

2018 Peace Country Classic/GP Kids Meet

(includes the NW Zone 8 Trials for the 2018 AB Summer Games)

Saturday, May 12, 2018 - 9 a.m. to 5 p.m.

The **Peace Country Wolves Athletics Club (PCWAC)** is proud to present the **2018 Peace Country Classic/GP Kids Meet**. This event is Grande Prairie's annual all comers meet open to athletes of all ages and abilities. This year, the meet will also be used to select the NW Zone 8 team for the Alberta Summer Games in Grande Prairie from July 19 to 22nd.

Where

Legion Track, 11315 105 Street, Grande Prairie
(adjacent to the Leisure Centre and GP Composite High School)

Events

A full slate of standard track and field events will be offered. See pages 3 and 4 at the end of this document for a list of events and the schedule.

Categories (separate male and female categories for each)

GP Kids Meet - Jr Elementary (Born 2009 or earlier); Sr Elementary (Born 2006, 07, 08)
PCC Meet- Midget (Born 2003, 2004, 2005); Youth (Born 2002, 2003); Open (Born 2001 or earlier)

Entry Fees

GP Kids Meet- \$5 for one event; \$10 for 2 or 3 events + Non AC member fee (if applicable)
PCC Meet- \$15 for one event; \$20 for 2 or 3 events; \$25 for 4 events (limit of 4 individual events per athlete) + Non AC member fee (if applicable)

The 4 x 100m relay is free and does not count as one of your events.

New for 2018: Our sanctioning and insurance requires all entrants to be members of Athletics Canada (AC). Athletes who do not hold a valid 2018 Athletics Canada membership will need to sign up for a 14-day PWAC Trial membership or an Athletics Alberta ASG (U16 and U18 only) Membership (see next section.)

Non AC Members

- \$5 one-time fee for a 14-day PCWAC trial membership for GP Kids Meet, Open, or Non-Albertan Midget/Youth athletes.
- Alberta residents in the Midget (U16) or Youth (U18) Categories trying out for the NW Zone Team for the Alberta Summer Games team will be required to get an Athletics Alberta ASG Membership.

Note: Any performances registered by athletes with a PWAC trial membership or ASG membership are "exhibition" and not considered "official" and are not eligible for inclusion in the 2018 National Rankings.

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NW Zone 8 Alberta Summer Games Trials

A team of 22 male and 22 female Midget (born 2003, 04, 05) and Youth (born 2001, 2002) athletes resident in the Peace Country will be selected from the meet. If you wish to be considered for selection, please indicate when you enter.

Note: If fewer than 22 males or 22 females try out, additional athletes may be added to the team based on performances at other 2018 meets.

Entry Process

- Enter online at Trackie.com
<https://www.trackie.com/online-registration/register/peace-country-classic-zone-8-asg-trials/21908/>
- You can pay online OR onsite on race day (cash or cheque payable to the **WAPITI STRIDERS TRACK CLUB**)
- Limit of 4 individual entries + the 4 x 100m relay.
- Deadline for entries is **Wednesday, May 9 at 9 p.m.**. Please get your entries in on time. Late entries, if accepted, will be charged a \$5 penalty.
- If you require a 14-day PWAC trial membership (i.e. you are not a 2018 member of Athletics Canada), get one here (**Note: Do not get your membership BEFORE April 29 – it will not be valid on Meet Day.**) <https://www.trackie.com/online-registration/register/pwac-14-day-trial-membership/21909/>
- If you are trying out for the Alberta Summer Games and are NOT a 2018 member of Athletics Canada, get an Athletics Alberta ASG membership here.
https://www.trackie.com/members/UN-AB.php?is_asg=1
- **Please, please, please – no race day entries**

Facility/Technical Rules

- 8 lane all-weather track suitable for spikes (7mm or shorter)
- Hand timing and no wind gauges
- All races will be timed finals; age categories will be combined into consolidated heats where/when it makes sense
- Starting blocks must be used for all sprint races for the Midget, Youth, and Open competitors.
- Track events take precedence over field events. An athlete entered in a track and a field event at the same time, must check in at the field event, inform the official that he/she is running in another event, and then proceed to the track event.
- Check in/marshall at the starting line or at the field event.
- Concrete throwing circles for discus and shot put
- Newly constructed all-weather track surface suitable for spikes for all jumps and the javelin.
- For field events, all athletes will be given four attempts to be completed within a 30 minute window for the event.
- Washroom facilities available on site.

Version Three– April 21, 2018

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Event List

Track Events

	60	100	200	300/400	800	1200/ 1500	2000/ 3000	Race Walk	Spr Hurdles (AC Specs)	Int Hurd (AC Specs)	4 x 100 Relay
Jr Elm	X			400							x
Sr Elm	X				x						x
Midget		X	X	300	X	1200	2000		80m - .76m (w) 100m - .84m (m)	200m - .76m	X
Youth		X	X	400	X	1500	3000		100m - .76m (w) 110m - .91m (m)	300 - .76m(w), .84m(m)	X
Open		X	X	400	X	1500	3000	1500	100m - .84m (w) 110m - 1.07m (m)	400 - .76m(w), 91m(m)	X

Field Events (AC Specifications)

	Standing Long Jump	Long Jump	Triple Jump	Shot Put	Javelin	Discus	High Jump
Jr Elm	X						
Sr Elm	X			2 kg			
Midget		X	x	3 kg (w), 4 kg (m)	500g(w), 600g (m)	1kg	X
Youth		X	x	3 kg (w), 5 kg (m)	600g (w), 700g (m)	1kg (w), 1.5kg (m)	x
Open		X	x	4 kg (w), 7.26 kg (m)	600g(w), 800g (m)	1kg (w), 2kg (m)	x

Version one, April 6, 2018

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Saturday, May 12, 2018 - 9 a.m. to 5 p.m.

Meet Schedule

TRACK			FIELD		
9:00	2000m and Race Walk (both on the track at same time)	Midget, Open	9:00	Standing Long Jump – Boys and Girls	Jr Elm, Sr Elm
9:30	3000m	Youth, Open	9:15	Discus - Men	Midget, Youth, Open
			9:30	Shot Put- Women	All except Sr Elm
10:00	60m (run on the back straight)	Jr Elm, Sr Elm			
10:00	100m	Midget, Youth, Open			
			10:30	Discus - Women	Midget, Youth, Open
			10:45	Shot Put - Men	All except Sr Elm
11:00	400m	Jr Elm Only	11:00	High Jump – Women and Men	Midget, Youth, Open
11:05	800m	All			
			11:45	Shot Put – Boys and Girls	Sr Elm Only
Noon	Sprint Hurdles	Midget, Youth, Open			
LUNCH BREAK					
1:30	200m	Midget, Youth, Open	1:30	Javelin - Women	Midget, Youth, Open
			1:30	Long Jump - Men	All except Elm
2:15	1200m	Midget			
2:25	1500m	Youth, Open	2:25	Javelin - Men	Midget, Youth, Open
			2:30	Long Jump - Women	All except Elm
3:00	300m	Midget			
3:10	400m	Youth, Open			
3:50	Int Hurdles	Midget, Youth, Open	3:45	Triple Jump – Women and Men	Midget, Youth, Open
4:20	4 x 100 Relay	All			

Version 1 – April 4, 2018