2018 District G Legion Track and Field Meet

Saturday June 16, 2018

Hosted by Brockville Legion Track and Field Club

**Location:** Thousand Islands Secondary School

2510 Parkedale Ave, Brockville, ON K6V 3H1

**Sanctioned by:** Royal Canadian Legion (Athletics Ontario Approved)

**Hosted by:** Brockville Legion Track and Field Club

**Age Groups:** Exhibition (U10) 5 -9 as of Dec 31st 2018 – Long Jump and 80m only

PeeWee (U12) 10-11 as of Dec 31st 2018 – Long Jump, 80m, 200m,

800m and TurboJav

Bantam (U14) 12-13 as of Dec 31st 2018

Midget(U16) 14-15 as of Dec 31st 2018

Youth(U18) 16-17 as of Dec 31st 2018

Junior(U20) 18-19 as of Dec 31st 2018

Senior 20 and over

**Events offered:**

Track:

80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m, 3000m, 1500mSC, 2000mSC, 800mRW, 1500mRW, 3000mRW, 80mH, 100mH, 110mH, 200mH, 400mH

Field:

Shotput, Discus, Javelin, TurboJavelin(U12 only, register for javelin), High Jump, Long Jump, Triple Jump, Pole Vault.

Hammer Throw will be run Sunday June 17th at the Invista Center in Kingston at 11am. Many thanks to the Kingston Track and Field Club throws group for their assistance with the running of this event as Thousand Islands Secondary School cannot safely run this event.

**Age groups may be run together to form full heats/flights.**

**Costs**: Exhibition, PeeWee, Bantam, Junior and Senior - $3.00 per event

Midget and Youth –Free, as this is a qualifier for the Legion Midget/Youth Provincials and

National Qualifier.

**Registration:** Online through Trackie.reg. Registration must be completed by **MONDAY JUNE 11th at**

**MIDNIGHT.** **No late entries will be accepted.**

Athletes do not need to be members of a Legion or Club program to enter this meet. School programs are welcome.

**Arrival at the meet:** Athletes must hand in the Waiver forms to receive their bib numbers. **PLEASE**

**ARRIVE AT LEAST 60-90 minutes before your event to ensure there is time to hand in forms, confirm payments and receive numbers.**

Any Midget(U16) or Youth(U18) Athletes who wish to be considered for the District G team travelling to St Catherine’s July 13-14th for the Provincial Championships must hand in their forms at this time.

Any athletes who do NOT declare their interest by handing in the forms will not be considered for the District G Team.

**Advancement to the Ontario Legion Championship:**  Top Finishers in each event age group (U16 and

U18) will possibly qualify for entry to the Ontario Legion Championships (St Catherine’s July 13-14) as Members of the District G Team. This will be determined based on a combination of event winners and competitiveness of the athletes per event against previous year’s results.

Sanctioned and Required by:

The Royal Canadian Legion - Ontario Command

**RELEASE - WAIVER – INDEMNITY**

In consideration of the acceptance of my application and the permission to participate as an entrant or competitor in the

**2018 Royal Canadian Ontario Command - District G Championships**

I, for myself, my heirs, executors, administrators, successors and assigns hereby release, waive and forever discharge

The Royal Canadian Legion - District G - Ontario Command

The Brockville Legion Track and Field Club

The Upper Canada District School Board

The Kingston Track and Field Club

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property howsoever caused, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event and notwithstanding that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

By submitting this entry, I acknowledge having read, understood and agreed to the above Waiver, Release and Indemnity.

I warrant that I am physically fit to participate in this event.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date Print Name Signature

If under 18, parent or guardian or Power of Attorney to sign below:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date Print Name Signature

INTENT TO COMPETE FORM

Legion Provincial Championships

(St Catherine’s – July 13-14 2018)

This form is to be submitted at the time of athlete registration if you want to be considered for the District G team. (U16 and U18 only)

Circle appropriate answer

If selected will you travel to St Catherines for the Legion Provincials? (Circle) Yes No

Do you need transportation? Yes No

Where is your pick-up destination? Ottawa Brockville Kingston

Do you need accommodations? Yes No

Athlete Name:

Athlete Email:

Athlete Phone:

Parent/Guardian Name:

Parent/Guardian Email:

Parent/Guardian Phone:

Coach Name (If applicable):

Coach e-mail (if applicable):

**Legion Contact:** Hugh Primeau District G Chairman [hughprimeau@sympatico.ca](mailto:hughprimeau@sympatico.ca) 613-933-8556