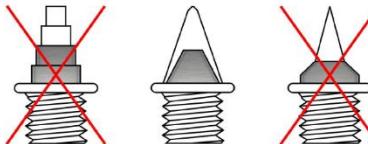




University of Windsor
Thirteenth Annual Lancer Prep Invitational
Saturday, April 28, 2018

INFORMATION SHEET

1. Location: University of Windsor Stadium, Huron Church and College Ave.
2. Eligibility: Open to High School athletes **ONLY**. Athletes **MUST** be entered by their school – no individual entries.
3. Entry Deadline: Tuesday April 24th by 11:59pm. All entries will be processed using Trackie using this direct link: www.trackiereg.com2018LancerPrep
Coaches should contact Brett Lumley (lumley3@uwindsor.ca) to have their login email added, allowing them to process their teams entries on Trackie.
4. Entry Fee: \$5.00 per event & \$10 per relay to a team maximum of \$400. Cheques should be made payable to: **“University of Windsor”**. Please read information regarding scratches below.
5. Scratches: Scratches received by **Thursday, April 26th (Noon)** will be accepted and the **Team’s Entry Fee will be deducted to reflect the scratches received by this deadline**.
6. Team Packages: Envelopes containing competition numbers, a revised schedule, and final scratch forms etc. will be available at the stadium entrance. Entry fees for all athletes entered, reflecting scratches received by the deadline, must be paid at this time.
7. Awards: Awards will be presented to the top 3 finishers in each event.
8. Track: 400 metre Mondo eight-lane track with two eight lane straight-aways. Track and all jumping surfaces are Mondo, throwing circles are concrete. Javelin approach is Mondo.
9. Spikes: Cone style spikes only are allowed for all track and jumping events - no longer then 6mm. Shoes will be checked and offenders retired.



10. Throwing Implements: Athletes are required to bring their own throwing implements. We will be weighing equipment at competition site. Implements in the competition must be shared.
11. Starting Heights:

High Jump			
	Midget	Junior	Senior
Girls	1.20m	1.25m	1.30m
Boys	1.45m	1.50m	1.60m

Pole Vault

	Midget	Junior	Senior/Open
Girls			2.20m
Boys	2.50m	2.70m	2.80m

12. Scoring: This meet will not be scored.

13. First Aid: Qualified athletic therapists will be available throughout the meet. Kindly provide your own tape.

14. Light Refreshments: The concession stand at the University of Windsor stadium will be open at 10:00 AM.

15. Coaches/Spectating All coaches must be in the coaching areas adjacent to the field events or in the main grandstand. Coaches are **NOT** permitted on the infield.

16. Admission There will be a \$2 entry admission for spectators.

17. Schedule: A tentative schedule of events is enclosed. A finalized schedule, based on the entries received will be enclosed in your team package and will be posted at www.golancers.ca on Friday, follow the link to Track and Field/Additional Links.

18. Questions Direct entries, seed times, fees, and inquiries to:

Mr. Brett Lumley (Ext. 2423)
Dept of Athletics and Recreational Services
University of Windsor
Windsor, ON N9B 3P4

Phone: (519) 253-3000
Cell: (519) 984-2779

E-mail: lumley3@uwindsor.ca



TENTATIVE SCHEDULE
13TH ANNUAL LANCER PREP INVITATIONAL
 SATURDAY, APRIL 28, 2018
 UNIVERSITY OF WINDSOR STADIUM
 WINDSOR, ON

	<u>Track</u>		<u>Field</u>
9:30am	300mH Midget Girls	9:30am	Midget Girls Long Jump
9:40am	300mH Junior Girls		Junior Girls Triple Jump
9:50am	300mH Midget Boys		Senior Girls High Jump
10:00am	300mH Junior Boys		Midget Boys Shot Put
10:10am	400mH Senior Girls		Senior Boys Javelin
10:20am	400mH Senior Boys		Junior Boys Discus
10:30am	1500m Midget Girls	11:00am	Midget Girls Shot Put
10:40am	1500m Midget Boys		Senior Girls Javelin
10:50am	1500m Junior Girls		Midget Boys Long Jump
11:00am	1500m Junior Boys		Senior Boys High Jump
11:10am	1500m Senior Girls		M/J/S Boys Pole Vault
11:20am	1500m Senior Boys		Junior Boys Triple Jump
11:40am	100m Midget Girls		Junior Girls Discus
11:55am	100m Midget Boys	1:00pm	Midget Girls High Jump
12:10pm	100m Junior Girls		Junior Girls Long Jump
12:20pm	100m Junior Boys		Senior Girls Triple Jump
12:30pm	100m Senior Girls		Midget Boys Javelin
12:45pm	100m Senior Boys		Junior Boys Shot Put
			Senior Boys Discus
1:30pm	80mH Midget Girls	2:30pm	Midget Girls Javelin
1:40pm	80mH Junior Girls		Junior Girls Shot Put
1:50pm	100mH Senior Girls		Midget Boys High Jump
2:00pm	100mH Midget Boys		Junior Boys Long Jump
2:10pm	100mH Junior Boys		Senior Boys Triple Jump
2:20pm	110mH Senior Boys		Open Girls Pole Vault
2:30pm	400m Midget Girls		Senior Girls Discus
2:45pm	400m Midget Boys	4:00pm	Junior Girls High Jump
3:00pm	400m Junior Girls		Senior Girls Long Jump
3:15pm	400m Junior Boys		Junior Boys Javelin
3:30pm	400m Senior Girls		Senior Boys Shot Put
3:45pm	400m Senior Boys		Senior Boys Discus
4:00pm	4 x 100m Midget Girls		
4:15pm	4 x 100m Midget Boys		
4:30pm	4 x 100m Junior Girls		
4:45pm	4 x 100m Junior Boys		
5:00pm	4 x 100m Senior Girls		
5:15pm	4 x 100m Senior Boys		
5:30pm	3000m Open Girls		
5:45pm	3000m Open Boys		
6:00pm	200m Midget Girls	5:30pm	Junior Girls Javelin
6:10pm	200m Midget Boys		Senior Girls Shot Put
6:20pm	200m Junior Girls		Midget Boys Triple Jump
6:30pm	200m Junior Boys		Junior Boys High Jump
6:40pm	200m Senior Girls		Senior Boys Long Jump
6:50pm	200m Senior Boys		Midget Girls Discus
7:00pm	800m Midget Girls		
7:10pm	800m Midget Boys		
7:20pm	800m Junior Girls		
7:30pm	800m Junior Boys		
7:40pm	800m Senior Girls		
7:50pm	800m Senior Boys		