THROW FOR AUTISM

ATHLETES GIVING BACK

Saturday May 12, 2018

Location: Port Williams, NS

Launch Pad

The 6th Annual *Throw for Autism* meet offers throwers the opportunity to give back by supporting youth with disabilities in the region. Throwers will be given a sponsor sheet instead of an entry fee. Athletes are encouraged to seek pledges for the cause.

Schedule:

Javelin: 1pm Discus: 2 pm Shot Put: 3:30 pm

Categories – Bantam to Masters

- 1. All personal implements used in competition will be weighted prior to competition.
- 2. Javelin spike length is a maximum of 5mm. Please check with Steve Wohlmuth prior to warm-up.

For more information, please contact Steve Wohlmuth at 542-4848 or launchers_canada@yahoo.com

Schedule and Number of Throws

Note: Pending final number of participants, the schedule could change or the throwing group could go to a 4 throw (instead of 6 throws) competition. This information will be available on May 10th following registration deadline.



Introduction

Being a Nova Scotia thrower has been a rewarding experience for many athletes. The level of respect and camaraderie among throwers is unmatched anywhere in the country. On May 12th, there is an opportunity to come together and give back to community and province to those less fortunate. Launchers is hosting a fundraiser called "Throw For Autism". This event is sanctioned and all proceeds are going to support youth with Autism in Nova Scotia.

How can I participate?

Participants simply get sponsors using the attached *Throw For Autism Sponsorship Form*.

How do I register for the Throw For Autism Meet?

Deadline for Entries is Wednesday May 9, 2018

Is there a registration fee for the event?

No registration fee. Simply gather as many sponsors you can get and bring your form and fundraised money to the registration check-in desk.

Is there a weather re-schedule date?

Yes. If weather is deemed inappropriate the event will be held on Sunday May 13th. Same start time.

What is Autism?

Autism spectrum disorder (ASD) and autism are both general terms for a group of complex disorders of brain development. These disorders are characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication and repetitive behaviors.

