION**

Registration is done by completing the Online Registration Form. The link to the form is found on the "Registration" page of the club website at [www.flyingangels.ca](http://www.flyingangels.ca). Registrants may pay online using a credit card, email an Interac bank transfer to [track@flyingangels.ca](mailto:track@flyingangels.ca), or pay on-site at the first practice by cash, cheque or money order.

Select the "OTHER METHODS" link on the payment page and then the "ON-SITE" option if you are paying by cash, cheque, or E-Transfer.

Registration and payment must be completed before the athlete attends the camp.

**THERE IS NO REFUND PERMITTED AFTER REGISTRATION HAS BEEN PAID.**

**QUESTIONS & CONTACT INFORMATION**

**Email:** [track@flyingangels.ca](mailto:track@flyingangels.ca)

**Phone:** (647) 710-7426