

**2018 DAVID McKENDRICK
MINOR TRACK ASSOCIATION INDOOR PROVINCIAL CHAMPIONSHIPS**

Toronto Track & Field Centre, York University
231 Ian MacDonald Boulevard
Toronto, Ontario, Canada M3J 3L9
March 24th and March 25th 2018

Meet Director: Earl Letford
Phone: (416) 562-0898 email: track@flyingangels.ca

Eligibility: **Athletes must be a registered member with a MTA registered club**

All Member Clubs must have their Athletes registered and the annual Administration fee paid as mentioned in By-Law 11:1 THE MONDAY PRIOR TO A PROVINCIAL CHAMPIONSHIP EVENT. Athletes **MUST be registered by **Monday March 19th, 2018**.**

This is a **closed** event for MTA clubs only. Only **athletes registered** with an **MTA club** can compete.

EVENTS OFFERED

Pee Wee: Athletes born in 2012-13

60m, Long Jump

Mite: Athletes born in 2010-2011

60m, 200m, 400m, 800m, 60m Hurdles, Long Jump, Shot Put, 4x200

Tyke: Athletes born in 2008-2009

60m, 200m, 400m, 800m, 800m Race Walk, 1200m, 60m Hurdles, Long Jump, High Jump, Shot Put, 4x200, medley relay 2x2x4x8

Atom: Athletes born in 2006-2007

60m, 200m, 400m, 800m, 800m RW, 1500m, 60m Hurdles, Long Jump, Triple Jump, High Jump, Shot Put, 4x200
Medley relay 2x2x4x8

MTA Senior: Athletes born in 2004-2005

60m, 200m, 400m, 800m, 800m RW, 1500m, 60m Hurdles, Long Jump, Triple Jump, High Jump, Shot Put, 4x200
Medley relay 2x2x4x8

ENTRY INFORMATION AND INSTRUCTIONS

Online Entries Complete online entries at www.trackiereg.com

Hy-Tek Entries Complete entries using Hy-Tek Team Manager.
The events file may be found at www.minortrack.org

Email Entries MS Excel file must include Athlete Name, MTA #, DOB, Division, Gender, and Event
Email the completed entries to track@flyingangels.ca
No Mail or faxed entries accepted!

Entry Deadline Wednesday, March 21st, 2018 at 11:59 pm
ENTRIES WILL NOT BE ACCEPTED ON RACE DAY

Entry Fees \$10.00 per individual event and \$1.00 MTA fee per athlete, \$15.00 per relay

AFTER DEADLINE:

\$20.00 per event and \$25 per relay by noon on Friday, March 23th
Please make cheque payable to **Flying Angels Track and Field Club**

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MEET ADMISSION

All entry to the indoor track will be by athlete competition numbers and coaches' wrist bands. One coach per 10 athletes will be allowed. **Only registered MTA coaches with an MTA number will be issued a wrist band.**

EVENT SCHEDULE

A rolling schedule is enclosed.
Events will begin immediately at the conclusion of the previous event.

AWARDS

Medals will be presented to the 1st, 2nd, and 3rd place finishers in each event.
Ribbons will be presented to 4" to 8" place finishers
Participant ribbons will be given to all competitors.
An MTA team championship trophy will be awarded to the club with the highest accumulated team points.

NOTES

Athletes may enter in four individual events, of which no more than three may be track events (relay not included) Waiver forms must be filled out and submitted by each athlete or a blanket waiver by coach with power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete.

Events with less than five athletes may be combined with another age group.

STARTING BLOCKS

Starting blocks for Atom and MTA Seniors only

GENERAL RULES

Track events take precedence over field schedules. If the timing of the field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event once they completed their race.

FIELD EVENTS

Jumps and Throws. <20 participants, each competitor receives 3 trials and top 8 get 2 additional jumps
>20 participants, each competitor receives 2 trials and top 8 get 2 additional jumps
In either case — top eight receives an additional 2 trials. Only the best result of the day is scored for position. A tie will be broken by the second best jump.
Seniors jump from the line.

NOTE: Coaches and spectators will not be allowed near the long jump area. They are to remain on the other side of the fenced area or on the opposite side of the track.

TRACK EVENTS

Sprints/ Hurdles: There will be heats and finals for these events
Qualifying to the finals on the 8 lane track:
To Final: 4 or fewer heats the top 8 times will move on to final, 5 or more heats, top 16 times move on to the finals in an A and B final with the A final being the fastest. Awards will be given to the top times between the A and B finals.

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DIRECTION TO TORONTO TRACK & FIELD CENTRE

- Follow Highway 401 to Highway 400 North
- Follow Highway 400 north to the Steeles Avenue exit.
- Go East (left) on Steeles, past Jane Street to the second set of lights.
- Turn right on Founders Road
- Take immediate first left entrance to parking lot.
- Follow the sidewalk west to the front of the Track and Field Centre.

HOTELS IN THE AREA:

1 EXTENDED STAY TORONTO VAUGHAN

3600 Steeles Avenue East, Vaughan,
905.856.9600

2 HOLIDAY INN EXPRESS & SUITES VAUGHAN SOUTHWEST

6100 Hwy 7 Vaughan
905.851.1510

3 COMFORT INN

66 Norfinch Drive, Toronto
416.736.4700

4 HOLIDAY INN EXPRESS

30 Norfinch Drive, Toronto
416.665.3500

5 TRAVELODGE INN

50 Norfinch Drive, Toronto
416.663.9500

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**DAY ONE – SATURDAY March 24TH, 2018
START TIME 9:30 AM**

TRACK EVENT	DIVISION	FIELD EVENTS	DIVISION
800m Race Walk	TG, TB, AG, AB, SG, SB	Shot Put	MB
1200m Finals	TG, TB	Long Jump	PG & MG
1500 m Finals	AG, AB, SG, SB	Shot Put	SB

MEDAL PRESENTATION

60m Heats Prelims or Finals	PG, PB, MG, MB, TG, TB, AG, AB, SG, SB	Long Jump Shot Put	AG TB
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BREAK

400m Finals	MG, MB, TG, TB, AG, AB, SG, SB	Long Jump Shot Put	SG AB
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MEDAL PRESENTATION

60m Finals (if necessary)	PG, PB, MG, MB, TG, TB, AG, AB, SG, SB	Long Jump Shot Put	PB & MB MG
		Shot Put	AG
		Long Jump Shot Put	AB TG
4 x 200 Relay	MG, MB, TG, TB, AG, AB, SG, SB	Long Jump Shot Put	SB SG

MEDAL PRESENTATION

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DAY TWO – SUNDAY March 25TH, 2018

START TIME – 9:30 AM

TRACK EVENT	DIVISION	FIELD EVENTS	DIVISION
800 Finals	MG, MB, TG, TB, AG, AB, SG, SB	High Jump Triple Jump Long Jump	TG AB TB
60m Hurdles Heats or Finals	MG, MB, TG, TB, AG, AB, SG, SB	High Jump Triple Jump	AB SB
BREAK			
60m Hurdles Finals (if necessary)	MG, MB, TG, TB, AG, AB, SG, SB	High Jump Triple Jump Long Jump	SB AG TG
200m Timed Finals	MG, MB, TG, TB, AG, AB, SG, SB	High Jump Triple Jump High Jump High Jump	TB SG AG SG
200 x 200 x 400 x 800 Relay	TG, TB, AG, AB, SG, SB		



MINOR TRACK ASSOCIATION

SANCTIONED AND REQUIRED BY:

MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2018 Dave McKendrick MTA indoor Championships Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association of Ontario
Flying Angels Track Club
City of Toronto
Toronto Track & Field Centre
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise, whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

| FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BYSUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. WARRANT that I am physically fit to participate in this event.

Date

Print Name

Signature

(If under 18, parent or guardian or Power of Attorney to sign below.)

Date

Print Name

Signature of Legal Guardian