



Kamloops Ridge Runners

PO Box 1044 STN Main, Kamloops, BC V2C 6H2

34th ANNUAL BLACKWELL DAIRY FUN RUN



The 15 km is RACE #6 of the Interior Running Association's Canadian Tire Road Race Series. The 3 km is just for FUN and GREAT for kids. Both races take place in Barnhartvale, starting and finishing at RL Clemitson Elementary School. The routes are challenging but scenic semi-urban and rural roads. Refreshments for runners include water and electrolyte drink on course. Post-race, a Kamloops Paddlewheelers Lions Club pancake breakfast; milk and ice cream from Blackwell Dairy; fresh fruit; water/coffee and plenty of Door Prizes await both runners and volunteers. Door prizes are pre-drawn & available for pickup immediately following completion of the runs. For more information contact: www.kamridgerunners.org/blackwelldairy

May 27, 2018

RL Clemitson Elementary School

5990 Todd Rd, Kamloops, BC

- Bib Pickup & Registration (Gymnasium)
- Registration CUT OFF 8:30 AM
- 15 km IRA Road Series Race 9:00 AM
- 3 km Race 9:15 AM

WAIVER: In accepting my entry for this race, I understand that the Organizers, BC Athletics and its divisions and/or Municipal Agencies/Sponsors shall not be liable for injury or loss to the athlete howsoever caused, whether through the negligence or wilful conduct of the officers, directors, employees, agents or appointees of the association(s) and its divisions whether such loss or injury occurs while travelling to or from the event or while staying at or participating in the programs or activities of the event. I certify that I am medically able to perform this event, I am in good health, and I am properly trained. I further hereby grant full permission to the race organizers, and the Interior Running Association (IRA) to use my name, gender, age, hometown, and race results from this event in any publicity related to this event, including posting of race results and photographs to the IRA and related running club websites. I have read this waiver and fully understand its comments. The association has provided the opportunity to explain this to me. If I am under 19 the signature is of my legal guardian.

DATE:	SIGNATURE:
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Race Fee (includes 1 breakfast) 15K \$35 / 3K \$18 :	
Extra Breakfasts at \$10 each:	
Race Shirt W:(XS/ S / M / L /XL) U:(S / M / L /XL) \$25 :	
Under 19 discount (doesn't apply to 3 km) -\$10 :	
KRR Member discount (doesn't apply to 3 km) -\$10 :	
Competitive BCA Member discount -\$3 :	
Race Day Registration Penalty +\$10 :	
(Cheques payable to Kamloops Ridge Runners) Total :	

Distance: (3K / 15K)	BCA #: (Competitive)
Name: (First Last)	
Gender: (M / F)	Birth Date: (YYYY-MM-DD)
City:	Province: (Abbreviation)
Club:	
Phone / Email / Mailing Address:	