



# COMOX VALLEY SOLSTICE MEET 2018

CO-HOSTED BY...  
COMOX VALLEY COUGARS, CAMPBELL RIVER COMETS, & POWELL RIVER BREAKERS

---

## Meet Information Package

This is a Vancouver Island Series meet  
Sanctioning provided by BC Athletics  
Official meet website : [ComoxCougars.org](http://ComoxCougars.org)

|                 |                |              |  |
|-----------------|----------------|--------------|--|
| Meet Director : | Graham Morfitt | 250.338.4191 | <a href="mailto:gmorfitt@shaw.ca">gmorfitt@shaw.ca</a>             |
| Meet Manager :  | Anna Horel     | 250.480.8548 | <a href="mailto:anna.e.horel@gmail.com">anna.e.horel@gmail.com</a> |
| Officials :     | Vince Sequeira | 250.850.9616 | <a href="mailto:sequeiravin@gmail.com">sequeiravin@gmail.com</a>   |

Meet Date/Start : June 23rd, 10AM / June 25th, 9AM

Location : Vanier Oval, Comox Valley Sports Centre  
3001 Vanier Drive, Courtenay, BC

Facilities : 8-lane track with rubberized surface including all runways & high jump  
Max spike length : 7mm (track), 9mm (field)  
Hammer/Discus cage maximum sector distance is 66m

Registration : Pre-Registration via [TrackieReg.com](http://TrackieReg.com)  
Website: [www.trackiereg.com/2018Solstice](http://www.trackiereg.com/2018Solstice)

Meet Fees : VIAA Member Club Athletes :  
1-Day : \$15  
2-Days : \$22  
Unattached & non-VIAA Club Athletes (must be BCA or AC members)  
1-Day : \$20  
2-Days : \$40  
School-aged athletes without BCA/AC number :  
An additional \$3 fee for  
'Day Of Event BC Athletics Membership' registration  
Compete as 'Unattached'  
Fees permit unlimited entry to events  
All cheques payable to : Comox Valley Cougars Track & Field Club

Registration Chair : Graham Morfitt ([gmorfitt@shaw.ca](mailto:gmorfitt@shaw.ca))

Entry Deadline : All entries must be received no later than  
12:00 midnight, Wednesday June 20th, 2017  
Due to seeding, we can NOT add athletes to races (same-day).  
If you are registered for the meet, you may add a late field event.

Package Pick-Up : Club registration packages will be available for pick-up at the  
"Registration & Information" table starting Saturday 8:00 & Sunday 8:30.  
Payment is required at time of package pick-up.

Competition Numbers : Numbered bibs will be assigned to all athletes  
and must be worn during all competitions.  
> Track events from 100 to 400 metres will have numbers on the back.  
> Track events 600 metres and longer will have numbers on the front.  
> Field event numbers may be worn on the back or the front.

Coaches Meeting : Saturday June 23rd, 9:30am at the equipment shed



# COMOX VALLEY SOLSTICE MEET 2018

CO-HOSTED BY...  
COMOX VALLEY COUGARS, CAMPBELL RIVER COMETS, & POWELL RIVER BREAKERS

## Meet Information Package - Continued

Events Offered : We regret not being able to offer Triple Jump, Pole Vault or Steeplechase Heats & finals for 14+ age groups in 100m, distance hurdles, & sprint hurdles  
Check the website for the latest schedule  
ComoxCougars.org

Track Events : Please refer to the meet schedule for the order of events  
Check-in times for events: 15min prior to scheduled time  
Announcements will be made over the PA system  
It is the responsibility of athletes to report to events on time

Starting blocks will be provided (midget 14 & older only)  
Electronic Timing provided by BC Athletics

Field Events : JD9-JD13 age groups (2009-2005) : Limited to 3 attempts  
Midget 14/15 & Older (2003+older) : Top 8 results from first 3 rounds will advance to final & 3 more attempts

Equipment will be supplied.  
Athletes are welcome to bring implements (verification weigh-in provided)

Age Categories : Junior Development : JD9-JD13 (2009-2005)  
Midget 14/15 (2003/2004)  
Youth 16/17 (2001/2002) : Will compete in the 'Open' category  
Junior 18/19 (1999/2000) : Will compete in the 'Open' category  
Senior 20-34 (1998-1983) : Will compete in the 'Open' category  
Master 35+ (1982+older) : Will compete in the 'Open' category  
(5-year increments for masters division)  
Each age group will be scored separately

Track : Athletes will compete in single age categories  
Field : Age groups may be combined (refer to meet schedule)

Awards : Awards for 1st through 8th place in each event.

### VIAA Club

|               |                              |                       |
|---------------|------------------------------|-----------------------|
| Assignments : | Alberni Valley Track Club    | Shot Put              |
|               | Campbell River Comets        | Long jump             |
|               | Comox Valley Cougars         | Hammer                |
|               | CVAC                         | High Jump             |
|               | Nanaimo Track & Field Club   | Finish Line           |
|               | Oceanside Track & Field Club | Javelin               |
|               | Pacific Athletics            | Discus                |
|               | Peninsula Track & Field Club | Assist: Long Jump     |
|               | Powell River Breakers        | Assist: Discus/Hammer |
|               | Victoria Track & Field Club  | Timing                |

Meet Info Updates : Updates to meet information will be posted to the website  
ComoxCougars.org  
Please check for revisions

Accommodations : Travelodge <http://www.travelodge.ca>  
Comox Valley Inn <http://www.comoxvalleyinn.com>  
Best Western <http://bestwesternbc.com>  
Puntledge Camp Ground <http://www.puntledgerv.com>

**Billeting with club families is also available if needed.**