## 2018 Kamloops Spring Throws Meet Events Offered

MALE										FEMALE								
Mast	Snr	Jnr	Yth	Mid	13	12	11	9/10		9/10	11	12	13	Mid	Yth	Jnr	Snr	Mast
X	X	X	X	X					Hammer					X	X	X	X	X
X	X	X	X	X					Discus					X	X	X	X	X
X	X	X	X	X					Javalin					X	X	X	X	X
X	X	X	X	X					<b>Shot Put</b>					X	X	X	X	X