Nova Scotia School Athletic Federation

Lunenburg/Queens District

Track and Field Championships

Meet Officials

Meet Directors: Dean McDow and Selena Davidson

Clerk of the Course Grant Johnston (2nd day), Fred Forsyth (1st day)

Track Referee various

Head Field Judges Tammy Gaudet, Cameron Whynot

Finish Line Judge Kimble Meagher

Placers PVEC

Head Timer Chris Anderson

Timers PVEC

Starters Tobias Wolter, Lucas, Logan, Sam, James

Registrar Selena Davidson

Scoring Tyler Hiltz, Nate Watson, and Selena Davidson

Jury of Appeal (3) Steve Bishop, Kajtek Jaskowiak, Owen Donat

Awards Presentations Done following each event

First Aid Station Bring your own supplies

Public Address PVEC

Canteen Mikey Mosher

Event Responsibility

Hurdles We will need all Sportfactor hurdles to the track by Sunday evening

Javelin Jaron Bollivor - Park View, Liverpool, New Ross

Shot Put Matt Pinch - South Queens, (Bayview – Special Athletes)

Discus CAMS, New Germany

High Jump Hebbville

Long Jump Bridgewater, Bluenose Academy

Triple Jump Jackson Zwicker - Forest Heights, North Queens,

Relays 1st corner - Park View, South Queens, LRHS, North Queens

2nd corner - Bluenose Academy, Bayview, Hebbville, New Germany

3rd corner - CAMS, Bridgewater, Forest Heights, New Ross

Regional Representation (at Acadia Friday May 25th and Friday 26th)

4 track, 5 field, 4 relays

Provincial Representation (University of Cape Breton) – June 1st and 2nd

Top 4 regional placements in all events

(5th place alternates can only replace an athlete from their own Region)

Nova Scotia School Athletic Federation

Lunenburg/Queens Track and Field Championships

Schedule of Events

May 16 - 17, 2018 (Rain date May 18th)

Wednesday, May 16 Schedule of Track Events

10:00 a.m. 80m Hurdles (Top 8 to a final) Junior Girls, Intermediate Girls, Senior Girls

10:40 a.m. 100m Hurdles (Top 8 to a final) Junior Boys, Intermediate Boys, Senior Boys

11:20 a.m. Hurdle Finals Girls than Boys (fastest 4 times and next 4 fastest times)

11:50 a.m. 400m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

**1:10 p.m. 100m Timed Finals Special Athletes Competition**

1:30 p.m. 100m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

3:10 p.m. 1500m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

4:40 p.m. 100m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

5:10 p.m. 400m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

Wednesday, May 16 Schedule of Field Events

**10:00am 12:00pm**

**Shot Put- Special Athlete Boys Long Jump -Special Athlete Boys**

**Long Jump -Special Athlete Girls Shot Put- Special Athlete Girls**

10:30 a.m. 1:00 p.m. 3:00 p.m.

Long Jump - Int. Boys Long Jump - Jr. Boys Long Jump - Sr. Boys

High Jump - Jr. Girls High Jump – Int. Girls High Jump – Sr. Girls

Triple Jump - Int. Girls Triple Jump - Sr. Girls Triple Jump - Jr. Girls

Shot Put – Jr. Boys Shot Put – Sr. Boys Shot Put – Int. Boys

Discus - Sr. Girls Discus – Jr. Girls Discus - Int. Girls

Javelin - Sr. Boys Javelin - Int. Boys Javelin - Jr. Boys

Thursday, May 17 Schedule of Track Events

10:00 a.m. 200m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

11:30 a.m. 800m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

12:30 p.m. 4 x 100 Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

2:00 p.m. 200m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

2:45 p.m. 3000m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

4:00 p.m. 4 x 400m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

Thursday, May 17 Schedule of Field Events

10:30 a.m. 1:00 p.m. 3:00 p.m.

Long Jump - Int. Girls Long Jump - Jr. Girls Long Jump - Sr. Girls

High Jump - Sr. Boys High Jump - Jr. Boys High Jump - Int. Boys

Triple Jump - Jr. Boys Triple Jump - Int. Boys Triple Jump - Sr. Boys

Shot Put – Jr. Girls Shot Put - Sr. Girls Shot Put – Int. Girls

Discus – Int. Boys Discus – Sr. Boys Discus – Jr. Boys

Javelin - Sr. Girls Javelin - Int. Girls Javelin - Jr. Girls