



## 2018 Indoor Competitions by University of Alberta

University of Alberta – Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

### Expected Timelines : Week of competition

- |                  |   |
|------------------|---|
| Tuesday @ noon   | - Entry & scratch deadline via trackie only                       |
| Wednesday @ noon | - Final Schedule  |
| Thursday @ noon  | - Heat Sheets posted (Sunday sections seeded and posted Saturday) |
| Friday @ 2:30PM  | - Access to track open  |
| Friday @ 4:00PM  | - Competition begins  |

No athletes on track level before 2:30PM on Friday

Sanctioned by Athletics Alberta

Timing & results contracted through EllisTiming [www.ellistiming.ca](http://www.ellistiming.ca)

### Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) & Pandas Open (PO) is to provide a high-quality competition for USports athletes. All decisions about scheduling and seeding are made with that interest in mind.

Both the GBO & PO are open to the public to enter, and provide enhanced competitive opportunities for interested athletes. If entry lists become too large to maintain a desirable schedule for top USports athletes, then slower seeded club athletes will be moved to remaining sections not during peak USports time.

All varsity events are governed by Canada West Playing Regulations

All Bantam/Midget/Youth/Junior events are governed by IAAF rules

### Dates & Registration Links:

**Golden Bear Open:**  
www.Trackierereg.com/GBO\_2018

**January 20-22, 2018**

**46<sup>th</sup> Annual**



**Pandas Open :**  
www.Trackierereg.com/PBO\_2018

**February 9-11, 2018**

**3<sup>rd</sup> Annual**



### Schedule notes:

Tentative schedules are posted at the above link as well as at [www.ualberta.ca/athletics/teams/track-and-field/home-meets](http://www.ualberta.ca/athletics/teams/track-and-field/home-meets)

Schedule differences between GBO & PO:

- At the GBO, whenever possible men compete before women. At Pandas Open women compete before men.
- GBO has Open/Varsity 1000m on Saturday, while Pandas Open has 1000m on Friday
- 300m is timed final at GBO, while Pandas Open is Heats/Finals in the Open/Varsity category

### Event & Time Emphasis

Friday Night + Saturday Afternoon = Top USports & Top Senior Events only

Saturday AM, PM + Sunday Sections = Remaining senior events and all other events offered

### Preferred Lanes & order of events:

Timed finals run FAST to SLOW

Oval preferred = 6 /7/5/4/3/2/1

### Entry Fees:

- 1<sup>st</sup> event - \$25;      2<sup>nd</sup> event - \$15;      3<sup>rd</sup> event - \$10      Relays - \$20
- Scratches / edit of entries made online [www.trackie.com/online-registration](http://www.trackie.com/online-registration)
  - Late entries will not be accepted

### ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

#### Submission of seed times:

Marks obtainable from either Athletics Canada rankings database, or USports rankings database from January 1, 2016 to entry deadline closure will be the primary guide for proper seeding. Marks should be from the indoor season, not outdoor, and will be pulled directly from the respective databases. Placement in heats/flights will be at the discretion of meet management staff.

If an athlete does not have a mark in the 2016, 2017 or 2018 indoor rankings, a verifiable performance or clear evidence and rationale for the seeding must be submitted for consideration via email only, **BEFORE THE CLOSE OF ENTRIES** to [wes.moerman@ualberta.ca](mailto:wes.moerman@ualberta.ca). Submissions that can't be verified are incomplete or lack clear evidence will be moved to slower sections.

#### 300m / 4x200 Lane Draws:

##### Timed Final Structure / Golden Bear Open

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

##### Heats/Finals Structure / Pandas Open

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw)

Finals are a two section final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance

#### Call Room / Check In / Numbers

- USports Track Events:
  - o By 1 prior to event: Athletes are required to check in & confirm their intention to compete 1 hour prior to the event;
  - o By 15min prior to event: Athletes are required to come back by 15 min prior to event to pick up their hip number;
- USports Field Events:
  - o Check in on site

Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

#### Results

[www.ellistiming.ca](http://www.ellistiming.ca)

### Age Class Offered:

	Bantam	Midget	Youth	Junior	Senior	Masters
GBO : Jan 19-21	Hurdles only	Yes	Yes	Yes	Yes	Yes
PO : Feb 9-11	Hurdles only	Yes	Yes	Yes	Yes	Yes

### Event Offerings

2018 Indoor	Masters	Open/Varsity	Junior (U20)	Youth (U18)	Midget	Bantam
<b>Sprints / Hurdles</b>						
60m Hurdles		✓	✓	✓	✓	✓
60m	✓	✓	✓	✓	✓	
200m	✓	✓	✓	✓	✓	
200m Wheel Chair		✓				
300m		✓	✓	✓	✓	
<b>Relays</b>						
4x200m	✓	✓	✓	✓	✓	
4x400m		✓				
4x800m		✓				
<b>Mid D / Long D</b>						
600m	✓	✓	✓	✓	✓	
1000m		✓	✓	✓	✓	
1200m					✓	
1500m		✓	✓	✓		
2000m					✓	
3000m	✓	✓	✓	✓		
<b>Jumps</b>						
Long Jump	✓	✓	✓	✓	✓	
Triple Jump	✓	✓	✓	✓	✓	
Pole Vault	✓	✓	✓	✓	✓	
High Jump	✓	✓	✓	✓	✓	
<b>Throws / Multi Events</b>						
Weight Throw	✓	✓	✓	✓	✓	
Shot Put	✓	✓	✓	✓	✓	
Pent - W / Hep - M		✓				

## Accommodations

Coast Edmonton Plaza Hotel: 10155 105 St NW Edmonton, AB T5J 1E2 [coasthotels.com](http://coasthotels.com) (780) 423-4811

## Contact Info / Role

Meet Director

Wes Moerman (head coach)

[wes.moerman@ualberta.ca](mailto:wes.moerman@ualberta.ca)

780.492.5097

Competition Director

(schedule, entries, seeding)

Rob Fisher (asst coach)

[huma004@shaw.ca](mailto:huma004@shaw.ca)

780.975.2847

Timing/Results

(results & live results)

Vernon Schmid

[vernon@ellistiming.ca](mailto:vernon@ellistiming.ca)



TENTATIVE Saturday February 10, 2018 MIDGET/U18/Masters WINDOW					TENTATIVE Saturday February 10, 2018 MIDGET/U18/Masters WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle	
10:00AM	60mH	Bantam/Midget	Women	Prelims	Midget Women - LJ	Midget Men - LJ		U18/U20 Women HJ	U18/U20 Men HJ	Open Men Weight Throw		
10:00AM	60mH	Bantam/Midget	Men	Prelims								
	60m	U18/U20	Women	Prelims								
	1000m	Midget/U18/U20	Women	Timed Final								
	60mH	Bantam/Midget/Masters	Women	Final								
	60mH	Bantam/Midget	Men	Final								
11:00AM	60m	U18/U20	Women	Final								
	60m	U18/U20	Men	Final								
TENTATIVE Saturday February 10, 2018 VARSITY WINDOW					TENTATIVE Saturday February 10, 2018 VARSITY WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle	
11:30AM	60mH	Open/Varsity	Men - Hep							Open Women WT		
11:35PM	60mH	Open/Varsity	Men	Heats								
11:45AM	300m	Open/Varsity	Women	Heats	Open Women - TJ			Open Women				
12:00PM	300m	Open/Varsity	Men	Heats								
12:30PM	60m	Open/Varsity	Women	Semi			Hep Men					
1:15PM	60m	Open/Varsity	Men	Semi								
1:30PM	600m	Open/Varsity	Women	Timed Final				Open Men				
1:45PM	600m	Open/Varsity	Men	Timed Final	Open Men - TJ							
2:00PM	60mH	Open/Varsity	Men	Final								
2:10PM	60m	Open/Varsity	Women	Final			Open Men					
2:15PM	60m	Open/Varsity	Men	Final								
2:30PM	300m	Open/Varsity	Women	Final								
2:40PM	300m	Open/Varsity	Men	Final								
3:00PM	1500m	Open/Varsity	Women	Timed Final								
3:15PM	1500m	Open/Varsity	Men	Timed Final								
3:30PM	4x400m	Open/Varsity	Women	Timed Final								
3:40PM	4x400m	Open/Varsity	Men	Timed Final								

