



## **Alberta Indoor Track & Field Championships**

### **Age Class Provincial Championships**

**Hosted and Sanctioned by Athletics Alberta**  
**March 3<sup>rd</sup> & 4<sup>th</sup>, 2018**

#### **Location & Facility**

Location:	Universiade Pavillion University of Alberta, North Campus 87 <sup>th</sup> Ave and 114 <sup>th</sup> Street, Edmonton Alberta
Facility Specs:	7 lane Mondo track (No pin spikes allowed, 7mm maximum length) Mondo runways for all jumps A cement circle for weigh throw, both cement and wooden for shot put
Photo Timing System:	Finish Lynx

#### **Meet Enquiries**

If you have any questions or inquiries about the meet, please email [competitions@athleticsalberta.com](mailto:competitions@athleticsalberta.com) and the appropriate member of the LOC will be happy to help.

#### **Meet Hotels**

The **Radisson Hotel Edmonton South** welcomes Last Chance participants, and rooms for teams and families for **\$112.00 per night (year long pricing)**. The nightly rate **includes full breakfast for 4, FREE Wifi and FREE parking at the hotel**. For more information (or to make a reservation), please see <https://www.athleticsalberta.com/wp-content/uploads/2016/10/Athletics-Alberta-2016.pdf>

Online hotel booking (available all year): [www.radisson.com/athleticsalberta](http://www.radisson.com/athleticsalberta)

#### **Registration Package**

Registration packages will be available at the Technical Information Centre on the main concourse starting 90 minutes before the first scheduled event of the day.



## **Entry Deadline and Process**

- ▶ Entries and scratches must be received by **Sunday, February 25<sup>rd</sup> at 9:00pm.**
- ▶ Entries will no be accepted after February 25<sup>th</sup>.
- ▶ Scratches are not eligible for a refund.
- ▶ All entries must be done through Trackie Reg. [www.trackiereg.com](http://www.trackiereg.com).
- ▶ Team Manager file will be available for uploading into Trackie Reg.
- ▶ Meet Entry Chairperson and Competition Secretary: **Vernon Schmid:** [vernon@ellistiming.ca](mailto:vernon@ellistiming.ca)
- ▶ All seeds for championship events must be verifiable in the Athletics Alberta rankings and the HOC reserves the right to adjust seeds, including issuing no seed, for athletes / teams without verifiable performances.
- ▶ Window for seed performance is January 1<sup>st</sup> 2017 to February 24<sup>th</sup> 2018.
- ▶ Meet Schedule will be available on the Athletics Alberta website by end of the day on Tuesday February 27<sup>th</sup>, 2018

**Please note:** The program and instructions for using Hy-Tek Team Manager are available for download at: <http://www.ellistiming.ca/documents/TeamManagerNotes.pdf> if you wish to use Team Manager to import entries in to Trackie Reg.

## **Entry Fees**

Athlete Registration	1 <sup>st</sup> Event:	\$30.00
Individual Events	Each Additional Event:	\$20.00
Multi Events	Entry Fee:	\$35.00

## **Eligibility**

- ▶ All athletes entering must be registered members of Athletics Alberta, no exceptions.
- ▶ Out of province athletes must be registered with their respective Provincial Athletics Association. Out of province athletes will not be eligible for Provincial medals but will however receive meet medals.

## **Age categories offered:**

*Tyke* – born 2009 or later, *Peewee* – born 2007-2008, *Bantam* – born 2005-2006, *Midget* – born 2003-2004, *U18* – born 2001-2002, *U20* – born 1999-2000, *Senior* – born 1998 or earlier, *Masters* – Born March 3<sup>rd</sup> 1983 or earlier.



## 2018 Alberta Indoor Track & Field Championships– Events Offered

Legend: X = Championship Event; N = Non-Championship Event

Event	Masters	OPEN	Under-20	Under-18	Midget	Bantam	Pee Wee	Tykes
60m	X	X	X	X	X			
200m	X							
300m	N	X	X	X	X			
600m	X	X	X	X	X			
1000m	X	X	X	X				
1200m					X			
1500m	X	X	X	X				
2000m					X			
3000m	X	X	X	X				
60mH	X	X	X	X	X			
1.5K Race Walk					X			
3K Race Walk	X	X	X	X				
Long Jump	X	X	X	X	X			
Triple Jump	X	X	X	X	X			
High Jump	X	X	X	X	X			
Pole Vault	X	X	X	X	X			
Shot Put	X	X	X	X	X			
Weight Throw	X	X	X	X	X			
Multi Event						N	N	N

- ❑ Field event age classes may be combined if entry numbers are low, medals will still be awarded separately
- ❑ If entry is deemed insufficient, or time does not allow, non-championship events will be cancelled.
- ❑ **300m: Only lanes 3-7** will be scheduled for the heats, all finals will be A/B or A/B/C format and will only use lanes 4-7 or 3-7 depending on required number of advancers.
- ❑ Provincial Championships for Relays, Combined Events, and Multi Events were held earlier this indoor season.
- ❑ **Note: Field events for Tyke, Pee wee, and Bantam may not occur in this order.**



## General Rules

- ▶ Marshalling procedures are in effect. Marshalling takes place at track level, against the bleachers not pulled out (**Call Room/Warm-up area**). **Athletes who do not present themselves in the Marshalling Area as required will not be eligible to compete in that race.**
- ▶ All track event athletes are required to check in at the Check-In Desk at least **15 minutes prior** to the scheduled event start time. When checking in, please have your number on and your spikes available to verify spike length. Athletes will be required to remain there until a starters assistant leads them to their start line.
- ▶ Field event athletes will marshal at the event competition area, and are requested to be at the competition area **30 minutes** before the scheduled start time of the event.
- ▶ **Restricted access to field for Coaches** (with **approved identification**), athletes, Officials, and volunteers only.
  - We have set-up clearly identified designated seating areas for coaches only, adjacent to the field competition venues -- we require that coaches confine themselves to those areas while an event is taking place.
  - **Spectators** are not to be permitted on track level.
  - As noted previously, coaches who have met the requirements set forth by Athletics Alberta will have their accreditation valid for both AIG and Provincial Indoor Championships. Accreditation is available either in the team packages or the Volunteer desk (if you're not with a club). If you did not meet the requirements you will be confined to concourse and bleacher seating for the duration of the meet.
- ▶ Athletes competing in heats who do not intend to compete in the final must inform the Results Desk before the heats. Such athletes will be marked as exhibition, thus allowing someone else to advance to the final. Otherwise, IAAF Rule 142.4 will be applied (i.e.: the athlete may be disqualified from participating in the rest of the meet).
- ▶ For individual events and combined events, athletes must compete in their own age class at Provincial Championships. For relays, athletes are allowed to compete in an older age class to make complete teams that will be eligible for provincial medals. (Those athletes who compete in an older age class for relays must compete in their original age class for individual and combined events competition at this meet.)
- ▶ Starting blocks are mandatory for all athletes Midgets and up. Starting blocks are optional for Masters. Starting blocks will not be used for Tyke, Pee Wee, nor Bantam events.



#### **Modified Rules for Tyke & Pee Wee Long Jump**

Tyke & Pee Wee athletes will have a 1m take-off area and the officials will judge the take-off spot accordingly and measure. For the competition, all jumpers will have 3 attempts.

#### **Modified Rules for Pee Wee & Bantam High Jump**

Three successive failures will eliminate the jumper from further competition.

**Pee Wee:** Starting height of 0.70m, increments of 10cm until a height of 1.00m, increments of 5cm thereafter.

**Bantam:** Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter.

#### **Modified Rules for Tyke, Pee Wee & Bantam Throws**

Each competitor will only receive 3 attempts for all throwing events



## Technical Specifications

### Athletics Alberta Indoor Hurdles Specifications

Females					Age Group	Males				
Distance	Number	Height	To the 1st	Between		Distance	Number	Height	To the 1st	Between
60m	5	.45m*	12.00m	7.00m	PeeWee	60m	5	.45m*	12.00m	7.00m
60m	5	.60m**	12.00m	7.50m	Bantam	60m	5	.60m**	12.00m	7.50m
60m	5	.76m/30"	12.00m	8.00m	Midget	60m	5	.84m/33"	13.00m	8.50m
60m	5	.76m/30"	13.00m	8.50m	Youth	60m	5	.91m/36"	13.72m	9.14m
60m	5	.84m/33"	13.00m	8.50m	Junior	60m	5	.99m/39"	13.72m	9.14m
60m	5	.84m/33"	13.00m	8.50m	Senior	60m	5	1.07m/42"	13.72m	9.14m
World Masters Athletics website ( <a href="#">click here</a> )					<b>Masters</b>	World Masters Athletics website ( <a href="#">click here</a> )				

\*PeeWee hurdle heights can range from .45m/18"-.60m/24".

\*\*Bantam hurdle heights can range from .60m/24"-76m/30".

### Athletics Alberta Indoor Throws Specifications

Females		Age Group	Males	
Shot Put	Weight Throw		Shot Put	Weight Throw
2kg		Tyke	2kg	
2kg		PeeWee	2kg	
3kg		Bantam	3kg	
3kg	7.26kg/16lbs	Midget	4kg	7.26kg/16lbs
3kg	7.26kg/16lbs	Youth	5kg	9.08kg/20lbs
4kg	9.08kg/20lbs	Junior	6kg	11.34kg/25lbs
4kg	9.08kg/20lbs	Senior	7.26kg	15.88kg/35lbs
World Masters Athletics website ( <a href="#">click here</a> )		<b>Masters</b>	World Masters Athletics website ( <a href="#">click here</a> )	