



**CANADIAN ORTHOPAEDIC NURSES ASSOCIATION**

**41<sup>TH</sup> ANNUAL CONFERENCE HOSTED BY:**

**REGINA CHAPTER**

**PILE OF BONES**

**MAY 27- MAY 30, 2018**



# Featured Speakers

## Keynote Speaker: Barb Bancroft

**Barb Bancroft, RN, MSN, NP, has provided more than 2500 continuing education events on clinical topics pertaining to pathophysiology, physical assessment, and pharmacology to health care professionals throughout the United States and Canada. She has been the motivational keynote speaker on health maintenance topics for numerous nursing associations as well as for corporate groups and events.**



**Barb Bancroft is the author of four books—*Medical Minutiae*, a humorous look at the fields of medicine and nursing and *An Apple a Day: The ABCs of Diet and Diseases*, *Live a Little, Laugh a Lot*, and her 2012 release—*Kiss My Asparagus—an essential guide to nutrition’s role in health and disease*. Barb is currently working on her newest book, titled *LMAO (Laughing My Aspirin Off)*.**

**Barb is a fascinating, highly informative speaker whose dynamic and hilarious presentation style makes learning enjoyable. She provides a wealth of clinical information that can be applied to everyday practice.**

## Edith Cavell Speaker : Marlene Smadu



**Dr. Marlene Smadu, RN, EdD, LLD (h.c.) has been a registered nurse for over 40 years, serving in a variety of leadership roles in health, nursing and education during her career. She created and served in the role of Vice-President of Quality and Transformation, Regina Qu’Appelle Health Region, Regina, Saskatchewan, Canada 2012-2016. Prior to that she served as the Associate Dean, Southern Saskatchewan Campus and International Student Affairs for the College of Nursing, University of Saskatchewan, Assistant Deputy Minister of Health and Principal Nursing Advisor for the government of Saskatchewan, and Education Consultant and Executive Director at the Saskatchewan Registered Nurses Association. She has practiced nursing in all domains (clinical, education, administration, research and policy) and in a variety of settings in Canada, Papua New Guinea, and Qatar.**

**In June 2013 she was awarded the Honorary Degree, Doctor of Laws, from the University of Calgary for leadership in Canadian nursing and international health care and in June 2016 she was awarded the Canadian Nurses Association Order of Merit for Nursing Policy.**

# Conference Schedule

## Sunday, May 27<sup>th</sup>

|             |  |
|-------------|--|
| 1:00 - 1700 | <b>Registration (2<sup>nd</sup> level lobby – Delta Hotel)</b>   |
| 1900 - 2300 | <b>Meet and Greet: National Minute to Win It</b><br><i>Show your provincial pride in some friendly competition of fun games to get to know each and kick the conference off!!</i><br><i>Prizes for best dressed and enthusiasm!!!</i><br><i>Snacks provided/Cash Bar</i> |

## Monday, May May 28<sup>th</sup>

|             |  |   |
|-------------|--|---|
| 0800 – 0900 | Exhibitors, Breakfast  |   |
| 0900 – 0930 | <b>Welcome &amp; Opening Ceremonies</b>  | Greetings from CONA<br>Greetings from the City and Province |
| 0930 – 1015 | <b>Rivaroxaban &amp; Enoxaparin – What should we use?</b>  | Dr. Patrick Duffy   |
| 1015 – 1045 | <b>Conscious Sedation – Safety and Practice</b>  | Dr. Terry Ross  |
| 1045 – 1100 | Exhibitors, Stretch and Nutrition Break  |   |
| 1100 – 1145 | <b>“The Nurse/Family Member View of Post Arthroplasty Infection.</b><br><b>Meet my Mother Etna</b> | Stella Callender  |
| 1145 – 1230 | <b>Ultrasound and Orthopaedics</b>   | Christen Toderan  |
| 1230 – 1315 | Lunch/Networking/Exhibitors  |   |
| 1315 – 1400 | <b>Family Journey - Polytrauma</b>   | Dr. Al Beggs / Mrs. Koch                                    |
| 1400 – 1445 | <b>PreOperative Iron Treatment</b>   | Dr. Ryan Lett   |
| 1445 – 1500 | Exhibitors, Stretch and Nutrition Break  |   |
| 1500 – 1545 | <b>Medical Assistance in Dying</b>   | Dr. Al Beggs  |
| 1545 – 1630 | <b>Foundations of Mental Wellness</b>  | Ann Marie Erben   |
| 1715 – 1815 | <b>President’s Reception- Invitation Only</b>  | Presidential Suite-Delta Hotel                              |
| 1830        | <b>Walking Pub Crawl</b>   | Meet in Main Lobby  |

**Tuesday, May 29<sup>th</sup>**

|             |  |                        |
|-------------|--|------------------------|
| 0800 - 0900 | Exhibitors, Breakfast  |                        |
| 0900 – 0945 | <b><i>Osteoporosis and Vitamin D</i></b>   | Sarah Nixon-Jackle     |
| 0945 – 1015 | <b><i>Preservation of Amputated Digits</i></b>   | Pui Yee Chow           |
| 1015 – 1045 | Exhibitors, Stretch and Nutrition Break  |                        |
| 1045 – 1215 | <b><i>Keynote Speaker: Living, Learning and Laughing Through the Years</i></b>   | Barb Bancroft          |
| 1215 – 1300 | Lunch /Networking/Exhibitors   |                        |
| 1300-1345   | <b><i>Stevensons Story : A Child with Osteogenesis Imperfecta</i></b>  | Leslie Francis         |
| 1345 – 1415 | <b><i>Prevention of Surgical Site Infection</i></b>  | Suet Chang             |
| 1415 - 1500 | <b><i>Breakout #1 – Applying splints/Boot casts etc (Hands on)</i></b>   | Cast Techs             |
| 1500 – 1515 | <b><i>Exhibitors, Stretch, Nutrition Break</i></b>   |                        |
| 1515 – 1600 | <b><i>Breakout #2 – Crutch Walking/Tensors/Slings (Hands on)</i></b><br>Note: group will be split and everyone will attend each breakout session | Cast Techs             |
| 1930 - 2300 | <b><i>Comedy Night</i></b>   | Terentino Room - Delta |

**Wednesday, May 30<sup>th</sup>**

|             |   |                                  |
|-------------|---|----------------------------------|
| 0745 – 0900 | Breakfast   |                                  |
| 0800 – 0930 | <b><i>Annual Meeting-Everyone Welcome</i></b>   |                                  |
| 0930 – 1000 | <b><i>Confusion and Delirium in the Orthopaedic Patient</i></b>                             | Heather Ead &<br>Angela Coluccio |
| 1000 – 1045 | <b><i>A Healthcare’s Guide to Medical Cannabis</i></b>                                      | Tracy Simpson                    |
| 1045 – 1115 | Exhibitors, Stretch and Nutrition Break, Check Out  |                                  |
| 1115 – 1215 | <b><i>Edith Cavell Speaker: Dr. Marlene Smedu RN</i></b>                                    |                                  |
| 1215 – 1230 | <b><i>Bodhi Tree Yoga – Importance of Life Balance</i></b><br><b><i>Closing Remarks</i></b> |                                  |

Our invited speakers have agreed to speak at our CONA conference. Should any unforeseen circumstances beyond our control occur to cancel a session or speakers, program adjustments maybe made.



Online Registration Available at:

[www.cona-nurse.org](http://www.cona-nurse.org)

VISA and MasterCard Accepted

For questions: [cona.saskatchewan@gmail.com](mailto:cona.saskatchewan@gmail.com)

## Registration Form (please complete both pages)

|                |            |  |
|----------------|------------|--|
| Last Name      | First Name | CONA Member #  |
| Position       | Employer   | CONA Chapter   |
| Address        |            | City   |
| Province/State | Country    | Postal Code/Zip  |
| Email Address  |            | Are you a certified Orthopaedic Nurse?<br>Yes <input type="checkbox"/> No <input type="checkbox"/> |

| Complete Conference | Early Bird by May 2            | After May 2                    |
|---------------------|--------------------------------|--------------------------------|
| CONA Members        | <input type="checkbox"/> \$450 | <input type="checkbox"/> \$550 |
| Non-members         | <input type="checkbox"/> \$600 | <input type="checkbox"/> \$700 |
| Students            | <input type="checkbox"/> \$250 | <input type="checkbox"/> \$300 |

| Daily Registration | Mon                            | Tues                           | Wed                            |
|--------------------|--------------------------------|--------------------------------|--------------------------------|
| CONA Members       | <input type="checkbox"/> \$250 | <input type="checkbox"/> \$250 | <input type="checkbox"/> \$200 |
| Non-members        | <input type="checkbox"/> \$300 | <input type="checkbox"/> \$300 | <input type="checkbox"/> \$250 |
| Students           | <input type="checkbox"/> \$125 | <input type="checkbox"/> \$125 | <input type="checkbox"/> \$100 |

**Breakfast, Lunch & Nutrition Breaks included in Registration** (as marked on program)

- Become a CONA member for \$100.00 and save \$150.00 on your registration [www.cona-nurse.org](http://www.cona-nurse.org)
- Note: Students must have full-time student status and show proof of registration (Student ID)
- Questions? – [cona.saskatchewan@gmail.com](mailto:cona.saskatchewan@gmail.com)

|   |   |   |
|---|---|---|
| <b>Social Activities</b>  | <b>Sunday, May 27<sup>th</sup></b>  |   |
|   | <input type="checkbox"/>  | <b>Meet and Greet – National Pride Minute to Win it</b> – Come dressed in your provincial pride and have some friendly competition in some fun games. There will be snacks provided and cash bar available. Prizes for best dressed and most enthusiasm!!<br><div style="float: right;"> <input type="checkbox"/> X \$0 / registrant<br/> <input type="checkbox"/> X \$15 /non-registrant </div>                                    |
|   | <b>Monday, May 28<sup>th</sup></b>  |   |
|   | <input type="checkbox"/>  | <b>Walking Pub Crawl</b> – Join us for a walk around the neighbourhood. All pubs are within walking distance, few blocks around the hotel. Enjoy some local food and the pubs our city has to offer in Regina. Food and drinks will be available at each stop for purchase. *Let us know if walking is a problem, we will find a way to get you there*<br><div style="float: right;"> <input type="checkbox"/> X \$20/person </div> |
|   | <b>Tuesday, May 29</b>  |   |
| <input type="checkbox"/>  | <b>Comedy Night</b> – TBA once we have confirmed the comedian. Snacks will be provided<br>*Extra guests welcome with a paid fee of \$40.00, must be registered prior to event*<br><div style="float: right;"> <input type="checkbox"/> X \$40/person </div> |   |
| <b>Note: There will be daily guided walks and runs every morning for those that are interested</b> <input type="checkbox"/> x 5.00/person |   |   |

\*There was a lot of interest in touring the RCMP Training Depot in Regina. We will have a tour planned for Wednesday May 30 afternoon when conference is over for anyone interested. I apologize for not being able to organize a tour during the conference as they are only open during the day 8-1630. Please check the box if interested in attending the tour. The cost is \$10.00 per person and can be paid at the door.

Attending

| Summary of Payment Owning                |  |
|--|--|
| Registration Fee-full (Sunday-Wednesday) | \$ _____   |
| Daily Conference Fee                     | <input type="checkbox"/> \$ _____ Monday<br><input type="checkbox"/> \$ _____ Tuesday<br><input type="checkbox"/> \$ _____ Wednesday |
| Social Events                            | \$ _____   |
| Total owing                              | \$ _____   |

**By Mail:** Send registration form & cheque or money order (in Canadian Funds) payable to the  
**CONA-Regina Conference**

**Can be mailed to: Kristen Wirsche 107 Champ Cresecent, Regina SK, S4R5B5**

**Registration will not be processed without payment.**

**Cancellation Policy:** Refunds must be requested in writing. No refunds will be issued after April 29, 2016.

**NSF Cheques:** A \$50 administration fee will be levied for all NSF cheques.

**Accommodations** can be booked at The Delta Hotel and Convention Center: [www.marriot.com/Regina](http://www.marriot.com/Regina) ,  
or by calling 1-306-525-5255, 1-855-293-6338. Please indicate that you are booking for the Canadian Orthopaedic Nurses  
Conference CONA

Group rates of \$169/night (Sunday- Wednesday) until April 29, 2016, subject to availability.

**FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT:**

This information is collected under the authority of the "Freedom of Information and Protection of Privacy Act". The information you provide is required to register you in the course, prepare material for your use and will be used to notify you of other courses or pertinent information. Financial information is used to process applicable fees and is not retained for future reference. If you have questions about collection or use of this information, please contact us.