**QUINTE-FRONTENAC TRACK CLUB**

**2017/2018 SEASON**

|  |  |
| --- | --- |
|  |  |
| Full Name |  |
| Sex |  |
| Date of Birth |  |
| Street Address |  |
| City |  |
| Home Phone |  |
| Cell Phone |  |
| Emergency Contact |  |
| Emergency Contact Phone |  |
| Health Card Number |  |
| Allergies |  |
| Medical Concerns |  |

|  |  |  |
| --- | --- | --- |
| Track and Field Event(s) | Seed Time | Goal Time/Performance |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

|  |  |  |
| --- | --- | --- |
|  |  | Fee |
| Season  (please select one) | Cross Country  Track and Field  Full Year | $160.00  $160.00  $300.00 |
| AND |  |  |
| Athletics Ontario Development | All ages | $20.00 |
| OR |  |  |
| Minor Track Association | Born 2003-2012 | $35.00 |
| OR |  |  |
| Athletics Ontario Competitive  (please select one) | Bantam (2004 or later)  Midget (2002-2003)  Youth (2000-2001)  Junior (1998-1999)  Senior (1997 or earlier) | $65.00  $100.00  $105.00  $130.00  $130.00 |
| Total |  |  |

**Athletics Ontario Development Athlete**

Fees include coaching, facility rentals and registration with Athletics Ontario as a "non-competitive" athlete. Athletes are still eligible to compete in the Ottawa Twilight Meets and Legion Series Meets.

**Athletics Ontario Competitive Athlete**

Fees include coaching, facility rentals and registration with Athletics Ontario as a "competitive" athlete. Athletes are eligible to compete in all Athletics Ontario Provincial and National Championship Meets, as well as the Ottawa Twilight and Legion Series Meets.

**Minor Track Association**

Fees include coaching, facility rentals and registration with the Minor Track Association. Athletes will be eligible to compete at all Minor Track Association sanctioned meets, including their Provincial Championships.

**Refund Policy**

Applications for refunds must be submitted to the administration in writing and will be considered on a case by case basis.

**Waiver and Release of Responsibility**

The participant releases and forever discharges the Quinte-Frontenac Track Club coaches, administration, agents, legal representatives and successors from all manner of actions, causes of action, claims and demands for or by reason of any injury to person or property, including injury resulting in death of the Participant, which has been or may be sustained as a consequence of the Participant's participation in the activities of the Quinte-Frontenac Track Club.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(if athlete is under the age of 18 years)

**Code of Conduct**

Once a member of the Quinte-Frontenac Track Club I agree to comply at all times with the bylaws, policies, rules and regulations of the IAAF, Athletics Canada and ATHLETICS ONTARIO, as adopted and amended from time to time, including complying with any contracts or agreements executed with or by ATHLETICS ONTARIO. I agree to participate in a spirit of fair play and honestly, respect the dignity of others, be courteous and respectful to other members of the athletic community and abide by Athletics Canada Expected Standard of Ethical Conduct.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(if athlete is under the age of 18 years)

**Photo Release**

I grant to Quinte-Frontenac Track Club the right to take photographs of me/my athlete in connection with training and competing as a member of the Quinte-Frontenac Track Club. I authorize Quinte-Frontenac Track Club to use and publish the same in print and/or electronically. I agree that Quinte-Frontenac Track Club may use such photographs of me/my athlete with or without my/my athlete's name and for any lawful purpose, including for example such purposes as publicity, advertising, and Web content.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(if athlete is under the age of 18 years)

**QUINTE-FRONTENAC TRACK CLUB**

**SESSION DATES 2017/2018**

**CROSS COUNTRY**

August 24th, 2017 to November 26th, 2017

Training will be done Mondays and Thursdays at 4:30pm and Saturdays at 10:00am.

Sites will rotate between Fort Henry, Lake Ontario Park and Lemoine Point Conservation Area.

**WINTER TRAINING**

December 4th, 2017 to April 8th, 2018

Training will be done Mondays and Thursdays at 4:00pm and Saturdays at 10:00am.

Sites will rotate between Queens West Campus, Fort Henry and Lake Ontario Park.

**TRACK AND FIELD**

April 9th, 2018 to August 5th, 2018

Training days and times to be announced.

Sites will rotate between Invista Track, Fort Henry and Lake Ontario Park.