



2018 Dylan Armstrong Throws Competition

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics

Saturday, March 31, 2018

Location:

Tournament Capital Centre, 910 McGill Rd., Kamloops, BC (See page 3 for driving directions).

Facility:

Throws area at Hillside Stadium. Polyurethane surface for Javelin, and concrete circles for Shot Put, Hammer and Discus. Change rooms available. Concession available at TCC

Meet Director:

Wayne Elke: Phone: (250) 554-4240

Email: wcelke@shaw.ca

Meet Manager:

Judy Armstrong: Phone: (250) 377-3378

Email: judy54armstrong@gmail.com

Eligible Athletes:

- 2018 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- 2018 School Club Members – Elementary, middle or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete.
- “Day of Event” School Club Members – **Elementary, Middle or high school students only**, whose schools **do not** hold a BC Athletics School Club Membership can purchase “Day of Event” School Club Membership insurance for \$3.00

Entry Fees:

- \$9.00/event submitted electronically online at TrackieReg.
- **Late entries will be charged \$18.00/event.**

Registration & Entries:

Master’s athletes age is determined by their age as of the first day of the meet – March 31, 2018. For all other athletes, the age is calculated as of the end of 2018.

Entries Chairperson: Brian Beck

mail: kfcregistrar@gmail.com

All entries must be submitted to Brian by the following methods:

- **TrackieREG** – Register online and payment may be made using a credit card .
- Online registration link - <http://www.trackiereg.com/2018ArmstrongThrows51597>

****ENTRY DEADLINE**:** 11:59 pm, Saturday, Mar. 24, 2018. All entries must be received by this date to avoid late entry fees. The late entry deadline is 7:00 pm, Thursday, Mar. 29, 2018. After this date, any further entries will only be accepted at the meet and only if there is room in the event.

COMPETITION RULES AND OTHER INFORMATION

COMPETITION CATEGORIES - 2018:

Midget (03/04), Youth (01/02), Junior (99/00), Senior (84-98), Master (1983 and earlier - 35yrs of age+).

AWARDS:

Where will be no medals or ribbons awarded for this meet.

MARSHALLING:

Check-in for all field events is at the event site. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 30 minutes prior to the competition. The weigh-in station will be located in the Throws shed near the throws area.

SPIKE LENGTH:

The maximum spike length allowed is 9mm for Javelin.

ORDER OF EVENTS:

All field events will run oldest to youngest. Events will follow a "rolling start" which means the next event will start shortly after the previous even is completed

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club uniform.

MEDICAL:

St. John's Ambulance on site.

Driving Direction to the Tournament Capital Centre:

Arriving from the west (Highway #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (**NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.)

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.

