

May 22

Track Events

- ♻ 100m (heats) top 8 times to final
- ♻ Sprint Hurdles
(SM-JnrM-YB-MB-OW-YG-MG-BG-BB)
- ♻ 100m (final)
- ♻ 300m/400m
- ♻ 1200m / 1500m

Field Events

- ♻ Long Jump (women then men)
- ♻ Triple Jump (men then women)
- ♻ Pole Vault (men then women)
- ♻ Shot (women then men)
- ♻ Hammer (women then men)
- ♻ Discus (women then men)



May 29, 2018

Track Events

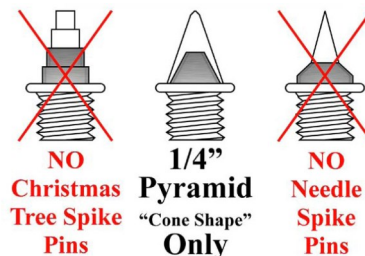
- ♻ Sprint Hurdles
(SM-JnrM-YB-MB-OW-YG-MG-BG-BB)
- ♻ 200m
- ♻ Intermediate Hurdles (400m / 200m)
- ♻ 1500m

Field Events

- ♻ Long Jump (men then women)
- ♻ Triple Jump (women then men)
- ♻ Javelin (women then men)
- ♻ Hammer (to follow Jav, women then men)
- ♻ Shot (men then women)
- ♻ High Jump (women then men)

Facility

Mondo Super X 400m with 8 lanes on the oval . Only Pyramid spikes may be worn. Maximum length allowed is 6mm on the track and 11mm for high jump and javelin.



Twilight Dates

May 22

May 29

June 5

June 19

Toronto Track and Field Centre



Summer Twilight Series

Information package for Twilight meets #5-8 will be posted May 15

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York University Track Club

2018 Summer Twilight

INFORMATION

Registration:

Online registration will be done up until 11:59pm the night before the meet. Entries on the day of the meet will be accepted up until 1 hour prior to the event start time. The registration desk will open at 4:15pm.

On line entries done at:

<http://www.yorku.ca/yutc/v2/meetInfo.php>
Just follow the link for the particular meet off our website.

Start Time:

6:00pm

Meet Schedule:

Published by noon on the day off the meet at:
<http://www.yorku.ca/yutc/v2/meetInfo.php>

Where:

Toronto Track and Field Centre

Sanctioned:

By Athletics Ontario.

Entry Fees:

Athletics Ontario Registered: \$10.00 per event.

Non Athletics Registered: \$20.00 for first event and **\$10.00** for each additional event.

Late entries \$20.00 per event

INFORMATION

Results:

Finish Lynx and wind readings for sprints and horizontal jumps.

Posted at: www.yorku.ca/yutc

Track Events:

Grouped based on gender and ability (submitted seed time).

All races will be run from **Fast to Slow**.

Women followed by men.

Field Events:

In the throws, age groups will be combined and following the events, results will be sorted by age group.

Throwing implements **are not provided**.

There will be implement weigh in at the event site.



Summer Twilight Series

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MEET SCHEDULE

June 5

Track Events

- ♿ 2000mSC/3000mSC
- ♿ 800m
- ♿ 3000m
- ♿ 1200/1500m

Field Events

- ♿ Triple Jump (men then women)
 - ♿ Javelin (men then women) **
 - ♿ Shot (women followed by men)
 - ♿ Hammer (men followed by women)
 - ♿ Pole Vault (men followed by women)
-

June 19

Track Events

- ♿ 100m
- ♿ Sprint Hurdles
(SM-JnrM-YB-MB-OW-YG-MG-BG-BB)
- ♿ 400m
- ♿ 200m

Field Events

- ♿ Long Jump (women then men)
- ♿ High Jump (men followed by women)
- ♿ Hammer (men followed by women)
- ♿ Discus (men followed by women)
- ♿ Shot (men followed by women)
- ♿ Pole Vault (women followed by men)