

# 2018 Athletics Nova Scotia Provincial Championships and Club Championships

June 23-24

Beazley Field – Dartmouth, NS



**Sanction:** Athletics Nova Scotia

**Host:** Athletics NS

**Date:** Saturday and Sunday, June 23-24, 2018

**Event Site:** - Beazley Field, Dartmouth, NS

- 8 Lane synthetic surface
- 2 horizontal Jumps jumps
- Maximum spike length is 7mm for the track and 7mm for javelin and jumping events.
- Washrooms are available on-site.
- Throwing implements will be provided. The Head Throws Official must approve personal implements.

## **Event Site Directions:**

### **Beazley Field**

<https://goo.gl/maps/JiLFYEJ6NXy>

**Timing:** FinishLynx Photoelectric timing

**Categories:** Tyke & PeeWee (born 07,08,09,10 Bantam (born 2005-06), Midget (born 2003-04), Youth (born 2001-02) Junior (1999-00), Senior (1998 or later), Masters (35+)

### **Nova Scotia/Nunavut Legion Team Qualification**

Procedures are laid out on our web site at [www.athleticsnovascotia.ca](http://www.athleticsnovascotia.ca)

### **Registration Eligibility**

Athletes must be a member of Athletics Nova Scotia or any other provincial association. Non-members may compete with a single day registration fee of \$10.00. Single day, temporary members are **not** eligible to be considered for Team Nova Scotia/Nunavut.

### **Schedule**

· The tentative schedule is subject to change based on entries. The schedule is available at [www.trackiereg.ca](http://www.trackiereg.ca). The final schedule will be posted by Thursday, June 21<sup>st</sup>, 2018

## Legion Team Trials

This meet will serve as the U18/U16 Legion Team trials for the 2018 Nova Scotia/Nunavut Legion Team. For full details on selection criteria, please visit the Athletics NS webpage. Selection criteria is available in the programs/Nova Scotia Nunavut Legion Team section.

## Maritime Track League:

The 2018 Athletics NS Provincial championships are a part of the Maritime Track League. Please see below for more details or visit [www.maritimetrackleague.ca](http://www.maritimetrackleague.ca)

## WHAT IS MTL?

The Maritime Track League is a series of events that will offer high performance track and field competitions opportunities to athletes from New Brunswick, Nova Scotia, and Prince Edward Island! Athletics New Brunswick, Athletics Nova Scotia, and Athletics PEI have been working on this project for the past few years.

The 2015 inaugural year was a huge success and we are certain that 2018 will be even better.

## RULES & ELIGIBILITY

The athlete's overall score will be the sum of the three best performances they have over the course of the selected meets. An athlete can record more than one performance from a single meet, but must still compete in 2 meets plus Atlantics to be eligible for the prizes.

Athletes must be a member in good standing of their provincial branch to be eligible for the League. The ongoing series rankings can be kept and published on this website so the athletes can track their standings in the League.

Performances achieved with no wind reading or with illegal winds will be included. In the case of a tie, the winner will be the athlete with the greater single performance score; if still tied, then the athlete with the single greatest performance by IAAF points will be the winner.

## Events:

	<b>T yke &amp;PeeWee</b>	<b>Bantam</b>	<b>Midget</b>	<b>Youth</b>	<b>Junior/Senior</b>	<b>Masters</b>
Running		80m 150m 800m 1200m	100m 200m 300m 800m 1200m 2000m	100m 200m 400m 800m 1500m 3000m	100m 200m 400m 800m 1500m 5000m	100m 200m 400m 800m 1500m 5000m
Hurdles		80m H 200m H	100m H 200m H 1500m St.	110mH(M)/100mH(F) 400mH 2000m St	110mH(M)/100mH(F) 400mH 2000m/3000m SC	110mH(M)/100mH(F) 400mH 2000m/3000m SC
Throws		Javelin Discus Hammer	Javelin Discus Hammer	Javelin Discus Hammer	Javelin Discus Hammer	Javelin Discus Hammer

		Shot Put	Shot Put	Shot Put	Shot Put	Shot Put
Jumps		High jump Long jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tetrathlon	Tetrathlon (60m, Long Jump, Shot Put, 600m)	Pentathlon (80mH/100mH, Long Jump, Shot Put, High Jump, 800m/1000m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	

## Tentative Schedule

### Legion Team Trials and Open Met Saturday June 23rd - Day 1 - Beazley Field



Time	Track	Entries	Heats
12:00	80mH F/M – Bantam 30”		Prelims
12:05	80mH F – Midget 30”		Prelims
12:10	80mH F- Midget - Pent 30”		Multi
12:15	100mH F – Hept (1)		Multi
12:20	100mH F – Youth 30”		Prelims
12:25	100mH F – Jr-Sen 33”		Prelims
12:35	100mH M- Midget- Pent 33”		Multi
12:40	100mH M- Midget 33”		Prelims
12:45	110mH M- Youth 36”		Prelims
12:50	110mH M – Junior 39”		Prelims
12:55	110mH M – Senior 42”		Prelims
13:05	80mH F/M – Bantam 30”		Final
13:10	80mH F – Midget 30”		Final
13:15	100mH F – Youth 30”		Final
13:20	100mH F – Jr-Sen 33”		Final
13:25	100mH M- Midget 33”		Final
13:30	110mH M- Youth 36”		Final
13:35	110mH M – Junior – 39”		Final
13:40	110mH M – Senior 42”		Final
13:50	400m F Youth,Jun,Sen, Mas.		Final
14:05	400m M Youth,Jun,Sen, Mas.		Final

14:20	300m F – Midget	Final
14:30	300m M - Midget	Final
14:40	100m F – All	Prelims
15:10	100m M – All	Prelims
15:40	<b>Track Break</b>	
16:00	800m -F-Pent	Multi
16:05	1000m-M-Pent	Multi
16:15	200m F Heptathlon(4)	Multi
16:20	800m F – All	Final
16:35	800m M- All	Final
16:50	80m F/M – Bantam	Final
16:55	100m F – Midget	Final
17:00	100m M – Midget	Final
17:05	100m F - Youth	Final
17:10	100m M – Youth	Final
17:15	100m F - Jun,Sen,Mas	Final
17:20	100m M - Jun,Sen,Mas	Final
17:25	2000m F – Midget	Final
17:35	2000m M – Midget	Final
17:50	3000m F – All	Final
18:05	3000m M - All	Final

#### Field Events

Time	Event	Entries	Final
12:00	<b>High Jump F-All</b>		Final
13:30	<b>High jump F/M- Multi (Pent/Hep)</b>		Multi
14:30	<b>High Jump M-All</b>		Final
12:30	Shot Put F-All		Final
13:45	Shot Put M-All		Final
15:00	<b>Shot Put F/M- Multi (Pent/Hep)</b>		Multi
12:30	Long Jump F-Ban, Mid, You		Final
14:00	Long Jump F - Jun, Sen, Mas		Final
15:30	Long Jump M-All		Final
17:00	Long Jump M/F Pent		Multi
15:00	Javelin F-All		Final
16:30	Javelin M-All		Final

### Legion Team Trials and Open Met Sunday June 24th - Day 2 - Beazley Field

Time	Track	Entries	Heats
9:00	1500m SC – M/F Midget		Final
9:10	2000m SC-F-Youth-Senior		Final
9:25	3000m SC-F-Jun, Sen, Mas		Final
9:40	2000m SC-M-Youth		Final
10:00	3000m SC-M-Jun, Sen, Mas		Final
10:15	60m F/M RJT (1)		Multi

10:25	150m F – Bantam	Final
10:30	150m M – Bantam	Final
10:35	200m F- Mid,Yth,Jun,Sen,Mas	Prelims
11:05	200m M – Mid,Yth,Jun,Sen,Mas	Prelims
11:35	1500m F-Youth,Jun.,Sen.	Final
11:50	1500m M-Youth,Jun.,Sen.	Final
12:05	1200m F - Bantam/Midget	Final
12:15	1200m M - Bantam/Midget	Final
12:25	600m - RJT (4)	Multi
12:35	200m F – Midget	Final
12:40	200m M – Midget	Final
12:45	200m F – Youth	Final
12:50	200m M – Youth	Final
12:55	200m F – Jun,Sen,Mas	Final
13:00	200m M – Jun,Sen,Mas	Final
13:05	800m F – Hept(7)	Multi
13:15	200mh F – Bantam/Midget 30"	Final
13:20	200mh M – Bantam/Midget 30"	Final
13:25	400mh F - Youth, Jun.,Sen. 30"	Final
13:35	400mh M - Youth 33"	Final
13:40	400mh M-Jun.-Sen 36"	Final

#### Field Events

Time	Event	Entries	Final
9:30	Hammer F/M-All		Final
10:00	Long Jump F-Hep		Multi
11:00	Discus F-All		Final
11:30	Javelin F-Hep		Multi
12:30	Discus M-All		Final
10:00	Triple Jump F-All		Final
11:30	Triple Jump M-All		Final

#### Run Jump Throw Wheel

Tetrathlon	Time
60m	10:15
Shot Put	10:30
Long Jump	11:15
600m	12:25

## **Seeding**

**\*Athletes will all run together in the prelims with and split into age categories for finals\***

Please include accurate seed/race times from 2017 – 2018 seasons. Seed times are required. If you do not have a seed time, please use your best judgement.

Sprint races 100-400m and 80/100/110m hurdles:

Lanes will be randomly assigned for heats with mixed age classes in many cases. Athletes will be split into age groups for finals, where applicable. When possible, empty lanes will be removed. Preferred lanes will be assigned by seed times for all Timed Section Finals.

## **Marshalling**

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

## **Scratches**

Scratches will be accepted via trackiereg until 11:59 p.m, Tuesday, June 19<sup>th</sup>

## **Registration:**

Entries must be received by 11:59 p.m, Tuesday, June 19<sup>th</sup>

First event: \$25 for members and \$35 for non-members.

Second event: \$0

Tetrathlon: \$5

No charge for additional events

\*All athletes will be charged an additional \$5 officiating fee\*

Team Cap: \$500 + \$5/athlete per team. This will be calculated after all registrations have been received

Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca)

Please note: This meet will be **pre-registration** only with no late entries being accepted.

**Check in and Bib # Pick-up:** Beginning at 11:00 a.m. on Saturday, June 23<sup>rd</sup>, 2018