

# 2018 Garriock Track Meet

Saturday -

Female Events

	2009 - Today	2009 JD-9		2008 JD-10		2007 JD-11		2006 JD-12		2005 JD-13		2003-2004 Midget 14-15		2002- Open 16 and older	
	Track	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
9:00															
9:30		60m Hurdles		60m Hurdles		60m Hurdles	Long Jump	80m Hurdles		80m Hurdles		80m Hurdles		110m Hurdles *	Discus
10:00										Javelin					
10:30															
11:00		1000m		1000m	Discus	1000m		1200m	Long Jump	1200m		1200m	Javelin	1500m	
11:30															
12:00		100m		100m		100m	Discus	100m		100m	Long Jump	100m		100m	Javelin
12:30															
1:00	Fun Run				Javelin				Discus				Long Jump		
1:30		4x100m		4x100m		4x100m		4x100m		4x100m		4x100m		4x100m	
2:00							Javelin				Discus				Long Jump
2:30								300m		300m		300m		400m	
3:00		RW 800m	Long Jump	RW 800m	Long Jump	RW 800m		RW 800m	Javelin	RW 1500m		RW 1500m	Discus		

\* Rolling Schedule for Sprint Hurdles

# Hammer not available to Juniors, Seniors or Open

Sunday -

9:00							High Jump		Hammer	2000m		2000m	Triple Jump	3000m	Shotput
9:30															
10:00			Shotput		Shotput			200m Hurdles	High Jump	200m Hurdles	Hammer	200m Hurdles		400m Hurdles	
10:30															
11:00							Shotput				High Jump	Stple Chse †	Hammer	Stple Chse †	Triple Jump
11:30															
12:00		60m		60m		60m			Shotput				High Jump		Hammer #
12:30						200m		200m		200m		200m		200m	
1:00											Shotput				High Jump
1:30		600m		600m		600m		800m		800m		800m		800m	
2:00			High Jump		High Jump						Triple Jump		Shotput		

† - Steeple Chase will be run by request. Midget (2003-2004) 1500m, Youth (2001-2002) 2000m, Junior (2000-Open) 3000m.

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	Track	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
9:00															
9:30		60m Hurdles		60m Hurdles		60m Hurdles		80m Hurdles		80m Hurdles		100m Hurdles		110m Hurdles	
10:00			Shotput		Shotput				Hammer		Triple Jump		High Jump		
10:30															
11:00		1000m		1000m		1000m		1200m		1200m	Hammer	1200m		1500m	High Jump Shotput
11:30															
12:00		100m	High Jump	100m	High Jump	100m	Shotput	100m		100m		100m	Hammer	100m	Triple Jump
12:30															
1:00	Fun Run								Shotput		High Jump		Triple Jump		Hammer <sup>#</sup>
1:30		4x100m		4x100m		4x100m		4x100m		4x100m		4x100m		4x100m	
2:00							High Jump				Shotput				
2:30								300m		300m		300m		400m	
3:00		RW 800m		RW 800m		RW 800m		RW 800m	Highjump	RW 1500m		RW 1500m	Shotput		

Male Events

Sunday -

9:00					Discus				Javelin	2000m		2000m	Long Jump	3000m	
9:30															
10:00							Discus	200m Hurdles		200m Hurdles	Javelin	200m Hurdles		400m Hurdles	Long Jump
10:30															
11:00									Discus		Long Jump	Stple Chse †	Javelin	Stple Chse †	
11:30															
12:00		60m	Long Jump	60m	Long Jump	60m					Discus				Javelin
12:30						200m		200m		200m		200m		200m	
1:00					Javelin		Long Jump						Discus		
1:30		600m		600m		600m		800m		800m		800m		800m	
2:00							Javelin		Long Jump						Discus

† - Steeple Chase will be run by request. Midget (2003-2004) 1500m, Youth (2001-2002) 2000m, Junior (2000-Open) 3000m.

<sup>#</sup> Hammer not available to Juniors, Seniors or Open