

2018 Indoor Competitions by University of Alberta

University of Alberta - Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

Expected Timelines : Week of competition

Tuesday @ noon - Entry & scratch deadline via trackie only

Wednesday @ noon - Final Schedule

Thursday @ noon - Heat Sheets posted (Sunday sections seeded and posted Saturday)

Friday @ 2:30PM - Access to track open Friday @ 4:00PM - Competition begins

No athletes on track level before 2:30PM on Friday

Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) & Pandas Open (PO) is to provide a high-quality competition for USports athletes. All decisions about scheduling and seeding are made with that interest in mind.

Both the GBO & PO are open to the public to enter, and provide enhanced competitive opportunities for interested athletes. If entry lists become too large to maintain a desirable schedule for top USports athletes, then slower seeded club athletes will be moved to remaining sections not during peak USports time.

All varsity events are governed by Canada West Playing Regulations

All Bantam/Midget/Youth/Junior events are governed by IAAF rules

Dates & Registration Links:

Golden Bear Open: January 20-22, 2018 46th Annual

www.Trackiereg.com/GBO_2018

February 9-11, 2018 3rd Annual

www.Trackiereg.com/PBO_2018

Schedule notes:

Pandas Open:

Tentative schedules are posted at the above link as well as at www.ualberta.ca/athletics/teams/track-and-field/home-meets

Schedule differences between GBO & PO:

- At the GBO, whenever possible men compete before women. At Pandas Open women compete before men.
- GBO has Open/Varsity 1000m on Saturday, while Pandas Open has 1000m on Friday
- 300m is timed final at GBO, while Pandas Open is Heats/Finals in the Open/Varsity category

Event & Time Emphasis

Friday Night + Saturday Afternoon = Top USports & Top Senior Events only

Saturday AM, PM + Sunday Sections = Remaining senior events and all other events offered

Preferred Lanes & order of events:

Timed finals run FAST to SLOW

Oval preferred = 6 / 7 / 5 / 4 / 3 / 2 / 1

Entry Fees:

1st event - \$25; 2nd event - \$15; 3rd event - \$10 Relays - \$20

- Scratches / edit of entries made online www.trackie.com/online-registration
- Late entries will not be accepted

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

Submission of seed times:

Marks obtainable from either Athletics Canada rankings database, or USports rankings database from January 1, 2016 to entry deadline closure will be the primary guide for proper seeding. Marks should be from the indoor season, not outdoor, and will be pulled directly from the respective databases. Placement in heats/flights will be at the discretion of meet management staff.

If an athlete does not have a mark in the 2016, 2017 or 2018 indoor rankings, a verifiable performance or clear evidence and rationale for the seeding must be submitted for consideration via email only, **BEFORE THE CLOSE OF ENTRIES** to wes.moerman@ualberta.ca. Submissions that can't be verified are incomplete or lack clear evidence will be moved to slower sections.

300m / 4x200 Lane Draws:

Timed Final Structure / Golden Bear Open

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Heats/Finals Structure / Pandas Open

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw) Finals are a two section final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance

Call Room / Check In / Numbers

- USports Track Events:
 - By 1 prior to event: Athletes are required to check in & confirm their intention to compete 1 hour prior to the event;
 - By 15min prior to event: Athletes are required to come back by 15 min prior to event to pick up their hip number;
- USports Field Events:
 - o Check in on site

Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

Results

www.ellistiming.ca

Age Class Offered:

	Bantam	Midget	Youth	Junior	Senior	Masters
GBO : Jan	Hurdles	Yes	Yes	Yes	Yes	Yes
19-21	only					
PO: Feb 9-	Hurdles	Yes	Yes	Yes	Yes	Yes
11	only					

Event Offerings

Event Offerings			Junior	Youth		
2018 Indoor	Masters	Open/Varsity	(U20)	(U18)	Midget	Bantam
	111000010		/ Hurdles	(0=0)		
60m Hurdles		/	√	√	/	/
60m	1	1	√	✓	1	
200m	/	/	<u> </u>	1	/	
200m Wheel						
Chair		1				
300m		✓	✓	✓	1	
		R	elays			
4x200m	✓	✓	✓	1	1	
4x400m		1				
4x800m		1				
		Mid D	/ Long D			
600m	/	1	✓	/	✓	
1000m		1	✓	1	√	
1200m					1	
1500m		1	✓	√		
2000m					1	
3000m	1	1	✓	1		
	•	Ju	ımps			
Long Jump	✓	1	✓	1	1	
Triple Jump	✓	1	✓	1	1	
Pole Vault	✓	1	✓	✓	1	
High Jump	1	1	✓	/	1	
		Throws /	Multi Events		•	
Weight Throw	/	1	✓	/	/	
Shot Put	1	1	✓	1	1	
Pent - W / Hep - M		1				

Accommodations

Coast Edmonton Plaza Hotel: 10155 105 St NW Edmonton, AB T5J 1E2 coasthotels.com (780) 423-4811

Contact Info / Role

Meet Director

Wes Moerman (head coach) wes.moerman@ualberta.ca 780.492.5097

Competition Director (schedule, entries, seeding) Rob Fisher (asst coach) huma004@shaw.ca 780.975.2847 Timing/Results (results & live results) Vernon Schmid vernon@ellistiming.ca

		FEB 9-11, 2018									
TENTATI	VE FRIDAY	FEBRUARY 9, 2018 University	of Alberta VAI	RSITY WINDOW	TEN	TATIVE FRIDAY	FEBRUARY 9, 20	18 University o	f Alberta VAR	SITY WINDOW	<u> </u>
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
4:00PM	60mH	Open/Varsity	Women - Pent		Open Women - LJ		Open Women Flight 1			Open Women SP	
4:05PM	60mH	Open/Varsity	Women	Heats							
4:12PM	60m	Open/Varsity	Men - Hep								
4:15PM	60m	Open/Varsity	Women	Heats							
4:30PM								Pent Women			
4:40PM	60m	Open/Varsity	Men	Heats		Hep Men					
5:00PM	3000m	Open/Varsity	Women	Timed Final							
5:30PM	3000m	Open/Varsity	Men	Timed Final							
6:00PM	60mH	Open/Varsity	Women	Final	Open Men - Ц		Open Women Flight 2			Open Men Shot Put	Hep Men
6:10PM	1000m	Open/Varsity	Women	Timed Final	'						· ·
6:25PM	1000m	Open/Varsity	Men	Timed Final				Hep Men			
6:45PM	4x200m	Open/Varsity	Women	Timed Final							Pent Women
6:50PM	4x200m	Open/Varsity	Men	Timed Final							
7:00PM	4x800m	Open/Varsity	Women	Timed Final							
7:10PM	4x800m	Open/Varsity	Men	Timed Final							
		MIDGET/U18/U20/Masters W	INDOW				MIDGET/U18/	U20/Masters W	/INDOW		
7:45PM	2000m	Midget	Women	Timed Final		Pent Women					
7:55PM	2000m	Midget	Men	Timed Final							
8:10PM	3000m	U18/U20/Master	Women	Timed Final							
8:30PM	3000m	U18/U20/Master	Men	Timed Final							
8:35PM	800m	Open/Varsity	Women - Pent								

TENTA	ATIVE Satu	ırday February 10, 2018 MIC	DGET/U18/Mas	ters WINDOW		т	ENTATIVE Satur	day February 1	0, 2018 MIDGE	T/U18/Maste	rs WINDOW	
Time	Event	Age Category	Gender	Heat/Final		Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
10:00AM	60mH	Bantam/Midget	Women	Prelims		Midget Women -	Midget Men -		U18/U20 Women HJ	U18/U20 Men HJ	Open Men Weight Throw	
10:00AM	60mH	Bantam/Midget	Men	Prelims		LJ	L		women nj	IVIEII IIJ	IIIIOW	
10.00AW	60m	U18/U20	Women	Prelims	$\overline{}$			+		+	+	
	1000m	Midget/U18/U20	Women	Timed Final				+		+	+	+
	60mH	Bantam/Midget/Masters	Women	Final						+	+	+
	60mH	Bantam/Midget	Men	Final	$\overline{}$					+	+	+
11:00AM	60m	U18/U20	Women	Final	_					+	+	
11.00AIVI	60m	U18/U20	Men	Final	$\overline{}$					+	+	+
	00111	018/020	IVIEII	Filidi								
	TENTATI	 /E Saturday February 10, 2018	VARSITY W	INDOM			TENITATIV	L E Saturday Feb	ruany 10, 2019	VARSITY WIN	DOW	
	I	Saturday rebruary 10, 2010	VARSITIV	INDOW			Horizontal		1001 9 10, 2010			Throws
						Horizontal Jumps	Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final		- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
11:30AM	60mH	Open/Varsity	Men - Hep								Open Women WT	
11:35PM	60mH	Open/Varsity	Men	Heats								
11:45AM	300m	Open/Varsity	Women	Heats		Open Women - TJ			Open Women			
12:00PM	300m	Open/Varsity	Men	Heats								
12:30PM	60m	Open/Varsity	Women	Semi				Hep Men				
1:15PM	60m	Open/Varsity	Men	Semi								
1:30PM	600m	Open/Varsity	Women	Timed Final					Open Men			
1:45PM	600m	Open/Varsity	Men	Timed Final		Open Men - TJ						
2:00PM	60mH	Open/Varsity	Men	Final								
2:10PM	60m	Open/Varsity	Women	Final				Open Men				
2:15PM	60m	Open/Varsity	Men	Final								
2:30PM	300m	Open/Varsity	Women	Final								
2:40PM	300m	Open/Varsity	Men	Final								
3:00PM	1500m	Open/Varsity	Women	Timed Final								
3:15PM	1500m	Open/Varsity	Men	Timed Final								
3:30PM	4x400m	Open/Varsity	Women	Timed Final								
3:40PM	4x400m	Open/Varsity	Men	Timed Final								

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IENIATI	ve Saturda	y February 10, 2018 MIDGI	L1/U18/U2U/Ma	isters WINDOW	V	ſEN		repruary 10, 2	2018 MIDGET/U	ידג/∩50/Mas ⊥	ters window	1
							Horizontal .		l	l		Throws
	_					Horizontal Jumps	Jumps			High Jump	Throws	Wooden
Гime	Event	Age Category	Gender	Heat/Final		- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
								Mid/U18/U20			l	Mid/U18
								/Masters			Mid/U18/	/U20/
						U18/U20/Masters		Pole Vault -	Midget/Masters		U20/Masters	1
5:30PM	60mH	U18/U20	Women	Prelims		Women - LJ	ers - Men LJ	Women	Men HJ		Women - SP	Men - Si
	60mH	U18/U20	Men	Prelims								
	60m	Midget	Women	Prelims								
	60m	Midget	Men	Prelims								
		Midget/U18/U20	Men	Timed Final								
5:00PM	60mH	U18/U20	Women	Final								
	60mH	U18/U20	Men	Final								
	60m	Midget	Women	Final								
	60m	Midget	Men	Final								
7:00PM	300m	Midget/U18/U20	Women	Timed Final								
3	300m	Midget/U18/U20	Men	Timed Final								
TENTAT	IVE Sunday	February 11, 2018 MIDGE	T/U18/U20/Ma	sters WINDOW	,	TEN	ITATIVE Sunday	February 11, 2	018 MIDGET/U	18/U20/Mast	ers WINDOW	
			1	1				l				Throws
							Horizontal					Inrows
						Horizontal Jumps	Horizontal Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final		Horizontal Jumps - Centre Pit		Pole Vault		High Jump West Pit	Throws Cage	1 -
Time	Event	Age Category	Gender	Heat/Final			Jumps	Pole Vault Mid/U18/U20			1 -	Wooden
Time	Event	Age Category	Gender	Heat/Final			Jumps				1 -	Wooden
Time	Event	Age Category	Gender	Heat/Final			Jumps	Mid/U18/U20			1 -	Wooden
	Event	Age Category	Gender	Heat/Final			Jumps	Mid/U18/U20 /Masters			1 -	Wooden
Time 10:30AM	Event	Age Category	Gender	Heat/Final		- Centre Pit	Jumps	Mid/U18/U20 /Masters Pole Vault -			1 -	Wooden
	Event	Age Category	Gender	Heat/Final			Jumps	Mid/U18/U20 /Masters Pole Vault -		West Pit	1 -	Wooden
10:30AM	Event 1200m		Gender	Heat/Final		- Centre Pit Midget/U18/U20	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit	West Pit	1 -	Wooden
	4	Midget				- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	1 -	Wooden
10:30AM 11:00AM	1200m		Women	Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	1 -	Wooden
10:30AM 11:00AM	1200m	Midget	Women	Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	Cage All non-Sr	Wooden
10:30AM 11:00AM 11:20AM	1200m 1200m	Midget Midget	Women Men	Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
10:30AM 11:00AM 11:20AM 11:40AM	1200m 1200m	Midget Midget U18/U20	Women	Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	Cage All non-Sr	Wooden
10:30AM 11:00AM 11:20AM 11:40AM 11:50AM	1200m 1200m 1500m	Midget Midget U18/U20 U18/U20	Women Men Women	Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
10:30AM 11:00AM 11:20AM 11:40AM	1200m 1200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair	Women Men Women	Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:40AM 11:50AM 12:00PM	1200m 1200m 1500m 1500m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/	Women Men Women Men	Timed Final Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:40AM 11:50AM 12:00PM	1200m 1200m 1500m	Midget Midget U18/U20 U18/U20 Open - Wheelchair	Women Men Women	Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
10:30AM 11:00AM 11:20AM 11:40AM 11:50AM	1200m 1200m 1500m 1500m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters	Women Men Women Men	Timed Final Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:20AM 11:40AM 11:50AM 12:00PM	1200m 1200m 1500m 1500m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters Midget/U18/U20/Senior/	Women Men Women Men	Timed Final Timed Final Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:20AM 11:40AM 11:50AM 12:00PM 12:15PM	1200m 1200m 1500m 1500m 200m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters Midget/U18/U20/Senior/ Masters	Women Men Women Men	Timed Final Timed Final Timed Final Timed Final Timed Final Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:20AM 11:50AM 12:00PM 12:15PM 1:00PM 1:30PM	1200m 1200m 1500m 1500m 200m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters Midget/U18/U20/Senior/ Masters Midget/U18/U20/Masters	Women Men Women Men Women Men Women	Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:20AM 11:40AM 11:50AM 12:00PM 12:15PM 1:00PM 1:30PM 2:00PM	1200m 1200m 1500m 1500m 200m 200m 200m 600m 600m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters Midget/U18/U20/Senior/ Masters Midget/U18/U20/Masters Midget/U18/U20/Masters Midget/U18/U20/Masters	Women Men Women Men Women Men Men Men Men	Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden
11:00AM 11:20AM 11:20AM 11:40AM 11:50AM 12:00PM	1200m 1200m 1500m 1500m 200m 200m	Midget Midget U18/U20 U18/U20 Open - Wheelchair Midget/U18/U20/Senior/ Masters Midget/U18/U20/Senior/ Masters Midget/U18/U20/Masters	Women Men Women Men Women Men Women	Timed Final		- Centre Pit Midget/U18/U20 Masters Women - TJ Midget/U18/U20 Masters	Jumps	Mid/U18/U20 /Masters Pole Vault -	Centre Pit Midget/Masters	West Pit	All non-Sr Weight	Wooden